



DOMA CLASSICA ALTA ESCUELA

*Doma Clásica*

*Spanish Classical Training*



Photo by Avi Cohen

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*PRE Pura Raza Española Doma Clásica ~ Classical Training*



Classical equitation or "Doma Clásica" is an equestrian art form, where horse and rider work in harmony.

Baroque horses are used for classical dressage. Their ancient roots can be traced back to the Iberian Peninsula; modern day Spain, Portugal, Andorra and Gibraltar.

The Baroque horse group consists of the Andalusian, Lusitano and the famed Lippizan.

The group named "Baroque" is taken from the extravagant baroque style of art and architecture.

The baroque group of horses have an amazing floaty elevated action; they are intelligent horses with majestic looks and an exceptionally trainable nature.



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*Classical riding is the art of riding in harmony with the horse, without force, but in lightness of the aids (legs, seat and hands).*



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The earliest surviving work on many of the principles of classical dressage was Xenophon's *On Horsemanship* (Xenophon) written c. 350 BC. It is perhaps one of the first treatises on horsemanship in the Western world.... Xenophon emphasized training the horse through kindness and reward.

In the 15th century, brute force training largely came to an end while artistry in riding was once again coming into its own. Along with these developments came indoor riding.

In the traditional view, the **Renaissance** gives rise to a new and enlightened approach to riding as a part of the general cultivation of the arts.

By the Victorian age indoor riding had become a sophisticated art, with both rider and horse spending many years perfecting their form.



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