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“et when the books have been read and reread, it boils down to the horse, his human companion, and what goes on between them.”

—Walter Farley

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Photo by May Emerson

LEARNING FROM HARD-WON WISDOM

Know Better to Do Better

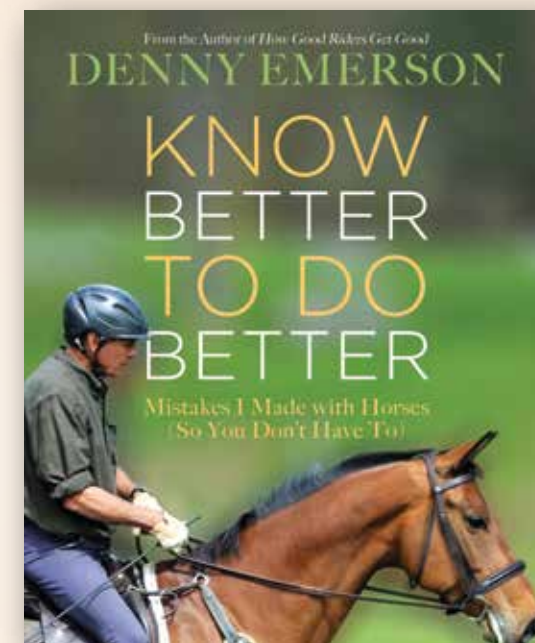
Mistakes I Made with Horses (So You Don't Have To)

With horses, we don't get a "do-over button," as much as we'd sometimes like one. We have to live with the choices we make, even when—looking back—we know there might have been a better way to communicate, a different way to teach a new lesson, or another means to reach the desired end.

In this smart, honest book chock full of valuable takeaways, gold medalist and renowned rider and coach **DENNY EMERSON** uses stories of the standout horses from his own riding career, which spans almost 70 years, to detail some of the things he wishes he'd known "then" that he knows now. With a candid willingness to share mistakes he's made over the years and clearly articulated ideas on how others can avoid them, he commits himself and those reading to finding more conscientious ways to ride, train, and work with horses. From basics like aids and equipment to more specialized subjects, such as rider fitness, emotional control, and how to determine what success with your horse really means, riders of all skill levels can gain valuable, hard-won knowledge from his bite-size lessons in life and horsemanship. Perhaps most importantly, Emerson insists that it is never, ever too late to change—for the good of the horse and for the good of oneself.

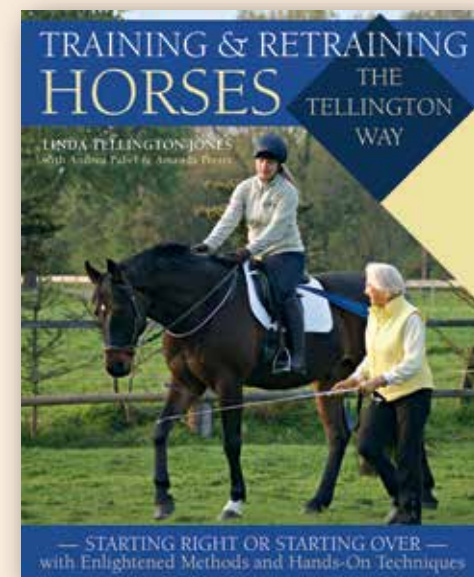
DENNY EMERSON has ridden thousands of horses over many thousands of miles in all kinds of horse sports. He has been president of the US Eventing Association (USEA) and the Green Mountain Horse Association (GMHA), and a vice-president of the US Equestrian Team (USET). He has been inducted into three Halls of Fame: the USEA Hall

of Fame, the Vermont Academy Athletic Hall of Fame, and the Dartmouth College Athletic Hall of Fame. In 2000, he was named "One of the 50 Most Influential Horsemen of the 20th Century" by *The Chronicle of the Horse*. He is also the author of *How Good Riders Get Good* (www.tamarackhill.com).



240 pp • 7¼ x 9¾ • 89 color & b/w photographs
978 1 57076 895 8 • \$29.95 hc • #KNBEBE • November

FINDING WAYS FOR A FRESH START



June 2019 • 978 1 57076 937 5
Check www.horseandriderbooks.com
for final price and specifications

Training and Retraining Horses the Tellington Way

*Starting Right or Starting Over with Enlightened
Methods and Hands-On Techniques*

World-renowned equine expert **LINDA TELLINGTON-JONES'** healing equine bodywork and innovative training methods have revolutionized the horse training landscape over the last 50 years. Her unique blend of hands-on TTouch (a collection of circles, lifts, and slides done with the hands over various parts of the horse's body), combined with humane groundwork and under-saddle exercises, has helped solve training and behavioral problems for horses of every breed, every discipline, every age, and all levels. Now she is presenting a thoughtful recipe for starting the young horse without stress, helping to establish the very best beginning, in hand and under saddle. Unfortunately, not all horses have the benefit of the right foundation, which can lead to misunderstanding, mistreatment, and unhappiness for both human and horse. With this in mind, Tellington-Jones also curates her own experience working with older horses ready for a second chance at life, providing the necessary tools for filling in training "holes" and reconfirming lessons that may have been poorly taught or forgotten. The result is book with all the right ingredients and its heart in the right place: Whether starting right or starting over, Tellington-Jones' field-tested, compassionate answers are an excellent way to find connection while ensuring the horse a lifetime of success in the company of humans.

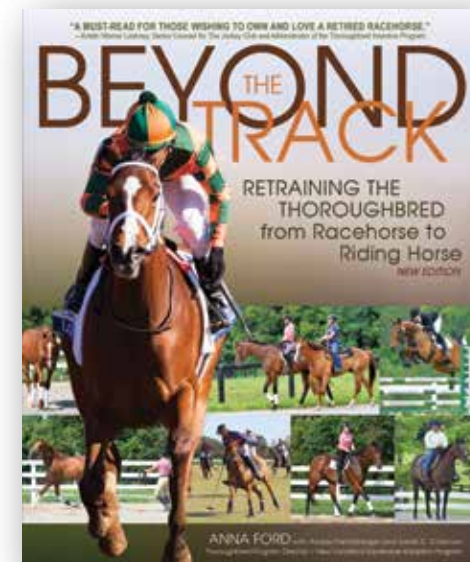
LINDA TELLINGTON-JONES is the internationally recognized equine expert who developed the Tellington Method approach to healing, training, and communicating that can be learned and practiced by horsemen and women of all levels. She was honored as the 1994 Horsewoman of the Year by the North American Horsemen's Association and presented with the ARICP Lifetime Achievement Award, given annually to

a person who profoundly affects the equine world in a positive manner. Tellington-Jones is the author of numerous books and DVD programs, including the bestselling *The Ultimate Horse Behavior and Training Book*, and she routinely travels worldwide teaching her methods. When not on the road, she lives in Hawaii (www.ttouch.com).

Beyond the Track

Retraining the Thoroughbred from Racehorse to Riding Horse

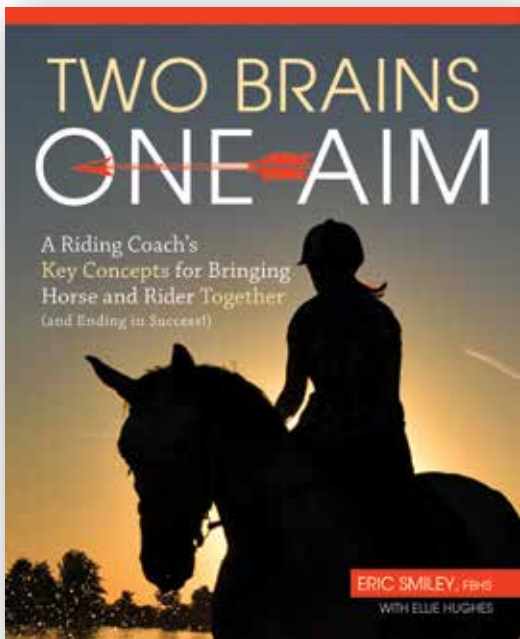
NEW, UPDATED EDITION! Renowned for their amazing athleticism and unparalleled work ethic, and famed for their "great heart" and willingness to go the extra mile, off-track Thoroughbreds (OTTBs) have proven to be the ultimate equine partners in a host of disciplines: dressage, eventing, show jumping, trail riding, and even barrel racing and ranch work. In this revised edition of the book that Thoroughbred and horse training experts have called "breakthrough racehorse literature," "superior," "a winner," and "the ultimate in training manuals," readers learn everything they need to transition an OTTB from life at the track to life out back. Author **ANNA FORD**, Thoroughbred Program Director at New Vocations Racehorse Adoption, begins by discussing the typical Thoroughbred's early years, then explains reasons for retirement, common injuries and health issues, basic feeding and nutrition, and safe handling. Ford goes on to provide step-by-step instructions for building the solid educational foundation the OTTB needs to excel in a new career, whether as a highly trained competitor or a pleasure mount. This book is *the* go-to reference for anyone interested in pursuing a partnership with a Thoroughbred athlete.



264 pp • 8¼ x 10¼ • 218 color photographs
978 1 57076 847 7 • \$34.95 • pb • #BETRNE • October

ANNA FORD is the Thoroughbred Program Director for New Vocations Racehorse Adoption, which was founded in 1992 to offer retiring racehorses a safe haven, rehabilitation, and continued education through placement in experienced and caring homes. Over 6,600 retired Thoroughbreds and Standardbreds have been placed in qualified homes through New Vocations' efforts since its inception. These horses have come from 40 different racetracks and have been adopted by families throughout the country. Ford grew

up deeply immersed in the racing industry as her father is a fifth-generation trainer. She rode Thoroughbreds throughout her youth and showed in a variety of disciplines. Ford was an exercise rider during college prior to her position with New Vocations. She also trained and instructed internationally, and is Masters Certified through the Certified Horsemen's Association. She was a founding member of the Thoroughbred Aftercare Alliance and sits on the Advisory Board (www.newvocations.org).



January 2019 • 978 1 57076 892 7
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for final price and specifications

Two Brains, One Aim

A Riding Coach's Key Concepts for Bringing Horse and Rider Together (and Ending in Success!)

Every horse person strives to grow in ability and understanding over time. This effort, when done right, lasts a lifetime, and along the way requires the addition of knowledge and experience gleaned from numerous others. Where does one find leadership within the equine industry? How does one know to whom to turn for information? Does riding require an instructor, a trainer, a coach? Can you get by with part-time guidance? Can you effectively learn on your own, with just the occasional directive, and still find personal or competitive success? With this book, renowned clinician and international team coach **ERIC SMILEY** intends to fill the gap when it comes to these questions and others, providing a reliable resource and educational companion for the aspiring equestrian. Smiley addresses fundamental topics pertinent to riders, with philosophical discussion and practical exercises applicable to all levels. Along the way he strives to educate them on being taught, and perhaps, one day, becoming the teachers. His aim is to bring together the mind of the rider with the mind of the horse, while highlighting the key component in their synergy: understanding. It is how that understanding is acquired, retained, and put to use that is the key to success.

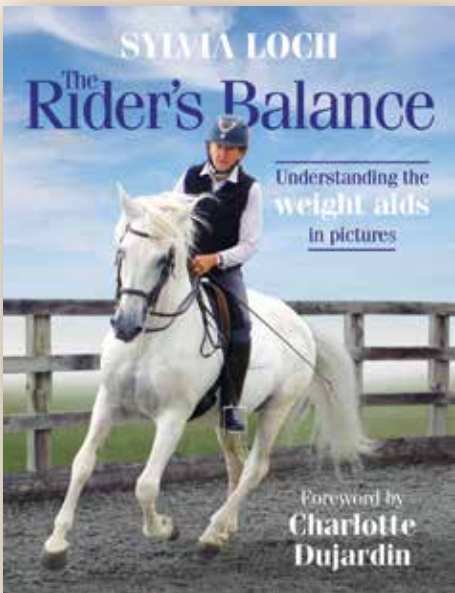
ERIC SMILEY is a former international event rider who represented Ireland at European, World, and Olympic level, winning team bronze medals on two occasions. Smiley began his equestrian career in the Pony Club and continued it in the army and then at the world-renowned Talland Equestrian Center, during which time he gained his British Horse Society Instructor's certificate. In 1995 Smiley passed his British Horse Society Fellowship

exam, the highest teaching qualification in the industry. He was Team Coach to the Belgian Eventing team for the 2011 European Eventing Championships and 2012 London Olympics and is an FEI judge who regularly acts as a Ground Jury member. Smiley is the author of the cross-country bible *Look... No Hands!* and travels the globe helping professional and amateur riders achieve their goals.

The Rider's Balance

Understanding the Weight Aids in Pictures

How to best communicate with the horse has long been pondered, studied, and deciphered. From a handler's body language on the ground to the rider's use of "aids" (seat, legs, reins) when in the saddle, the ways we convey our wishes to the horse are the essential foundation of the partnership we seek with him. Although the basic aids are taught at the most elementary levels of equitation, renowned classical dressage trainer **SYLVIA LOCH** feels that most riders never fully realize how their weight when mounted impacts the horse in hundreds of nuanced ways—both good and bad. Developing an understanding of "weight aids" ensures that riders cultivate better balance and "feel," ultimately riding with more empathy and a finer connection. In this book, Loch provides an image-driven visual guide that shows how each tiny shift of the rider's weight affects the horse's balance. With the help of dozens of illustrations and color photographs, she demonstrates the minute changes in rider position that determine a horse's comprehension of instruction, as well as his physical ability to perform.



144 pp • 7½ x 9½ • 195 color photographs, 24 color illustrations
978 1 910016 34 3 • \$34.95 • hc • #RIBA • October

"The advice offered in Loch's amazing new book should really help all horses and their riders. Only by understanding how our posture and weight impacts on the horse, can we develop a meaningful sense of communication and partnership."

—CHARLOTTE DUJARDIN—

SYLVIA LOCH is a dressage instructor and the founder of the Lusitano Breed Society of Great Britain and the Classical Riding Club. She is the author of a number of books, including

The Balanced Horse; The Classical Rider; Dressage in Lightness; and Dressage: The Art of Classical Riding (www.sylvialoch.com).



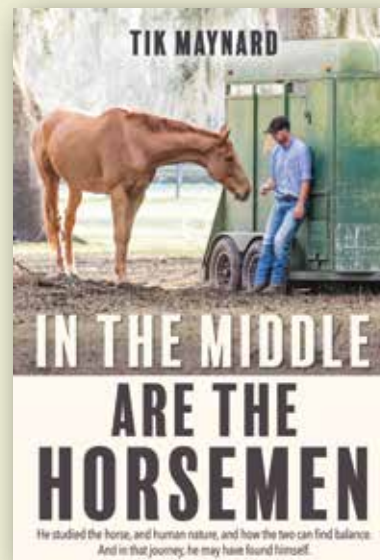
CONNECTION THAT YIELDS SUCCESS

Photo by Michel Chretienat

NEW

HORSEMANSHIP AS A WAY OF LIFE

Photo by Kathy Russell



392 pp • 6 ½ x 9 ½ • 978 1 57076 832 3
\$24.95 pb • #INTHMI • Recently Published

In the Middle Are the Horsemen

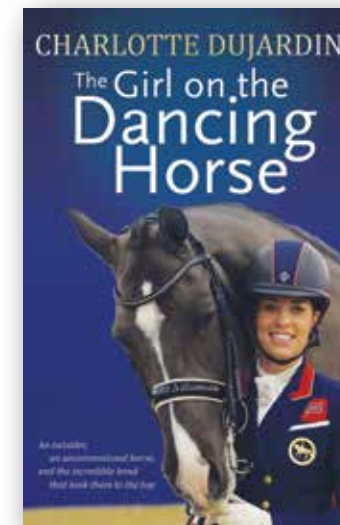
In 2008, 26-year-old **TIK MAYNARD** faced a crossroads not unlike that of other young adults. A university graduate and modern pentathlete, he suffered both a career-ending injury and a painful breakup, leaving him suddenly adrift. The son of prominent Canadian equestrians, Maynard decided to spend the next year as a “working student.” Here Maynard chronicles his experiences—good and bad—and we follow along as Maynard evolves under the critical eyes of Olympians, medal winners, and world-renowned figures in the horse world, including Anne Kursinski, Johann Hinnemann, Ingrid Klimke, David and Karen O'Connor, Bruce Logan, and Ian Millar. He was ignored, degraded, encouraged, and praised. He was hired and fired, told he had the “wrong body type to ride” and that he had found his “destiny.” He got married and lost loved ones. Through it all he studied the horse, and human nature, and how the two can find balance. And in that journey, he may have found himself.

TIK MAYNARD began riding with the Vancouver Pony Club, in Southlands, British Columbia. After achieving his “A” rating, he began competing in Modern Pentathlon, where he represented Canada at three World Championships, and the 2007 Pan American Games. Maynard searches out knowledge from many sources, but his most important mentors are his parents and his wife. He is married to US Eventing Team Member Sinead Halpin. Together they run Copperline Farm in Citra, Florida. Maynard has always been a passionate book lover. He has written a children's story, published by REAL magazine, has won the Malahat Review Open Season Award, and has twice been shortlisted for the CBC Literary Awards for his non-fiction works (tikmaynard.com).

The Girl on the Dancing Horse

CHARLOTTE DUJARDIN and her charismatic horse Valegro burst onto the international sports scene with their record-breaking performance at the 2012 Olympic Games in London. The world was captivated by the young woman with the dazzling smile and her dancing horse. The YouTube clip of their Freestyle performance has since had over 1.7 million views, and Dujardin is considered the dominant dressage rider of her era. Dujardin began riding horses at the age of two, but dressage was the domain of the rich—not the life a girl from a middle-class family was born into. Her parents sacrificed to give her as many opportunities as they could, and she left school at 16 to focus on equestrian competition. It was at 22, when she was invited to be a groom for British Olympian Carl Hester, that she met the equine partner that would change her fortune. This is the story of an outsider, an unconventional horse, and the incredible bond that took them to the top.

CHARLOTTE DUJARDIN is an elite British dressage rider, winner of three Olympic gold medals and a silver (London 2012 and Rio de Janeiro 2016), European Champion, and World Champion, and holds all three World Records in the sport of dressage (www.charlottedujardin.co.uk).



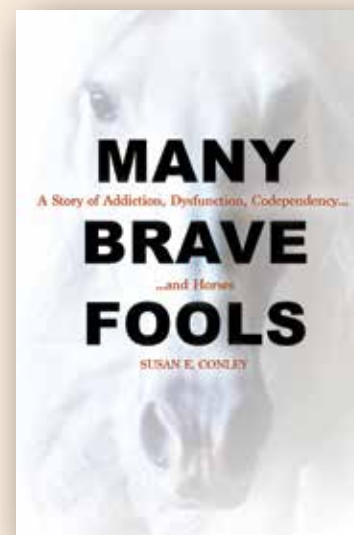
288 pp • 6 ¾ x 9 ½ • 40 color photos
978 1 57076 886 6 • \$24.95 pb • #GITHDA • Recently Published

Many Brave Fools

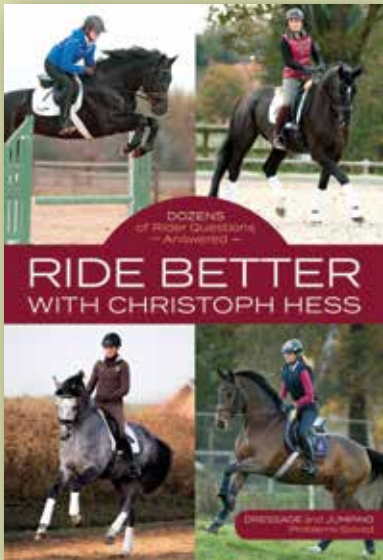
A Story of Addiction, Dysfunction, Codependency...and Horses

Codependency, a compulsive behavior sometimes known as “relationship addiction,” is often characterized by a dysfunctional, one-sided relationship that is emotionally destructive—even abusive. For years **SUSAN CONLEY** found herself trapped, married to an addict whose health, welfare, and safety she valued far above her own. Over time she watched as she lost contact with her own needs, desires, and sense of self. But then at 42, after yet another crisis came to an anticlimactic resolution that left nothing healed and little to hope for, she decided, having never so much as touched a horse, to take up riding. Here, with humor and honesty, Conley chronicles her experiences, sharing how her pledge to rediscover herself following her divorce was aided, abetted, and challenged by the horses in her life.

SUSAN CONLEY has a Master of Philosophy in Irish Theatre Studies from the Samuel Beckett Centre, Trinity College, an Honours Degree in Psychology, and a diploma in Equine Assisted Therapy and Learning. Conley is the author of three books *Drama Queen*, *The Fidelity Project*, and *That Magic Mischief* (manybravefools.com).



224 pp • 6 ½ x 9 ½ • 978 1 57076 887 3
\$24.95 pb • #MABRF0 • December



184 pp • 6 1/2 x 9 1/2 • 62 color photos, 55 illustrations
978 1 57076 858 3 • \$29.95 pb • #RIBEWI
Recently Published

Ride Better with Christoph Hess

Dozens of Rider Questions Answered

CHRISTOPH HESS, a Fédération Equestre Internationale (FEI) “I” Judge in both dressage and eventing, is highly respected around the world as a teacher of riding and the development of the horse according to classical principles. Here he collects some of his very best riding and training tips along with well-honed insight related to the topics that he finds most often challenge equestrians and their equine partners. Find thoughtful, easy-to-apply advice when dealing with issues with the gaits; high-headedness or the horse that is “too light” in the poll; inconsistency of performance; leaning on the bit; falling out; lack of straightness; and much more. In addition, Hess breaks out particular skills and movements that often need specialized attention when in the dressage or jumping ring, and when going cross-country. Throughout Hess emphasizes that a rider must always strive to improve, for the simple reason that you can always do better for your horse.

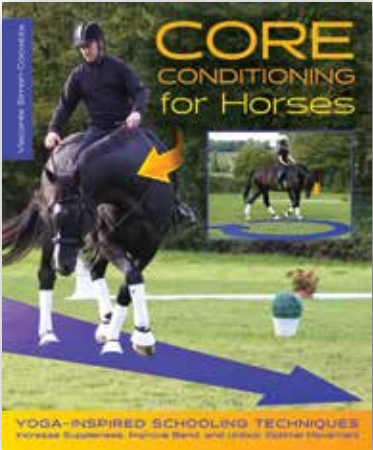
CHRISTOPH HESS is an FEI “I” Judge in both dressage and eventing. The German National Federation awarded him the title of Professional Riding Instructor—an international expert and educator of professionals. Hess currently holds the positions of Head of Instruction and Head of the Personal Members Department at the FN, and is actively involved in the education of judges and instructors, both within Germany and around the world. He conducts clinics, workshops, forums, and symposiums throughout the international dressage and eventing communities and is an examiner of judges and trainers at the highest levels of the sport of dressage, including seminars and testing sanctioned and sponsored by the FEI.

Core Conditioning for Horses

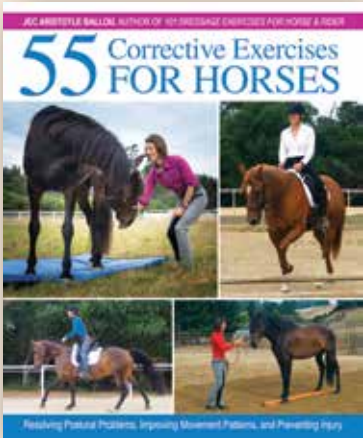
Yoga-Inspired Schooling Techniques: Increase Suppleness, Improve Bend, and Unlock Optimal Movement

Equine core muscles are very difficult to isolate with the traditional training techniques common to horse sports. However, by examining what we do with the human body when faced with a weak core, we can find new methods for conditioning these areas of the equine body. **VISCONTE SIMON COCOZZA** has taken principles of the human practice of yoga and used them to develop novel ways of reaching deep within the horse’s body and gently “unlocking” areas that may be a little “rusty” while at the same time improving core fitness. In this book, he provides step-by-step instruction, explaining easy mounted exercises that enhance the horse’s posture, and boost his confidence in his body and movement, making him easier to ride, and ultimately, the dance partner you’ve always imagined.

VISCONTE SIMON COCOZZA is a trainer and examiner for the La Fédération Française d’Equitation (FFE). As a performance coach specializing in biomechanics and riding ethics, he now writes articles and books on better training practices, as well as lecturing at universities and conducting clinics internationally. His stable is based in Normandy, France.



June 2019 • 978 1 57076 804 0
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184 pp • 7 x 8 1/2 • 129 color photos, 12 illustrations
978 1 57076 867 5 • \$26.95 hc wiro • #55COAN
Recently Published

55 Corrective Exercises for Horses

Resolving Postural Problems, Improving Movement Patterns, and Preventing Injury

Over time, horses (like people) acquire postural habits, compensate for soreness and injury, and develop poor movement patterns. This limits performance ability, causes unsoundness and health issues, and ultimately undermines the horse’s overall well-being. **JEC ARISTOTLE BALLOU** has made a name for herself providing sensible instruction in horse schooling, conditioning, and care. In her latest collection of mounted and unmounted corrective exercises, Ballou demonstrates how we can actively work to improve the horse’s posture and movement, whether he is an active performance or pleasure mount, an aging or older horse that benefits from gentle exercise, or one being rehabilitated following injury, illness, or lack of conditioning.

JEC ARISTOTLE BALLOU has trained and competed through the FEI levels in dressage but has also competed in long distance trail riding, Ride & Tie, breed shows, and almost everything in between. Ballou won three consecutive East Coast championships in distance riding, becoming the youngest rider in history to win the prestigious Vermont 100-Mile Competition. A proponent of interdisciplinary study, she serves as an advisor to the Western Dressage Association of America (WDAA). Ballou aims to meet what she sees as an enormous need within the equine industry for simple, clear, and practical information (www.jecballou.com).

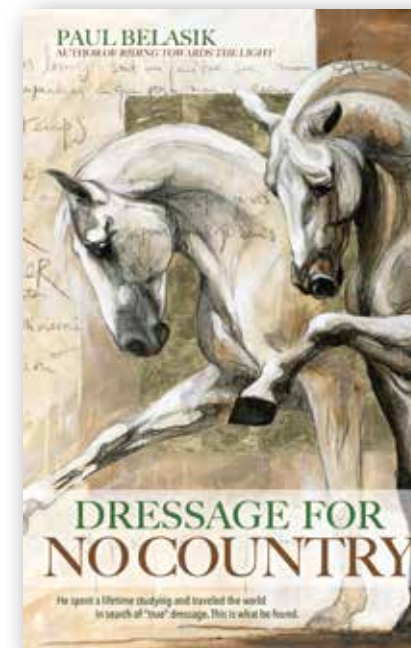


BECOMING
BETTER FRIENDS & PARTNERS

Photo by Jacques Toiffi

VALUING PAST, PRESENT & FUTURE

Photo by Keron Psillas



April 2019 • 978 1 57076 914 6
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PAUL BELASIK is a highly respected international rider, trainer, writer, and teacher, and an avowed proponent of classical equestrian ideals. Belasik has ridden and trained at every level in dressage, from young horses to Grand Prix and beyond. He also has had extensive experience in eventing, which encompassed the early part of his career, before turning solely to his first and true love: classical dressage and the art of riding.

Dressage for No Country

In the 1970s, the sport of dressage was still in its infancy in the United States. Unlike the countries of Europe, there was neither an established tradition nor a written history to educate and inspire. A rider intent on learning the discipline had to be prepared to travel, to immerse himself in other cultures, and to care only for what those who had already mastered the art might teach him. **PAUL BELASIK** was this rider, intent on learning all he could about dressage methodology, and willing and able to compare and contrast the various means for achieving related goals: beautiful movement, “lightness,” connection between two beings. In these pages he shares a lifetime of searching and studying, both through stories of his own adventures and thoughtful essays on the subjects he has pondered during the years he has trained and ridden horses. Beginning in northern New York, and traveling to Portugal, and later, Vienna, Belasik serves as a tour guide of the various dressage “paths” he had the chance to explore, including the German system, the Portuguese art of equitation, and the revered institutions of the Spanish Riding School. Armed with the knowledge and experience he accrued over time, Belasik debates whether classical dressage and competition dressage are at all compatible. Then, he considers the role of mindfulness, how to become a good teacher, and how to be a good student in today’s horse world, providing the guideposts needed to take dressage—and riding, in general—the next step forward.

Belasik has sought wisdom from great riding masters such as Dr. HLM van Schaik and Nuno Oliveira, and his wide-ranging studies include the concepts of Zen Buddhism and martial arts. Belasik has authored eight books, and he gives clinics, lectures, and demonstrations internationally while training a wide cross-section of clients at his Pennsylvania Riding Academy at Lost Hollow Farm (www.paulbelasik.com).

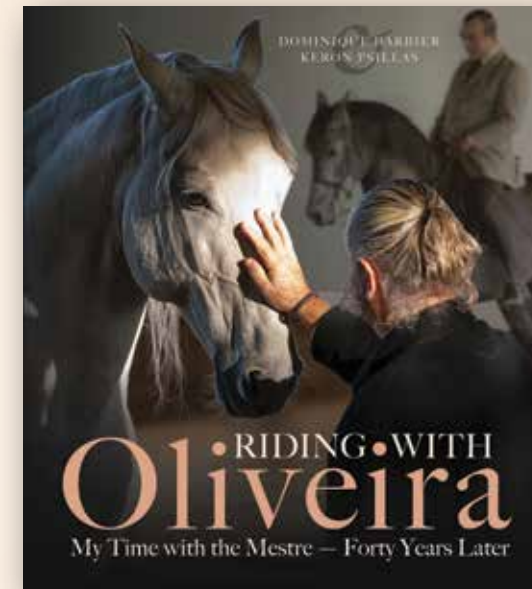
Riding with Oliveira

My Time with the Mestre—Forty Years Later

The true Mestre is a person who directs and changes your life. Renowned champion of classical equitation principles and bestselling author **DOMINIQUE BARBIER** names the revered Portuguese equestrian Nuno Oliveira as his. Over several years Barbier had the unique opportunity to form an intimate relationship with Mestre Oliveira, and in this deeply personal book he chronicles their time together. Beginning in a tiny, dimly lit riding hall in Póvoa de Santa Iria e Forte da Casa, Portugal, where seminal moments of Barbier’s riding education dawned under the watchful eyes of many luminaries of the European riding elite, it then explores what came later when Barbier studied with the Mestre in Avestada and traveled with him to Belgium, France, and Spain. Barbier’s recollections are complemented by those of three other equestrians who studied with the Mestre: Dany LaHaye, Bettina Drummond, and Luis Valença. Gorgeously illustrated with images by **KERON PSILLAS**, the result is a remarkable and insightful retrospective of one of the most extraordinary horsemen of all time.

DOMINIQUE BARBIER cultivated his riding skills at a number of highly regarded facilities throughout Europe, then based himself in Portugal for two years studying with the legendary Mestre Nuno Oliveira. This experience was a defining moment that inspired Barbier’s belief in keeping a horse “light and happy.” Since immigrating to the United States, Barbier’s teaching and passion for the “Art of Dressage” has reached many thousands of people throughout the country, as well as North Africa, Europe, Asia, and Brazil. His avant-garde philosophy, focusing on the importance of mental communication and the understanding of the horse’s nature, has been practiced now for over 40 years.

Barbier is also the author of *Dressage for the New Age*, *Meditation for Two* with Keron Psillas, and *The Alchemy of Lightness* with Dr. Maria Katsamanis (dominiquebarbier.com). **KERON PSILLAS** is a professional photographer and writer. She lives in Portugal, in the land of her beloved Lusitano horses. Psillas often teaches in the United States and in Europe, and maintains a robust mentoring program that she credits as a source of continuing inspiration. She leads trips in Europe, the United States, and in South America, often with other internationally acclaimed photographers, including Charlie Waite and Arthur Meyerson (www.keronpsillas.com).

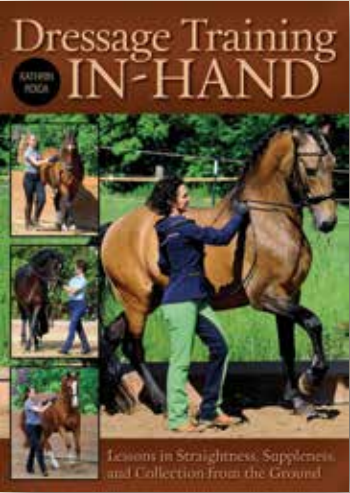


202 pp • 8 x 9 • 45 color & 21 b/w photos
978 1 57076 883 5 • \$31.95 hc • #RIWIOL • October

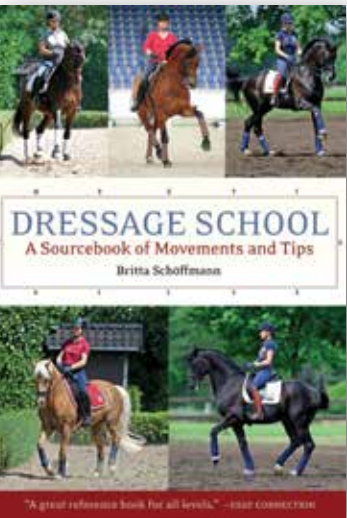
Dressage Training In-Hand
Lessons in Straightness, Suppleness, and Collection from the Ground

"In-hand" training has long been used to help develop the dressage horse, conditioning and suppling his body while at the same time preparing his mind to grasp the movements that may eventually be expected under saddle. KATHRIN ROIDA relies on these techniques when working with young horses, which she prepares for under-saddle training with exercises first learned on the ground, improving balance and enhancing confidence by refining the horse's sense of his body and where it is in space. Roida also uses in-hand techniques to vary the training of the fully schooled riding horse and to solve problems that may be more safely dealt with from the ground. In this book she details her methods, sharing the stories of a number of horses of different ages, breeds, and training backgrounds, and demonstrating the steps to teaching them: shoulder-in, travers, renvers, pirouettes, half-pass, piaffe, passage, canter work, the Spanish walk, and much more.

KATHRIN ROIDA runs a horse training facility in Fürstentfeldbruck, Germany. She works with horses of all breeds, using only positive, conscientious training methods committed to the health and longevity of the horse. She has trained with a number of riding and training luminaries, including Anja Beran, Manuel Jorge de Oliveira, Dr. Gerd Heuschmann, Jean-Claude Dysli, Marc de Froissard de Broissia, and Johann Riegler. Roida is known for her popular lessons and clinics on in-hand work and gymnastics for the horse (www.kathrinroida.de).



144 pp • 6 3/4 x 9 1/2
217 color photos, 10 illustrations
978 1 57076 902 3 • \$29.95 hc
#DRTRHA • September



December 2019 • 978 1 57076 923 8
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for final price and specifications

Dressage School
A Sourcebook of Movements and Tips

NEW EDITION! In this fantastically detailed and uniquely organized reference, readers discover the what, the how, and—most importantly—the why of more than 100 dressage movements. Color photographs of riders of various levels and on different breeds of horse show how each movement should look when ridden correctly. Each movement is clearly defined by well-known author BRITTA SCHÖFFMANN, and her explanations include common mistakes and how to avoid them, as well as the benefits of each exercise and how it contributes to the "bigger picture" of the dressage training scale. Throughout, emphasis is placed on the horse as an individual and how it is the rider's responsibility to learn to customize movements and lessons to benefit any horse, with his particular physical and psychological characteristics in mind.

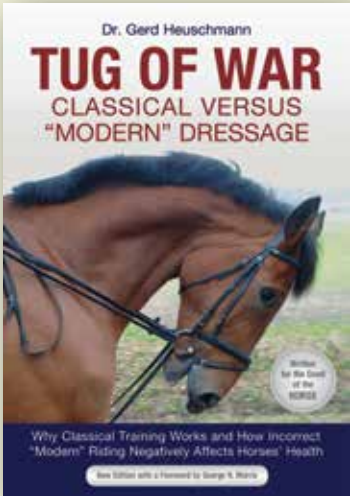
"A great reference book for all levels." —USDF CONNECTION

BRITTA SCHÖFFMANN is a journalist, a Grand Prix dressage rider, a competition judge, and an instructor. She is the author of several books that focus on the value of a strong mutual bond of trust between rider and horse.

Tug of War
Classical versus "Modern" Dressage

NOW IN PAPERBACK! An intelligent and thought-provoking exploration of both classical and "modern" training methods, including "hyperflexion" (also known as Rollkür), against a practical backdrop of the horse's basic anatomy and physiology. Using vivid color illustrations of the horse's skeletal system, ligaments, and musculature, in addition to comparative photos depicting "correct" versus "incorrect" movement—and most importantly, photos of damaging schooling methods—DR. GERD HEUSCHMANN convincingly argues that the horse's body tells us whether our riding is truly gymnasticizing and "building the horse up," or simply wearing it down and tearing it apart.

DR. GERD HEUSCHMANN trained as a Bereiter (master rider) in Germany before qualifying for veterinary study at Munich University. There he specialized in equine orthopedics for two years before accepting a post as the head of the breeding department at the German FN, which he eventually left to start his own practice in Warendorf. He has been an active member of the "hyperflexion" (previously referred to as Rollkür) debate, weighing in at the 2005 USDF National Symposium and the 2006 FEI Veterinary and Dressage Committees' Workshop. Along with Klaus Balkenhol and other prominent figures in the dressage community, Dr. Heuschmann is a founding member of "Xenophon," an organization dedicated to "fighting hard against serious mistakes in equestrian sport" (www.xenophon-classical-riding.org).



144 pp • 7 1/2 x 10 1/2
76 color photos, 20 illustrations
978 1 57076 913 9 • \$22.95 pb
#TUWAPB • October



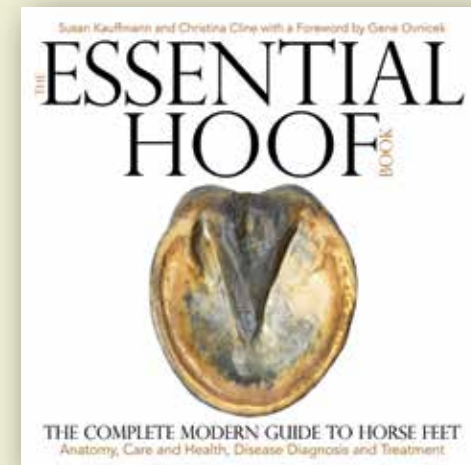
TRAINING & SHOWING
WITH THE HORSE IN MIND

NEW

Photo by Horst Streitferdt

STRIVING TO ENSURE THE HORSE'S WELFARE

Photo by Free Nature Stock



312 pp • 9½ x 9½
408 color photos & illustrations
978 1 57076 732 6 • \$39.95 hc spiral
#ESH080 • Recently Published

SUSAN KAUFFMANN has been widely published in magazines such as *EQUUS*, *Trail Blazer*, and *Western Horse Review*, for whom she also served as Health Editor. In addition, she has written content for Michigan State's "My Horse University" programs. Kauffmann lives in northern Nevada, where she is active in wild horse advocacy and rescue. **CHRISTINA CLINE** became a certified trimmer through the American Association of Natural Hoof Care Practitioners in 2004. She is an instructor with the Equine Sciences Academy and a mentor with Pacific Hoof Care Practitioners. She lives in the Methow Valley of Washington State.

The Essential Hoof Book

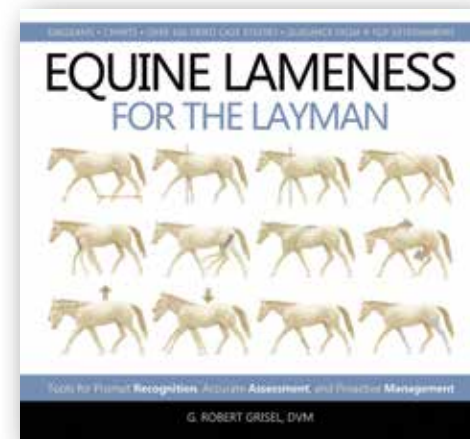
The Complete Modern Guide to Horse Feet: Anatomy, Care and Health, Disease Diagnosis and Treatment

The first resource of its kind to combine the most current and useful information available, gleaned from the research and wisdom of top hoof experts around the world, with a unique "hands-on" approach! **SUSAN KAUFFMANN** and **CHRISTINA CLINE** provide basic terms and anatomy, clearly illustrate the differences between healthy and unhealthy feet, discuss biomechanics and management concerns, and cover the causes, treatments, and prevention of commonly encountered problems. Along the way, readers are given activities to help them better analyze and understand the most important aspects of equine hoof health, such as hoof balance, depth of sole, and point of breakover. Featuring easy-to-follow language and over 400 full-color photographs!

Equine Lameness for the Layman

Tools for Prompt Recognition, Accurate Assessment, and Proactive Management

Most equine caretakers and many equine veterinarians find it difficult to visually decipher lameness in the horse, which leads to lengthy, expensive, and often inaccurate diagnostic work-ups. It is with these two key audiences in mind that **DR. BOB GRISEL** has created a book unlike any other. With hundreds of illustrations, dozens of charts, and links to online videos of explanatory case studies accessed with a quick scan of your smartphone, readers are given a complete course in observing, identifying, and decoding equine lameness. Dr. Grisel helps you interpret what is seen, plain and simple (no need for medical knowledge of equine anatomy and pathology).



DR. BOB GRISEL graduated from the University of Florida's College of Veterinary Medicine with honors, receiving multiple awards for his performance in equine surgery. Dr. Grisel was recruited by Oregon State's College of Veterinary Medicine where he spent time on the large animal teaching staff before accepting an equine surgical position in the Atlanta area while working the 1996 Olympic Games. Shortly after relocating to Georgia, he built The Atlanta Equine Clinic, a state-of-the-art, full-service equine diagnostic, surgical, and emergency care facility. In 2005, Dr. Grisel left the hospital facility to focus on equine sports medicine and today is regularly consulted on issues concerning lameness and pre-purchase examinations worldwide (www.atlantaequine.com).

264 pp • 9½ x 9½
181 color illustrations, 28 charts, 10 diagrams
978 1 57076 834 7 • \$34.95 hc spiral
#EQLAFO • Recently Published



Physical Therapy for Horses

An Illustrated Guide to Anatomy, Biomechanics, Massage, Stretching, and Rehabilitation

Equine physical therapy expert **HELLE KATRINE KLEVEN** understands the need for a reference that supports the horse owner as she strives to keep her horse sound in body and mind, and at the top of his game. In this highly illustrated book, she begins with a comprehensible introduction to the musculoskeletal and nervous systems, as well as an instructive conversation covering biomechanics basics, then explores the major areas of therapy in detail. Readers will find practical how-to guidance in the most popular therapeutic modalities, as well as cutting-edge alternatives that are currently gaining ground: fascia work, stretching, massage, stability and strengthening exercises, laser therapy, kinesiotaping, and much more. An incredible course in preventive and rehabilitative techniques.

July 2019 • 978 1 57076 938 2
Check www.horseandriderbooks.com
for final price and specifications

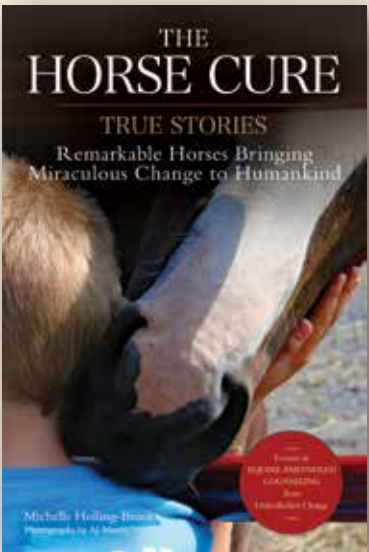
HELLE KATRIN KLEVEN began as a physical therapist for humans before working as an equine physical therapist, starting in 1996 and is now well known for her popular courses and lectures. Kleven supervised the horses of the German Eventing Team and the Endurance Team in an official capacity from 1998–2000.

The Horse Cure

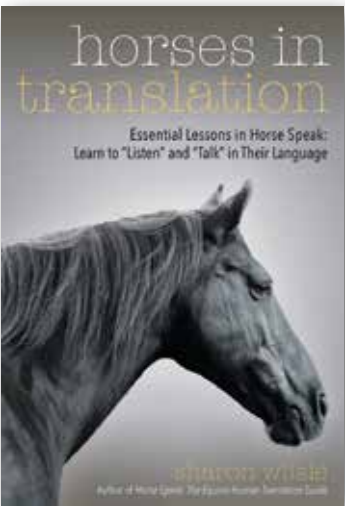
True Stories: Remarkable Horses Bringing Miraculous Change to Humankind

Inspired by her own childhood trauma when she spent seven days in a coma, awakened to a severely compromised body and brain, and rebuilt her life with the help of a horse, **MICHELLE HOLLING-BROOKS** founded Unbridled Change, a non-profit equine-partnered therapy organization that helps match horses to individuals in need. Here she shares the amazing stories of the horses that play active roles in counseling sessions: Ashley was locked in closets as punishment, and physically and sexually abused, resulting in an angry and violent child who threatened her adoptive family—until she met Cocoa and Radar, the horses that helped her learn to trust again. Brenda was diagnosed bipolar and lived through humiliating domestic abuse, but three horses—Delilah, Wisky, and Diesel—helped her establish a sense of self-worth, hope for the future, and ultimately, the will to go on. Nick was an angry, suicidal veteran with combat PTSD, who eventually acknowledged, “The horses literally saved my life.” Meet the horses that help those who need helping.

MICHELLE HOLLING-BROOKS has been a certified professional in the field of Equine Assisted Therapies since 2000, and is a lifelong equestrian. She founded Unbridled Change, a non-profit equine-partnered therapy organization, in 2008 (unbridledchange.org). **AJ MOREY** is Associate Vice Provost for Cross Disciplinary Studies at James Madison University and the author of four books. She is certified as an equine specialist for delivering horse-assisted mental health therapies.



May 2019 • 978 1 57076 936 8
Check www.horseandriderbooks.com
for final price and specifications



248 pp • 6½ x 9½ • 978 1 57076 859 0
\$24.95 pb • #H0TR • Recently Published

Horses in Translation

Essential Lessons in Horse Speak: Learn to “Listen” and “Talk” in Their Language

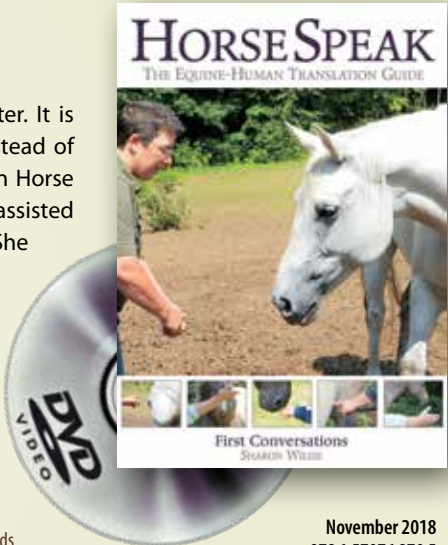
With her landmark first book *Horse Speak: The Equine–Human Translation Guide* (see p. 25), trainer **SHARON WILSIE** upended conventional methods of human–equine communication (using words and ropes, for example) with her clear classification of the language horses use with each other (body, breath, and intent), as well as an unparalleled explanation of how we as humans can effectively mirror it. Learning to “listen” and “talk” to horses in their language, instead of expecting them to comprehend ours, is a milestone in the progressive philosophy of horsemanship, helping find positive solutions to behavior and training problems and ultimately leading to fewer misunderstandings between horses and humans. In her much-anticipated follow-up, Wilsie uses true stories to relate examples of “problems” and how they were solved using Horse Speak. Her engaging narrative introduces readers to dozens of real-life scenarios from different barns, various disciplines, and riders and handlers with contrasting experiences and backgrounds.

Horse Speak: The DVD

First Conversations

Horse Speak is not a training method or a technique to make you ride better. It is a practical system for “listening” and “talking” to horses in *their* language instead of expecting them to comprehend ours. In this exciting new DVD, you can learn Horse Speak, following along with different horses as horse trainer and equine-assisted learning instructor **SHARON WILSIE** works with each one in real time. She explains her understanding of equine communication via breath and body language before progressing to the “Four Gs” of her method: Greeting, Going Somewhere, Grooming, and Gone. In addition, get ready to sample ready-made “Conversations” you can have with your horse, as Wilsie walks you through the eye-opening process of communicating on a whole new level.

SHARON WILSIE is a professional animal trainer and rehabilitation expert who regularly works with horses for private clients and at equine rescues. She develops and teaches equine-assisted learning programs at the high school and college level. Wilsie is also a Reiki Master/Teacher. Her book *Horse Speak: The Equine–Human Translation Guide* was a breakout bestseller, and she now travels throughout the country teaching her methods and helping others communicate with horses in their language. She runs Wilsie Way Horsemanship from her base in Westminster, Vermont (wilsiewayhorsemanship.com).



November 2018
978 1 57076 870 5
Check www.horseandriderbooks.com
for final price and specifications

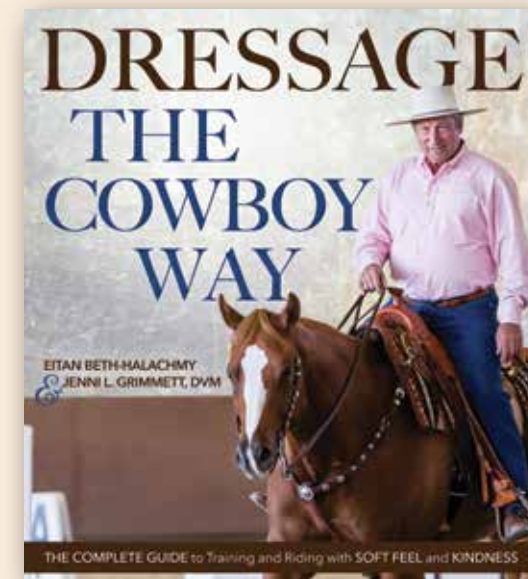


HELPING HORSES SO THEY CAN HELP US

Photo by AJ Morey

AIMING TO RIDE WITH A SOFT FEEL

Photo by Lesley Deutsch



224 pp • 9x10 • 134 color photographs, 89 color illustrations
978 1 57076 857 6 • \$29.95 pb • #DRCOWA • Recently Published

EITAN BETH-HALACHMY has won many world and national titles in the show horse industry. He and the Morgan stallions Holiday Compadre and Santa Fe Renegade were named World Champions multiple times. Beth-Halachmy is now best known for and spends his time promoting Cowboy Dressage, a riding discipline in which he applies his years of childhood training in classical dressage to Western horsemanship. Beth-Halachmy and his wife Debbie Beth-Halachmy own and operate Wolf Creek Ranch in the beautiful Sierra Foothills in Grass Valley, California (www.cowboydressage.com).

Dressage the Cowboy Way

The Complete Guide to Training and Riding with Soft Feel and Kindness

The desire to meld the best of Western riding traditions with classical dressage in the pursuit of a harmonious relationship with a horse has steadily gained traction over the past two decades, and now the movement flourishes. More and more horse people are discovering the incredible rewards of training a well-balanced mount, using a soft feel, and developing communication based on kindness and cooperation. In this remarkable book, the founder of Cowboy Dressage® **EITAN BETH-HALACHMY** and veterinarian **DR. JENNI GRIMMETT** explain the development of the Western dressage horse using Cowboy Dressage methods. Beginning with the basics of body language, use of the aids, and a discussion of the Training Pyramid, Beth-Halachmy then provides guidelines for foundational groundwork and progressive dressage schooling under saddle, such as developing cadence and consistency in the gaits, understanding and requesting correct bend, choosing and using lateral maneuvers, and advancing self-carriage and collection.

DR. JENNI GRIMMETT is a graduate of the College of Veterinary Medicine at Washington State University. She became involved with Cowboy Dressage in 2011 and has been avidly pursuing its ideals of horse training through soft feel and kindness ever since. Dr. Grimmitt is a popular blogger and teaches Cowboy Dressage from her ranch in Sagle, Idaho, when she has time away from her busy rural equine veterinary practice.

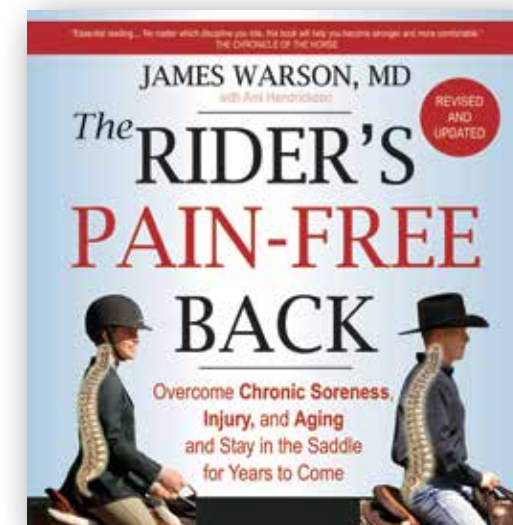
The Rider's Pain-Free Back

Overcome Chronic Soreness, Injury and Aging, and Stay in the Saddle for Years to Come

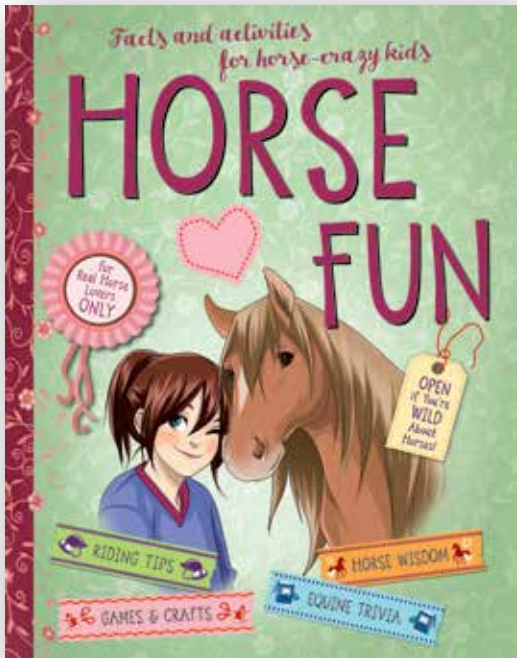
DR. JAMES WARSON—a neurosurgeon and lifelong horseman—says that over 90 percent of the population seeks help for back pain at one point or another during the course of life. If you're a horseperson, back pain is of particular concern since everything you do on and around horses demands a supple, strong, healthy back: riding itself, grooming, tacking up, stacking hay bales, even pushing a wheelbarrow. This book provides all the practical information needed to understand the diagnosis, treatment, and pain management related to a rider's back problems, whether they are inherited, or caused by riding, trauma, illness, posture, pregnancy, or aging. Dr. Warson breaks down the physics of movement and explains how combining two separate bodies—human and horse—creates additional sources of potential back strain and injury. Traditional and alternative treatments are discussed, and step-by-step instructions for a do-it-yourself physical therapy plan that will help those already dealing with back pain, as well as preventing the onset of a problem. This new paperback edition features updates throughout, including a special section on riding after hip and knee replacement surgery.

DR. JAMES WARSON (ret), began neurosurgery practice in Lexington, Kentucky in 1974. He relocated to Fort Collins, Colorado, where he founded Front Range Brain and Spine Surgery in 1978. He devoted the majority of his practice to spine surgery (performing over 6,000 procedures during his career) and diseases of equestrians caused or aggravated by riding were Dr. Warson's field of expertise. In 1984, Dr. Warson established J & J Farms, where he bred, trained, exhibited, and sold multiple Grand National and World Champion Morgan horses. Today Dr. Warson is

based in Fairfax, Virginia, where he is the Mid-Atlantic Medical Director for the Medieval Corporation and serves as Medical Director for Rider Health and Safety with the Western Dressage Association of America. He consults with the US Para-Equestrian Association, NCAA, and American Morgan Horse Association, and is a life-certified horse appraiser. Dr. Warson is a diplomate of the board of Neurological Surgery and a retired Fellow of the American College of Surgeons. **AMI HENDRICKSON** is an author and screenwriter in Southwestern Michigan.



March 2019 • 978 1 57076 933 7
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for final price and specifications



Horse Fun

Facts and Activities for Horse-Crazy Kids

Do you dream of having a horse of your own—a four-legged friend who comes when you call and nickers when you're nearby; who doesn't judge or pick favorites; who always listens quietly when you need someone to talk to? When your horse or pony is still in the future and not in the barn outside, learning about how to ride and care for him is the next best thing!

Horse Fun is for all horse-crazy kids, whether you ride "now" or "not yet," combining real horse knowledge with super-fun games, quizzes, crafts, and activities. Go to "riding school" and learn the basics of horse care and equitation. Test yourself with equine trivia; make tote bags, picture frames, dream catchers, jewelry, and your very own hobby horse to compete in hobby horse shows with friends! Plus, follow along with Maxi, a horse-crazy kid just like you, who shares her thoughts in a journal you get to read. Having horses in your life is joyful, enriching, exciting... and FUN. That's why *Horse Fun* is the perfect book for both those who love to saddle up, and those who still only have dreams to ride on.

*"My biggest dream is to own my own horse.
But right after that comes my second biggest dream:
learning how to ride."*

—MAXI—

February 2019 • 978 1 57076 908 5
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GUDRUN BRAUN is a writer, editor, and experienced horse person with many published books to her name. **ANNE SCHELLER** is a popular German author of nonfiction guides,

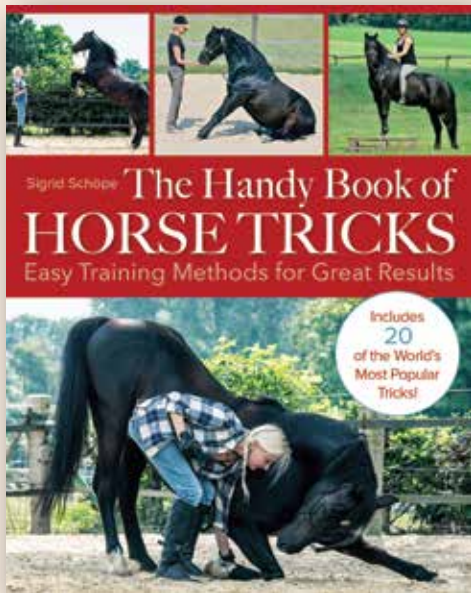
narrative children's books, picture books, study aids, and teaching materials. **ANIKA HAGE** is an award-winning manga artist.

The Handy Book of Horse Tricks

Easy Training Methods for Great Results

Over the past two decades, trick training for horses has become immensely popular: Not only are there a number of top horsemen and women who tour the world performing in front of huge audiences, but more and more riders—both competitive and recreational—appreciate that varying a horse's work and training routine is of significant importance when trying to ensure a willing athletic partner capable of performing his best.

Groundwork and trick training specialist **SIGRID SCHÖPE** has found great success teaching her own horses tricks, which they enjoy doing as part of their regular groundwork and under-saddle schooling routines. Here she shares her techniques, using positive, conscientious methods that are easy to follow—and a whole lot of fun! By following the simple steps and clear color photos, readers will find their horses will learn over 20 of the world's most popular tricks in no time, including: bowing, kneeling, lying down, sitting, rearing on command, performing the Spanish walk, standing on a pedestal, taking a blanket off, crossing their legs, carrying a lead rope, stacking cones, playing soccer, and more! This handy guide is not only sure to improve connection and partnership between horse and handler, it is a great way to bring light-heartedness and a little playtime to every barn.



80 pp • 6½ x 8½ • 117 color photos
978 1 57076 901 6 • \$16.95 pb
#HABOHO • November

SIGRID SCHÖPE has been riding for over 40 years, focusing intensely on natural horsemanship, groundwork, and trick training. She has a background in both classical dressage and Western riding, but enjoys work on the ground and at liberty the most. She is

based in Germany and teaches clinics internationally. Schöpe is the author of *Training and Riding with Cones and Poles*, also published by Trafalgar Square Books (see p. 26).

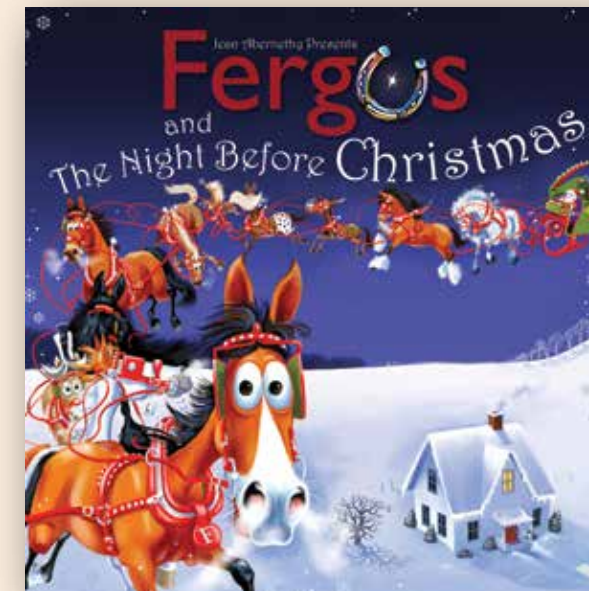
KEEPING "WORK" FUN & INTERESTING

NEW



Photo by Sandra Reitenbach/Kosmos

LAUGHING AT OURSELVES



40 pp • 9 x 9 • color artwork throughout
978 1 57076 896 5 • \$15.95 hc • #FEANNI • Recently Published

Fergus and The Night Before Christmas

JEAN ABERNETHY, creator of Fergus, the world's most popular cartoon horse, shares an epic holiday adventure inspired by the classic tale *'Twas the Night Before Christmas*. With colorful, light-hearted comedy on every page, Fergus and his motley group of equine teammates bravely take to the skies to give St. Nick the sleigh ride of his life. Can Santa manage his ungainly hitch and deliver the perfect gift on the most magical night of the year? Fasten your seatbelt! Recommended for ages 5 to 95.

"Everyone loves the world's most popular cartoon horse!"

—SIDELINES—

"Fergus brings a smile to my face every time."

—ROBIN HUTTON—

Author of the New York Times Bestseller
Sgt. Reckless: America's War Horse

JEAN ABERNETHY has been producing equestrian-related drawings, horse portraits, and horse cartooning for more than 30 years. She has illustrated several books and instructional articles, technical how-to drawings, and diagrams for instructional purposes. She has also done children's and fantasy illustration. Her work has taken her coast-to-coast to farms and equestrian events where she's been

involved with a wide variety of horse breeds, sports and disciplines. Abernethy is also the author of *The Essential Fergus the Horse*, *Fergus: A Horse to Be Reckoned With*, and *Fergus and the Greener Grass* (see p. 37). Her Fergus the Horse Facebook page has over 300,000 followers (www.fergusthehorse.com).

Thelwell's Pony Panorama

A Classic Collection Featuring Gymkhana, Thelwell Goes West, and Penelope

Following the 1953 publication of British artist **NORMAN THELWELL'S** first pony cartoon, his name became synonymous worldwide with images of little girls and fat hairy ponies. In 2017 *Thelwell's Pony Cavalcade*, featuring many of the earliest Thelwell cartoons, was re-released in North America, reviving the artist's fervent fandom and initiating calls for more. Now, in this second hilarious collection, readers are treated to three additional Thelwell classics: *Gymkhana*, *Thelwell Goes West*, and *Penelope*. Those new to Thelwell will fall in love with his uniquely irreverent-yet-informative view of the equestrian world, while long-time enthusiasts can indulge in a delightful dose of equine-friendly nostalgia. Sure to please anyone with a pony-littered past or a horse-crazy present.

"Thelwell is as funny as ever."

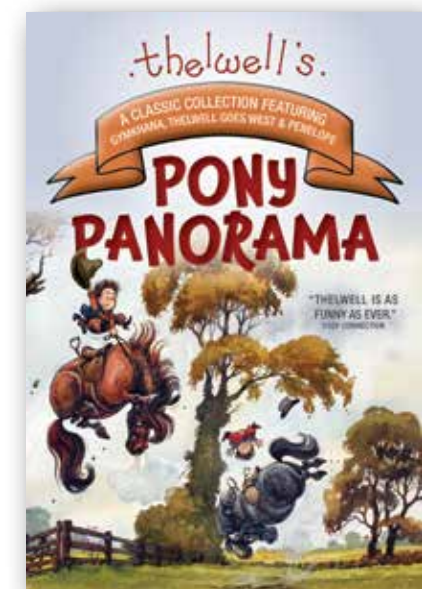
—USDF CONNECTION—

"As loveable as when the cartoons first took the world by storm."

—EQUINE JOURNAL—

NORMAN THELWELL penned his first cartoon for the satirical British magazine *Punch*—renowned internationally for its wit, irreverence, and for publishing the world's best comic writers and poets—in 1952. This led to a relationship that lasted

for 25 years and over 1,000 cartoons, including 60 front covers. Thelwell was a master of sharp social comment and sheer zany humor, and his 34 books have sold millions of copies worldwide and have been translated into numerous languages (thelwell.org.uk).



April 2019 • 978 1 57076 931 3
Check www.horseandriderbooks.com
for final price and specifications

TRAINING

3-Minute Horsemanship
60 Amazingly Achievable Lessons to Improve Your Horse (and Yourself!) When Time Is Short
VANESSA BEE



Do you day after day make a promise to train yourself and your horse to be better at something, but when you get to the barn there just doesn't seem to be enough time? Don't worry, what really matters is the quality of the training. It really is possible to carry out good quality progressive training with a horse in only three minutes a day. This refreshing new

method offers 35 ground exercises, 24 ridden exercises and 25 "real world" exercises that will get you out and about with a safe, sane, well-trained horse.

"I've started working through this book with my 'student'—a four-year-old gelding yet to be started under saddle—and we're making great strides already. I can't wait to get to the ridden work."
—**Horsetalk.co.nz**

184 pp • 8 ¼ x 10 ¼ • 130 color photos
978 1 57076 620 6 • \$27.95 pb, Kindle, Epub • #THMINO

50 Best Arena Exercises and Patterns
Essential Schooling for English and Western Riders
ANN KATRIN QUERBACH

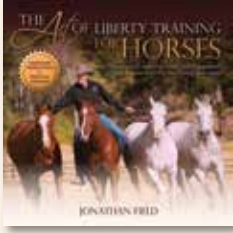


A terrific collection of upbeat ideas for essential schooling, including exercises for: improving the rider's seat, learning basic movements, increasing the horse's mobility, finding rhythm, getting supple and relaxed, achieving connection and softness, activating the hindquarters, traveling straight, and achieving collection.

"This book is an arena boredom buster for riders and instructors alike—a must-have in your barn's tack room or viewing area."
—**Equine Journal**

160 pp • 7 ½ x 9 ½ • 60 color photos, 62 color diagrams
978 1 57076 799 9 • \$22.95 hc spiral • #50BEAR

The Art of Liberty Training
for Horses
Transform the Way You See, Feel, and Ride with a Whole New Kind of Groundwork
JONATHAN FIELD



In this beautiful book, richly illustrated with color photographs, readers learn how to use liberty exercises to develop a better "feel," reward the horse sooner, and time their aids just right to ensure they get the response they want—all essential exercises to improve part-

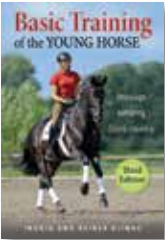
nership and performance in every discipline, whether ranching, riding for pleasure, or competing at any level.

"If you are interested in learning how to become a better horse person, this book will teach and inspire you."
—**HorseJournals.com**

"In a word, BEAUTIFUL. But more than that, it is easy to read and understand...Highly recommended."
—**Northwest Horse Source**

240 pp • 10 x 10 • 350 color photos, 10 illustrations
978 1 57076 689 3 • \$34.95 hc • #ARLITR

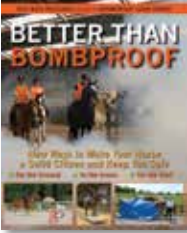
Basic Training of the Young Horse
Dressage • Jumping • Cross-Country
INGRID & REINER KLIMKE



This new edition of the highly regarded international bestseller illustrates the correct way to establish a sound, versatile training foundation in a young horse. Reiner Klimke's self-trained horses went on to achieve success at the highest levels in several disciplines. Ingrid Klimke, an Olympic medalist, has brought her father's theories into modern circles with her own commentary and tips, as well as full color photographs of her winning horses.

216 pp • 7 x 10 • 256 color photos, 30 illustrations
978 1 57076 760 9 • \$32.95 hc • #BATR3E

Better than Bombproof
New Ways to Make Your Horse a Solid Citizen and Keep You Safe On the Ground, In the Arena, and On the Trail
RICK PELICANO with ELIZA MCGRAW

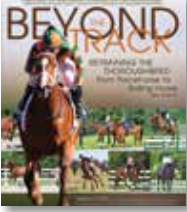


Sergeant Rick Pelicano of the Maryland National Park Police shares the one-of-a-kind, step-by-step exercises he uses to prepare police horses and riders for duty, taking "bombproofing" to a whole new level.

"Everything from trailer loading to drill-team exercises...bombproofing for children, giving instructors and parents alike useful methods for keeping kids safe on horseback... Riders who want to transform their spooky mounts into bombproof horses can look to this book for all the tools needed for safe and effective training."
—**Practical Horseman**

192 pp • 8 ¼ x 10 ¼ • 214 color photos, 88 drawings
978 1 57076 436 3 • \$29.95 pb • #BETHBO

Beyond the Track
Retraining the Thoroughbred from Racehorse to Riding Horse
ANNA MORGAN FORD with AMBER HEINTZBERGER



New updated edition! A practical, step-by-step guide to effectively reforming an off-track Thoroughbred and preparing him to excel in any discipline.

"[Anna Ford] imparts wisdom and experience on finding and re-educating ex-racehorses for a new career in showing or pleasuring riding... A must have for anyone thinking about adopting a Thoroughbred off the track."
—**Horse Illustrated**

"A must-read for those wishing to own and love a retired racehorse. Covering everything from what a Thoroughbred experiences at the track to how to successfully transition the horse into a second career, the book offers step-by-step training methods and advice in an easy-to-follow format, with detailed photos for reference."
—**Kristen Werner Leshney, Senior Counsel, The Jockey Club and Administrator of the Thoroughbred Incentive Program**

"I consider this book the ultimate in training manuals for anyone thinking about adopting an ex-racehorse."
—**Liz Harris, Former Executive Director, Thoroughbred Charities of America**

264 pp • 218 color photos • 8 ¼ x 10 ¼
978 1 57076 847 7 • \$34.95 pb • #BETHRE

Bombproof Your Horse
Teach Your Horse to be Confident, Obedient, and Safe, No Matter What You Encounter
RICK PELICANO with LAUREN TJADEN



The original book on "bomb-proofing"—now a bestseller! Sergeant Rick Pelicano of the Maryland National Capitol Park Police shows you how to accustom your horse to a variety of circumstances, noises, and objects, turning him into a more pleasurable, submissive, confident, and ultimately safer mount.

"...a thorough how-to guide for training any horse to safely handle difficult situations. Even the most inexperienced horse can be coached to be confident when encountering unknown obstacles...sprinkled with humor, personal anecdotes and great, fun ideas..."
—**The Equiery**

"...[you and your horse] will both gain confidence and skills that will help you through the unexpected."
—**Horse & Rider**

182 pp • 8 ¼ x 10 ¼ • 143 color photos, 27 line drawings
\$16.99 Kindle, Epub

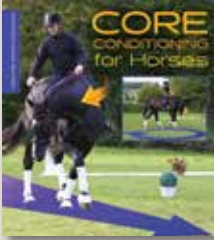
Cavalletti
for Dressage and Jumping
INGRID & REINER KLIMKE



Dressage and eventing rider extraordinaire Ingrid Klimke provides a newly revised version of the bestselling book she wrote with her late father, and explains how training with ground poles and cavalletti is one of her secrets of success. Cavalletti training improves the gaits; promotes rhythm, suppleness, and cadence; and increases the fitness of your horse. Readers will find cavalletti work on the longe, valuable new ideas specifically for dressage work, and numerous updated diagrams for jumping gymnastics, along with all new color photographs.

156 pp • 8 ¼ x 10¼ • 138 color photos, 24 diagrams
978 1 57076 927 6 • \$31.95 hc • #CAVA18

Core Conditioning for Horses
Yoga-Inspired Schooling Techniques: Increase Suppleness, Improve Bend, and Unlock Optimal Movement
VISCONTE SIMON COCOZZA

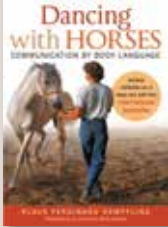


Equine core muscles are very difficult to isolate with the traditional training techniques common to horse sports. However, by examining what we do with the human body when faced with a weak core, we can find new methods for conditioning these areas of the equine body. Visconte Simon

Cocozza has taken principles of the human practice of yoga and used them to develop novel ways of reaching deep within the horse's body and gently "unlocking" areas that may be a little "rusty" while at the same time improving core fitness. In this book, he provides step-by-step instruction, explaining easy mounted exercises that enhance the horse's posture, and boost his confidence in his body and movement, making him easier to ride, and ultimately, the dance partner you've always imagined.

June 2019
Check www.HorseandRiderBooks.com for final price and specifications

Dancing with Horses
The Art of Body Language
KLAUS FERDINAND HEMPFLING



Influence without punishment, collection without rein pressure—these apparent contradictions are explained as renowned horseman Klaus Ferdinand Hempfling shows his fascinating method of communication and teaching. The natural laws governing horses living in the wild are integrated into a progressive program using precisely defined body language

that works for all types and breeds of horses. The physical and mental health of the horse remains of the utmost importance through all phases of the work. All those interested in developing truly harmonious relationships with horses should consider the remarkable work and teachings of Klaus Ferdinand Hempfling.

204 pp • 7 ½ x 10 ½ • 405 color photos
978 1 57076 617 6 • \$29.95 pb • #DAWIPB

Finding the Missed Path
The Art of Restarting Horses
MARK RASHID



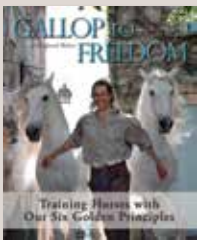
In the first of renowned horseman Mark Rashid's books to contain color photographs, readers learn the simple, quiet techniques Rashid has developed through years of study of martial arts and how to apply them to the horse that needs to be "restarted." Rashid provides guideposts in how to retrace the course of a horse's

education, ready to find the path missed the first time around and perhaps give the horse a new chance at health and peace of mind.

"Rashid's real-life stories and steps for restarting horses, accompanied by color photos for easy understanding, make this book surprisingly relatable."
—**Equine Journal**

200 pp • 7¾ x 9 • 48 color photos
978 1 57076 769 2 • \$24.95 pb, Kindle, Epub • #FITHMI

Gallop to Freedom
Training Horses with Our Six Golden Principles
FRÉDÉRIC PIGNON & MAGALI DELGADO with DAVID WALSER



"Accompanied by stunning photographs of subjects and settings too beautiful to bear any resemblance to life as most of us know it, [Gallop to Freedom] presents the journey to fame of stunt rider, liberty and groundwork specialist, Frederic Pignon and his wife and Grand Prix level dressage trainer, Magali Delgado. Readers will

surely be impressed..."
—**Horse Country**

"A touching, mind-opening perspective on horses and life [that] invites readers to share the events, experiences and horses that shaped Magali and Frederic's training philosophy and the principles they embrace...a delight for the eyes and mind."
—**Dressage Letters**

"There is very valuable information here regarding 'reading' your horse and developing a relationship with him based on trust and respect... The more you read this book and reflect on the principles it puts forth, the more valuable you will find it."
—**California Riding**

192 pp • 8 ¼ x 10 ¼ • 187 color photos
978 1 57076 725 8 • \$24.95 pb • #GAFRPB

Good Horse, Bad Habits
Practical Solutions to Problem Behavior in the Barn, Under Saddle and Out in the World
HEATHER SMITH THOMAS



A go-to manual that breaks topics into four main categories—bad habits in the stable, on the ground, under saddle, and while trailering. Rancher Heather Smith Thomas addresses the source of each problem, providing solutions to the behavioral issue, and discussing what to do if the fix doesn't stick.

"From stall vices to under-saddle solutions, this book is one you will refer to over and over again."
—**Equine Journal**

"I found fixes for the few issues my horse has...as well as a newfound appreciation for all the problems we've never encountered."
—**Practical Horseman**

"A go-to manual for any horse owner."
—**Northwest Rider**

272 pp • 7 x 8 ½ • 978 1 57076 621 3
\$24.95 pb • #GOHOB

The Handy Book of Horse Tricks
Easy Training Methods for Great Results
SIGRID SCHÖPE



Groundwork and trick training specialist Sigrid Schöpe has found great success teaching her own horses tricks, which they enjoy doing as part of their regular groundwork and under-saddle schooling routines. Here she shares her techniques, using positive, conscientious methods that are easy to follow—and a whole lot of fun! By following the simple steps and

clear color photos, readers will find their horses will learn over 20 of the world's most popular tricks in no time, including: bowing, kneeling, lying down, sitting, rearing on command, performing the Spanish walk, standing on a pedestal, taking a blanket off, crossing their legs, carrying a lead rope, stacking cones, playing soccer, and more!

80 pp • 6 ½ x 8 ½ • 117 color photos
978 1 57076 901 6 • \$16.95 pb • #HABOHO

The Horse Agility Handbook
A Step-by-Step Introduction to the Sport
VANESSA BEE



With a focus on the development of your horse in the new and exciting sport of horse agility, founder of the International Horse Agility Club Vanessa Bee covers the ins and outs of the sport, including: horse and handler basics; obstacle and course construction; and organizing "play days" and competitions.

"The advice you need to get started in the sport of Horse Agility."
—**Horse Illustrated**

"I recommend The Horse Agility Handbook as a guide to fun new ways to work with your horse."
—**Mid-South Horse Review**

"Whether you plan to compete or just have a good time with groundwork, this book introduces you to a fun, new way to bond with your horse."
—**Equine Journal**

160 pp • 7 ½ x 9 ½ • 100 color photos
978 1 57076 488 2 • \$24.95 pb • #HOAGHA

Horse Speak
An Equine-Human Translation Guide
SHARON WILSIE & GRETCHEN VOGEL



Learn how to have "Conversations" with horses—not in our language of words and ropes, but in their language of the body. In Sharon Wilsie's studies of equine behavior, she soon realized how herd members reacted to the same posture or movement in a consistent way every time, and that if she could mimic that posture or movement, horses would respond

to her in the same way they responded to each other. With 12 easy steps we come to understand what our horses are saying to us and the best way to respond, opening doors to a whole new way of communicating.

"Horse Speak will not only enhance your horse-themed library, but also your relationship with your equine partner. Maybe becoming the next Buck Brannaman isn't as an impossible a goal as I thought."
—**Catskills Horse**

224 pp • 8 ¼ x 10 ¼ • 290 color photos, 50 illustrations
978 1 57076 754 8 • \$27.95 pb, Kindle, Epub • #HOSP

Horse Training In-Hand
A Modern Guide to Working the Horse from the Ground: Long Lines, Long and Short Reins, Work on the Longe
ELLEN SCHUTHOF-LESMEISTER & KIP MISTRAL



"A detailed guide to ground work, including longeing, double-longeing, long-lining, and work on long and short reins. In-depth advice about equipment and technique is complemented by diagrams and many clear color photographs of baroque breeds demonstrating the authors' methods."
—**USDF Connection**

"This gorgeously illustrated book brings new life to these time-tested techniques."
—**Northwest Rider**

"A great book for learning the importance of groundwork!"
—**The Horsemen's Yankee Pedlar**

"Training in hand is, in fact, the perfect pastime for the modern horse and handler."
—**Equine Journal**

204 pp • 10 x 9 • 110 color photographs, 50 illustrations
978 1 57076 409 7 • \$31.95 hc • #HOTRHA

Horses in Translation
Essential Lessons in Horse Speak: Learn to "Listen" and "Talk" in Their Language
SHARON WILSIE



In her much-anticipated follow-up to the bestselling *Horse Speak*, Sharon Wilsie uses true stories to relate examples of "problems" and how they were solved using her techniques of equine-human communication. Her engaging narrative introduces readers to real-life scenarios from different barns, various disciplines, and riders and handlers with contrasting

experiences and backgrounds. Wilsie highlights her *Horse Speak* process, the clues that point to the best course of action, and the steps she takes to connect with horses that have shut down, grown confused, or become sulky or aggressive for any number of reasons. The result is a book full of incredible insight and exciting possibilities.

248 pp • 6 ½ x 9 ½
978 1 57076 859 0 • \$24.95 pb, Kindle, epub • #HOTR

Long-Reining with Double Dan Horsemanship
Safe, Controlled Ground Techniques for Building Partnership, Achieving Softness, and Overcoming Training and Behavioral Issues
DAN JAMES & DAN STEERS with KAYLA STARNES



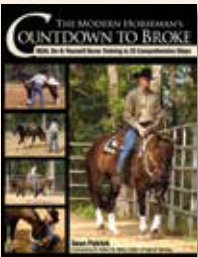
Australian equestrian stars Dan James and Dan Steers of Double Dan Horsemanship show every horse owner the basic steps to an infinitely useable training skill: long-reining. Long-reining benefits every equestrian discipline, improving the horse's self-carriage and responsiveness to the aids, and your feel and timing, like nothing else, and all from a safe and controlled position on the ground. Bring long-reining into your barn with these 20 lessons.

"Rich with information...The exceptional photographs of the various rein work involved make the instructions a pleasure to follow."

—Cowgirl Magazine

176 pp • 8¼ x 10¼ • 137 color photos
978 1 57076 740 1 • \$24.95 pb • #LORED0

The Modern Horseman's Countdown to Broke
Real Do-It-Yourself Horse Training in 33 Comprehensive Lessons
SEAN PATRICK



"I have never seen a book this meticulous in providing step-by-step instruction...It's a top-down, all-inclusive trip to the ultimate working, performance, or pleasure ride...you cannot mess this up—you are going to end up with a sane, well-trained horse."

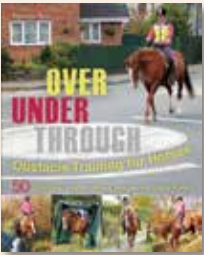
—Dr. Robert Miller

"Superbly organized and includes 288 color photos to illustrate exactly what you should be doing in the training process. It's presented in a very matter-of-fact style, with crystal clear directions that you can directly translate into your own training with your horse."

—The Horsemen's Yankee Pedlar

304 pp • 8½ x 11 • 288 color photos
978 1 57076 419 6 • \$29.95 pb, Kindle, Epub • #MOHOC0

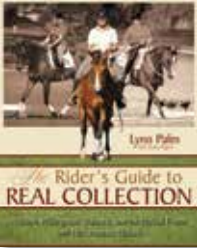
Over, Under, Through: Obstacle Training for Horses
50 Effective, Step-by-Step Exercises for Every Rider
VANESSA BEE



Creator of the International Horse Agility Club and 3-Minute Horsemanship Vanessa Bee now provides Six Blueprint Exercises to lay the foundation of skills you need as a trainer and a horse to go over, under, and through any obstacle. Then, she takes us through 50 common scenarios—such as riding over white lines or dark shadows, or riding past farm animals or marshmallow hay bales—and illustrates with small, building-block steps and photos, what is needed to change the horse's reaction and behavior, assuring a smoother, safer ride down the road.

176 pp • 8¼ x 10¼ • 200 color photos
978 1 57076 727 2 • \$27.95 pb • #OVUNT0

The Rider's Guide to Real Collection
Achieve Willingness, Balance, and the Perfect Frame with Performance Horses
LYNN PALM with STACY PIGOTT



A great primer to the sport of Western dressage, providing great exercises from Lynn Palm to get your horse forward, straight, and balanced.

"Horsewoman/superwoman Lynn Palm has brought us a book that can help both English and Western riders achieve better collection under saddle."

—The Horsemen's Yankee Pedlar

"An easy-to-use system of exercises that gradually collect any type of horse, regardless of his build and that are of particular value to stock horse breeds such as Quarter Horses, Paints and Appaloosas."

—Lone Star Horse Report

192 pp • 8¼ x 10¼ • 225 color photos, line drawings
978 1 57076 444 8 • \$19.95 hc, Kindle, Epub • #RIGURE

The Riding Horse Repair Manual
Not the Horse You Want? Create Him from What You Have
DOUG PAYNE



This fabulous guide to "fixing" horses with behavior and training problems provides causes and solutions for such common issues as bucking, bolting, rearing, spooking, lack of confidence, contact issues, jumping problems, and more.

"Solutions for nearly every kind of riding problem you could encounter... Payne's advice and solutions show an honest, thoughtful horseman who always looks for the good in any horse but doesn't shy away from a serious 'problem child.' If you've ever come across an issue with a horse young or old, experienced or not, you're sure to find an answer."

—The Chronicle of the Horse

"A great read and a handy tool to have in your training arsenal."

—Eventing Nation

192 pp • 8¼ x 10¼ • 150 color photos
978 1 57076 517 9 • \$29.95 pb, Kindle, Epub • #RIHORE

Sport Horse Soundness and Performance
Training Advice for Dressage, Show Jumping, and Event Horses from Champion Riders, Equine Scientists, and Vets
DR. CECILIA LÖNNELL



Relying on her veterinary background, in-depth research, and dozens of interviews with top riders and trainers from around the world—including Beezie Madden, Kyra Kyrklund, Carl Hester, and Pippa Funnell, to name just a few—Dr. Cecilia Lönnell provides guidelines for nurturing a happy, healthy equine athlete.

"Cecilia Lönnell has done a great service to the sport. What she's gathered here is so correct."

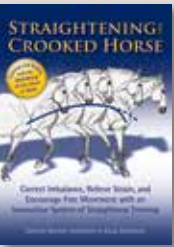
—George H. Morris, Former Chef d'Equipe US Show Jumping Team

"An equestrian dream team in a book. Read. Study. Learn."

—USDF Connection

160 pp • 7½ x 10 • 46 color photos
978 1 57076 837 8 • \$29.95 hc • #SPHOSO

Straightening the Crooked Horse
Correct Imbalance, Relieve Strain, and Encourage Free Movement with an Innovative System of Straightness Training
GABRIELE RACHEN-SCHÖNEICH & KLAUS SCHÖNEICH



"Whether used for starting a young horse that has never been ridden or correcting the adult horse, Straightening the Crooked Horse is an informative written treasure that every equestrian, trainer, and owner should own, read and use... a must read for anyone who loves horses and takes pride in their health, comfort, and performance."

—SideLines

160 pp • 6¾ x 9¾ • 50 color photos
978 1 57076 649 7 • \$24.95 pb • #STCRPB

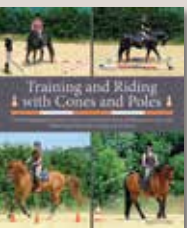
Training and Retraining Horses the Tellington Way
Starting Right or Starting Over with Enlightened Methods and Hands-On Techniques
LINDA TELLINGTON-JONES with ANDREA PABEL & AMANDA PRETTY



A thoughtful recipe for starting the young horse without stress, helping to establish the very best beginning, in hand and under saddle, as well as providing the necessary tools for giving an older horse a second chance by filling in training "holes" and reconfirming lessons that may have been poorly taught or forgotten. The result is a book with all the right ingredients and its heart in the right place: Whether starting right or starting over, Tellington-Jones' field-tested, compassionate answers are an excellent way to find connection while ensuring the horse a lifetime of success in the company of humans.

June 2019
Check www.HorseandRiderBooks.com for final price and specifications

Training and Riding with Cones and Poles
Over 40 Engaging Exercises to Improve Your Horse's Focus and Response to the Aids, While Sharpening Your Timing and Accuracy
SIGRID SCHÖPE



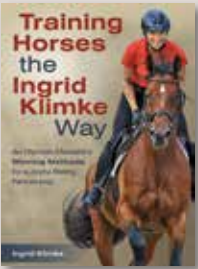
Training your horse to concentrate on a lesson, bend his body from nose to tail, and pay attention to where he places his feet: these are necessary foundation skills. Here's an incredibly handy guide to introducing and solidifying these concepts, as well as many others, with exercises using two very basic training tools: traffic cones and ground poles. Arranged in an easy-to-view format so you can work through the exercises progressively, or dip in and try ideas "à la carte," these pages provide all you need to reinvigorate arena workouts and keep both you and your horse engaged in the training process.

"This handy guide introduces and solidifies key concepts and many others with over 40 exercises using traffic cones and ground poles."

—Lone Star Horse Report

96 pp • 7 x 8½ • 140 color photos, 12 diagrams
978 1 57076 721 0 • \$19.95 hc spiral • #TRRIWI

Training Horses the Ingrid Klimke Way
An Olympic Medalist's Winning Methods for a Joyful Riding Partnership
INGRID KLIMKE



Olympic gold medal winner Ingrid Klimke is known for furthering her father Dr. Reiner Klimke's esteemed legacy with her modernized versions of his classic books (see p. 24). Now she has written a book of her own, detailing her personal system of bringing a horse along through the stages of progressive development, and providing readers guidelines and exercises to ensure success without stress at each milestone. The result is a joyful partnership between rider and horse that will go the distance.

"Ingrid Klimke is one of those rarest of creatures—the complete horsewoman."

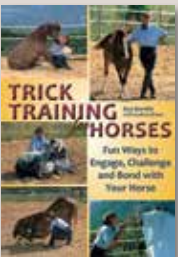
—The Horse Magazine

"The closest most of us will come to spending an extended period of time in the Klimke stable...wonderful insight into a top rider's training decisions."

—USDF Connection

176 pp • 7 x 9½ • 205 color photos, 12 diagrams
978 1 57076 826 2 • \$26.95 hc, Kindle, Epub • #TRHOIN

Trick Training for Horses
Fun Ways to Engage, Challenge, and Bond with Your Horse
BEA BORELLE



"This book, with 152 color photos, gives step by step instructions for more than 25 tricks, including classics such as bowing, kneeling sitting and lying down."

—Lone Star Horse Report

"If you're interested in a good challenge that could bring you and your horse closer, Borelle's guide is the perfect solution."

—The Horsemen's Yankee Pedlar

160 pp • 6¼ x 9½ • 152 color photos
978 1 57076 462 2 • \$22.95 pb • #TRTRFO

The Ultimate Horse Behavior and Training Book
Enlightened and Revolutionary Solutions for the 21st Century
LINDA TELLINGTON-JONES with BOBBIE LIEBERMAN



"...a user-friendly, step-by-step approach that helps resolve behavioral issues to develop a responsive, willing mount...With plenty of white space, 364 color photographs, and 81 color illustrations, the book is a pleasure to read."

—Western Horseman

"With a title like this, you expect a lot from page one. And Linda Tellington-Jones doesn't disappoint... Pictures are plentiful, and the book has a beautiful overall appearance. Best of all, it is written in a clear and engaging way... Keep this one nearby—you'll want to refer to it again and again."

—The Horsemen's Yankee Pedlar

344 pp • 8½ x 11 • 364 color photos, 81 color illustrations
978 1 57076 320 5 • \$31.95 pb, Kindle, Epub • #ULHOB0

RIDING

50 5-Minute Fixes to Improve Your Riding
Simple Solutions for Better Position and Performance in No Time
WENDY MURDOCH



"If you've got five minutes to spare in your day, then Wendy Murdoch can show you 50 ways to fine-tune your riding skills. Each of the focused exercises are designed to tackle one (or more) problems of the rider."

—The Horsemen's Yankee Pedlar

"You'll be amazed at how quickly you can replace old habits with new ones, get out of your 'riding rut,' and transform what you can't do into what you can do...naturally, capably, comfortably, and consistently in your ability to communicate with your horse."

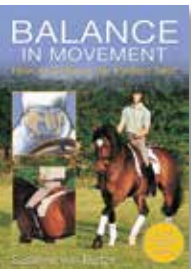
—Northwest Rider

"This is really good stuff."

—Dressage Today

224 pp • 8 x 8½ • 199 color photos, 45 illustrations
978 1 57076 455 4 • \$27.95 hc, Kindle, Epub • #50FIMI

Balance in Movement
How to Achieve the Perfect Seat
SUSANNE VON DIETZE



The first book to teach readers the anatomical requirements crucial for establishing the "perfect" seat.

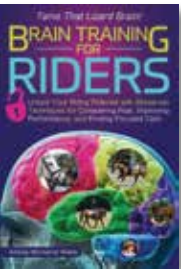
"Packed with useful information that guides you in exploring your own unique body structure and its way of movement...With [this book] you can refine your muscle control, perfect your position and balance, and become a more subtle and precise rider."

—Dressage Today

This book is on the USDF Instructor Certification Recommended Reading List.

224 pp • 7½ x 10 • 244 color photos, color illustrations
978 1 57076 744 9 • \$29.95 pb • #BAMOPB

Brain Training for Riders
Unlock Your Riding Potential with StressLess Techniques for Conquering Fear, Improving Performance, and Finding Focused Calm
ANDREA MONSARRAT WALDO



Learn how manage your "lizard brain"! Here are tools to handle uncomfortable emotions, such as fear, anger, anxiety, and embarrassment; hone your mental game and focus your riding time to get the most out of your hours in the saddle; care for your emotional injuries the same way you would care for an injured horse; and tap into the skills you have (whether you know it or not!)

"Unlocks many secrets as to how and why riders can avoid becoming uptight and anxious in the horse world...inspiring and informational."

—Warmbloods Today

"Whether you have taken a knock, are in love with the wrong horse for the wrong reasons, or need to upgrade your success in the competition world, this book is for you."

—Catskills Horse

224 pp • 6 x 9
978 1 57076 751 7 • \$18.95 pb, Kindle, Epub • #RIBR

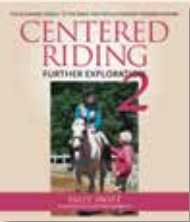
Centered Riding
SALLY SWIFT

"Indispensable...wonderfully explicit.... A work of truly remarkable originality and ingenuity."

—William Steinkraus, Olympian and Author of Reflections on Riding and Jumping

224 pp • 8 x 9½ • 187 b/w illustrations
978 0 312 12734 3 • \$27.99 hc • #CERI

Centered Riding 2
Further Exploration
SALLY SWIFT



Sally Swift teaches riders new concepts that evolved after Centered Riding's inception.

"... a worthy companion to its classic predecessor..."

—Horse & Rider

"Not a book to be read, but a book to be lived in...destined also to become a classic and a staple on the shelf of committed riders."

—The Horsemen's Voice

272 pp • 153 color photos, 93 drawings
\$19.99 Kindle, Epub

Fit & Focused in 52
The Rider's Weekly Mind-and-Body Training Companion
COACH DANIEL STEWART



One exercise for the body, and one for the mind, for every week of the year. The end goal is attaining full-on fitness that improves performance on horseback, whatever your age, ability, or discipline. With 52 weeks of creative cross-training, and loads of ideas for customizing workouts to fit personal goals and lifestyle schedules, riders are sure to find themselves positive, pumped up, and ready to go.

"Daniel Stewart's mental and physical training exercises would be a great addition to any rider's program. I'm a big fan of his."

—Boyd Martin, US Olympian

184 pp • 9½ x 9½ • 458 color photos and illustrations
978 1 57076 807 1 • \$27.95 hc spiral, Kindle, epub • #CODAST

Fit to Ride in 9 Weeks
Achieve Straightness, Suppleness, and Stamina in the Saddle—and Stay That Way
HEATHER SANSOM



Certified personal trainer and riding coach Heather Sansom has developed an utterly achievable 9-week fitness plan to help every rider ride her best. While being fair to your horse.

"Provides a detailed road map to equestrian fitness...you will get a lot fitter and your riding will improve, whatever your equestrian discipline."

—USDF Connection

208 pp • 8¼ x 10¼ • 300 color photos, 50 illustrations
978 1 57076 730 2 • \$27.95 pb, Kindle, Epub • #FIFORI

How Good Riders Get Good

Daily Choices that Lead to Success in Any Riding Discipline
DENNY EMERSON



“A tough-love approach to helping you become the best rider you can be, by guiding you to make the right choices....I’ve never seen [a book] quite like this.” —The Horsemen’s Yankee Pedlar

“Filled with so many life stories from Emerson and hundreds of inspirational quotes from riders and nonriders that could have easily made a quote-of-the-day calendar! Anyone searching for a positive boost in a quest to better himself will find Emerson’s perspective, analysis, and advice valuable.” —The Chronicle of the Horse

“Includes the stories of 23 of the world’s top riders to tell us how they ‘got good.’” —Horse & Rider

252 pp • 7 x 8 ½ • 60 color and b&w photos
978 1 57076 437 0 • \$29.95 hc, Kindle, Epub • #HOGORI

It’s Not Just About the Ribbons

It’s About Enriching Riding (and Life) with a Winning Attitude
JANE SAVOIE



A follow-up to Jane Savoie’s bestselling *That Winning Feeling!* (p. 29). Readers will find a bounty of new material that will take them deeper into the world of mental training.

“...self-motivating techniques that span all riding disciplines...You’ll find yourself reaching for this book again and again.” —Horse & Rider

“... Jane Savoie has produced another winning book. . . sure to inspire riders while helping them achieve their dreams.”

—The Horsemen’s Yankee Pedlar

256 pp • 7 x 8 ½ • 63 color photos, 75 color drawings
978 1 57076 401 1 • \$19.95 pb, Kindle, Epub, Audio • #ITNOJP

Longeing the Rider for a Perfect Seat

A How-To Guide for Riders, Instructors, and Longeurs
LINDA BENEDIK



A step-by-step guide to both longeing others and being longed. Includes a special section on equestrian vaulting.

“Wonderful!!! This is the book we have all been looking for; a practical how-to book that will not only help develop the ‘perfect’ riding seat but will help develop sensitivity in your riders, your vaulters, and yes, even yourself as an instructor. . . . This book is a must for every riding and vaulting instructor!” —Vaulting World

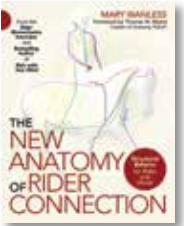
“You’ll find suggestions on how to develop effective longeing sessions for riders at various levels, and numerous helpful rider exercises, each accompanied by eye-catching photographs and easy to understand step-by-step instructions.” —Equine Wellness

“Both beginners and experienced riders can benefit immensely from longe work without reins, developing the sensitivities of the rider while preserving those of the horse.” —Horse Illustrated

248 pp • 8¼ x 10¼ • 210 color photos, 28 illustrations
978 1 57076 384 7 • \$19.95 pb • #LOTHRI

The New Anatomy of Rider Connection

Structured Balance for Rider and Horse
MARY WANLESS



Rider biomechanics pioneer Mary Wanless explores the characteristics of the body’s fascia and why understanding how it works not only improves a rider’s balance and coordination, but also enhances “feel.” The key to becoming a quieter, more effective rider while addressing the same kind of imbalances in your horse.

“Approachable, easy to understand and well-illustrated.” —Horse Nation

224 pp • 7 ½ x 10 ½ • 100 color photos and illustrations
978 1 57076 825 5 • \$29.95 pb • #NEANRI

Pressure Proof Your Riding

Mental Training Techniques to Gain Confidence and Get Motivated So You Achieve Peak Performance
DANIEL STEWART



A spirited and engaging book from one of the top equestrian sport psychologists in the world.

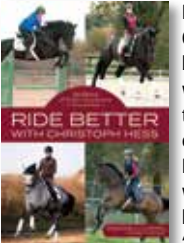
“Walks readers through specific tools and tricks to manage and overcome the anxiety and shares tips on how to enjoy every minute of performing.” —Dressage Today

“Whether you are a serious competitor or just starting out, this book will inspire you to reach for your goals, while having fun with your horse.” —Equine Journal

272 pp • 7 x 8 ½ • 70 color photos, 92 illustrations
978 1 57076 541 4 • \$26.95 pb, Kindle, Epub • #PRPRYO

Ride Better with Christoph Hess

Dozens of Rider Questions Answered
CHRISTOPH HESS



Renowned horseman and FEI judge Christoph Hess shares some of his very best riding and training tips along with well-honed insight related to the topics that he finds most often challenge equestrians and their equine partners. Find thoughtful, easy-to-apply advice when dealing with issues with the gaits; high-headedness or the horse that is “too light” in the poll; inconsistency of

performance; leaning on the bit; falling out; lack of straightness; and much more.

“Deserves to be a bookshelf reference for every barn, regardless of discipline.” —Horse Nation

184 pp • 6 ½ x 9 ½ • 62 color photos and 55 illustrations
978 1 57076 858 3 • \$29.95 pb • #RIBEWI

Ride Right with Daniel Stewart

Balance Your Frame and Frame of Mind with an Unmounted Workout and Sports Psychology
DANIEL STEWART

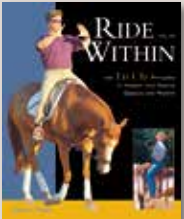


The horse is one half of an athletic partnership. The rider’s physical and mental fitness affects the end performance of the team, and warming up, conditioning, diet, and psychological stability are key to success. Daniel Stewart’s first book helps equestrians improve their bodies and minds on the ground, so they ride better.

192 pp • 8¼ x 10¼ • 200 color photos and illustrations
\$18.99 Kindle, Epub

Ride from Within

Use Tai Chi Principles to Awaken Your Natural Balance and Rhythm
JAMES SHAW



Combining Tai Chi with horsemanship offers a rider the opportunity to become “one” with her horse.

“With the use of spectacular photography, informative text and a gift for explaining complex ideas, Shaw has developed a marvelous book.” —The American Quarter Horse Journal

“A book such as this could open up a new philosophy on riding and a new way to think of a human body in balance with a horse’s body.”

—The Chronicle of the Horse

258 pp • 8 x 10 • 137 color photos, 26 line drawings
978 1 57076 318 2 • \$29.95 pb • #RIFRWI

Rider & Horse Back to Back

Establishing a Mobile, Stable Core in the Saddle
SUSANNE VON DIETZE with ISABELLE VON NEUMANN-COSEL



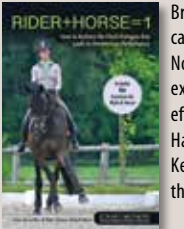
Discover how to dynamically stabilize your back so you can ride with “feel” and in tune with riding’s demands on your body, and your horse’s, at all times. Includes exercises to improve flexibility, dexterity, mobility, and stability.

“Easily digested and taken to the barn to be put into practice.” —Horse Journal

192 pp • 6 ½ x 9 ½ • 278 color photographs, 19 color diagrams
978 1 57076 465 3 • \$29.95 hc • #RIANHO

Rider+Horse=1

How to Achieve the Fluid Dialogue that Leads to Harmonious Performance
ECKART MEYNERS, HANNES MÜLLER & KERSTIN NIEMANN



Bringing rider and horse together so they can move as one is a complex equation. Now sports physiologist and movement expert Eckart Meyners has combined efforts with German Riding School Head Hannes Müller and St. Georg editor Kerstin Niemann to provide a book with the answers.

200 pp • 6 ¾ x 9 ½ • 248 color photos and diagrams
978 1 57076 705 0 • \$29.95 hc • #RILPHO

NEW EDITION

The Rider’s Pain-Free Back

Overcome Chronic Soreness, Injury, and Aging, and Stay in the Saddle for Years to Come
JAMES WARSON, MD with AMI HENDRICKSON

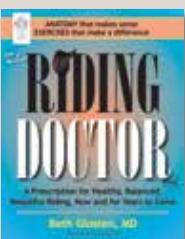


If you’re a horseperson, back pain is of particular concern since everything you do on and around horses demands a supple, strong, healthy back. This book provides all the practical information needed to understand the diagnosis, treatment, and pain management related to a rider’s back problems, whether they are inherited, or caused by riding, trauma, illness, posture, pregnancy, or aging.

March 2019
Check www.HorseandRiderBooks.com for final price and specification

The Riding Doctor

A Prescription for Healthy, Balanced, Beautiful Riding, Now and For Years to Come
BETH GLOSTEN, MD



Dr. Beth Glosten applies her clinical research skills to figure out what it takes to not only create the harmonious picture of horse and rider moving together, but to feel good while doing it. Readers will find rider anatomy that is easy to understand and over 50 highly illustrated, step-by-step exercises geared toward developing riding skills.

“Remarkably clear and understandable explanations of riding anatomy and what our bodies ‘do’ on horseback, for riders of all ages, abilities, and equestrian disciplines.” —Lone Star Horse Report

“Each exercise could benefit anyone, but Glosten’s instructions are laced with real-life stories and examples of how they create a better, more effective equestrian. . . . The Riding Doctor makes me think of a more technical, practical Centered Riding: sort of a ‘Centered Riding for the Rest of Us.’” —Equestrian Ink

232 pp • 8 ¼ x 10¼ • 315 color photos, 42 illustrations
978 1 57076 664 0 • \$29.95 pb, Kindle, Epub • #RIDO

Riding through Thick and Thin

Make Peace with Your Body Image—In and Out of the Saddle
MELINDA FOLSE



Many women have been locked in a battle with their bodies for as long as they can remember. And when it comes to riding horses, they drag their arsenal of self-doubt with them every time they swing up into the saddle. Horsecwoman Melinda Folse gives us straight talk and tools to conquer bad body image.

“Addressed with a splash of humor to make the reader feel like you are talking to your sister, Folse takes the focus away from changing your body and redirects it to changing the way you think about yourself. No matter your size, give this a read if you’ve ever had a moment of self-doubt (as we all have) about your riding or your body.” —Equine Journal

“Folse would like riders to understand that they can be effective equestrian athletes even if they don’t look like the models in the breeches ads. Maybe they can even learn to like the reflection in the arena mirror.” —USDF Connection

“Horseback riding enthusiasts and health conscious women of every size will find something to appreciate in this how-to, informative, and humorous book.” —Cowgirl Magazine

440 pp • 7 x 8 ½ • 978 1 57076 657 2
\$24.95 pb, Kindle, Epub • #RITHTH

The Right Track

Arena Exercises for Riders and Instructors
SARAH VENAMORE



“This book, with over 180 original exercises, helps keep flatwork fresh for single and group riders of all abilities...it can be laid out flat, making it easy to read at the stable... No doubt about it, The Right Track will quickly become a permanent fixture in many tack boxes.” —Horse Illustrated

“Whether you’re an instructor looking for ideas or a rider looking to break out of riding the endless circles, this book deserves a spot in your tack trunk.” —Practical Horseman

194 pp • 5 ½ x 8 • color patterns throughout
978 1 57076 369 4 • \$19.99 spiral bound • #RITR

That Winning Feeling!

Program Your Mind for Peak Performance
JANE SAVOIE



The acclaimed bestseller by Olympic coach and popular motivational speaker Jane Savoie presents a revolutionary approach to riding by which you can train your mind and shape your attitudes to achieve higher levels of skill than ever imagined.

“Savoie will charge your batteries.”

—Dressage & CT

“Logical and easy...works for every rider.”

—The Chronicle of the Horse

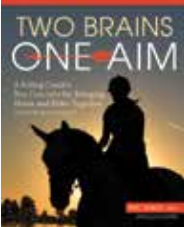
160 pp • 6 x 9 • 25 b/w photos, 40 drawings
978 1 57076 049 5 • \$14.95 pb, Kindle, Epub • #THWIFP

NEW IN 2019

Two Brains, One Aim

A Riding Coach’s Key Concepts for Bringing Horse and Rider Together (and Ending in Success!)

ERIC SMILEY with ELLIE HUGHES

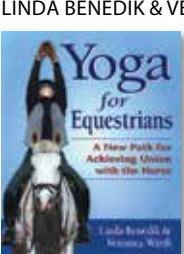


International team coach Eric Smiley strives to educate riders on being taught, and perhaps, one day, becoming the teachers. His aim is to bring together the mind of the rider with the mind of the horse, while highlighting the key component in their synergy: understanding. It is how that understanding is acquired, retained, and put to use that is the key to success.

January 2019
Check www.HorseandRiderBooks.com for final price and specifications

Yoga for Equestrians

A New Path for Achieving Union with the Horse
LINDA BENEDIK & VERONICA WIRTH



The original book on yoga for riders! Learn how to enhance your riding skills through awareness exercises, visualization, and meditation, and improve your strength, flexibility, and balance through mounted and unmounted yoga routines.

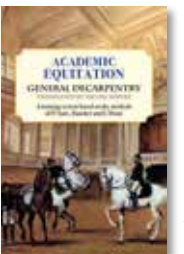
“A pioneering work...something equestrians needed and should have expected a long time ago.” —Dressage Today

192 pp • 7 ½ x 10 ½ • 50 color, 50 b/w photos, 35 line drawings
978 1 57076 136 2 • \$29.95 pb • #YOFOEQ

DRESSAGE

Academic Equitation

A Training System Based on the Methods of D’Aure, Baucher, and L’Hotte
GENERAL DECARPENTRY



Originally written and published in 1949, *Academic Equitation* was considered by dressage experts to be the most important contribution to classical training in the twentieth century.

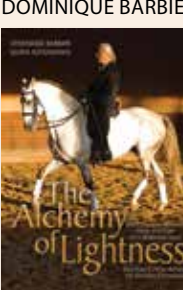
“An invaluable source of information... you might discover things you’ve never thought of before.” —Dressage Today

This book is on the USDF Instructor Certification Recommended Reading List.

282 pp • 6 ½ x 9 ½ • 15 b/w photos, line drawings
978 1 57076 550 6 • \$34.95 pb, Kindle, Epub • #ACEQPB

The Alchemy of Lightness

What Happens Between Horse and Rider on a Molecular Level—And How It Helps Achieve the Ultimate Connection
DOMINIQUE BARBIER & DR. MARIA KATSAMANIS



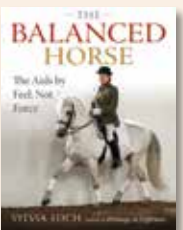
Truly become one with your horse with “molecular equitation,” or the “scientific study of the interplay of mechanisms put in motion when man and horse meet, communicate, and ultimately become one.” Authors Dominique Barbier and Dr. Maria Katsamanis explain how you as the rider have to change your consciousness in order to change your riding.

“Inspirational photographs, quotes and stimulating questions—all of which aim to shed light on the phenomena that come into play whenever a horse and rider interact.” —Practical Horseman

144 pp • 8 ¼ x 10 ¼ • 30 color photos & 15 illustrations
\$17.99 Kindle, Epub

The Balanced Horse

The Aids by Feel, Not Force
SYLVIA LOCH



Classical dressage authority Sylvia Loch explores every request the rider makes of the horse and the physiological and psychological effect it has. A valuable guide to developing deeper, more honest communication with the horse.

“For any rider who would like to gain confidence in developing a clear and correct way to communicate with a horse.” —Practical Horseman

“How to develop an understanding of your horse through proper aids, not force.... A welcome addition to any dressage enthusiast’s library.”

—Dressage Today

“Each well-illustrated chapter includes suggested school exercises and ends with classical quotes from great riders, trainers, and equestrian thinkers.” —Lone Star Horse Report

224 pp • 7 ½ x 9 ½ • 75 color photos
978 1 57076 622 0 • \$39.95 hc • #BAHOR

The Circle of Trust

Reflections on the Essence of Horses and Horsemanship
WALTER ZETTL



Walter Zettl discusses those who have a critical influence on the welfare of horses and the future of dressage: The breeder, the owner and sponsor, the rider, the trainer and/or instructor, the stable manager and groom, the show committee, and the judge.

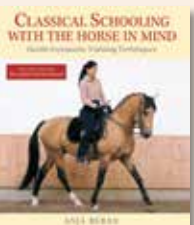
“Teaches that riding alone is not enough...I hope that all horse people take Zettl’s knowledge to heart.”

—Christoph Hess, FEI Judge and Author of *Ride Better with Christoph Hess*

“Each paragraph reflects a profound love for the horses, whose well being is very close to his heart.” —Col. Kurd Albrecht v. Ziegner, Renowned Dressage Trainer

176 pp • 8 x 9 • color photos & line drawings
978 0 939481 77 4 • \$19.99 hc • #CITR

Classical Schooling
with the Horse in Mind
Gentle Gymnastic Training Techniques
ANJA BERAN



Anja Beran provides readers a classical riding “how-to” guide, beginning with developing the rider’s mind, physical condition, seat on the horse, and instruction. Then readers learn how to choose a horse and manage him properly before training him in the classical ideal.

“For a long time now there has been a need for such a book—unreservedly dedicated to the well-being of the horse, despite training to the very highest level. It should become standard reading for every dedicated horse-lover.”—Klaus Balkenhol, Former Chef d’Equipe US Dressage Team

192 pp • 9 x 10 ½ • 85 color, 25 b/w photos, 33 drawings
978 1 57076 374 8 • \$45.00 hc • #CLSCW1

Collection or Contortion?
Exposing the Misconceptions and Exploring the Truths of Horse Positioning and Bend
DR. GERD HEUSCHMANN



Ten years ago, Dr. Gerd Heuschmann rocked the equestrian world with his international bestseller *Tug of War*, a searing indictment of modern training and riding techniques that are sometimes used to the detriment of the horse. Now Dr. Heuschmann returns with this follow-up book: a critical examination of two concepts—flexion and bend—that are necessary to understand in absolute terms when the goal is to achieve collection on horseback.

“Using photographs and superbly rendered anatomical illustrations, Heuschmann explains the differences between correct and incorrect flexion and bend...the visuals will prove helpful to many riders.”

—USDF Connection

112 pp • 6 ½ x 8 • 26 color, 10 b/w photos, 26 illustrations
978 1 57076 777 7 • \$16.95 pb • #ANPOBE

Collective Remarks
A Journey Through the American Dressage Evolution: Where It’s Been, Where We Are, and Where We Need to Be
ANNE GRIBBONS



A world renowned dressage judge and former US Olympic coach, Anne Gribbons has had the unique experience of living the trajectory of the evolution of dressage in the United States—and has always been willing to share her knowledge and guidance in her popular column in *The Chronicle of the Horse*. Now, the best (and sometimes the worst!) of Anne’s personal experiences over the course of almost 20 years are gathered into one immensely entertaining sourcebook of history, humor, and wit.

“The world-renowned dressage judge and former Olympic coach, Anne Gribbons, shares a lifetime of knowledge in this delightful, often humorous read....Gribbons’ trademark style and wit show through as she instructs us on improving our horses and our ability to compete with success and integrity.”

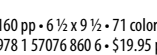
—Equine Journal

“Words from the wise...everything from historical information to anecdotes to discussion of controversies and predictions for the future.”

—Dressage Today

384 pp • 7 x 8 ½ • 20 illustrations
978 1 57076 683 1 • \$27.95 pb, Kindle, Epub • #CORE

Creative Dressage Schooling
Enjoy the Training Process with 55 Meaningful Exercises
JULIA KOHL



Bored in the arena? Change it up with fresh ideas! Riders looking for new tools to add to their training routines will delight in these exercises.

“I recommend this book to adult amateurs, young or old, who want to broaden or review their knowledge of classical dressage...Add this tool to your training arsenal, don’t rush through it, and practice in an indoor with mirrors to supplement your program this winter.”

—USDF Connection

“Upbeat patterns and exercises that add variety and challenge to everyday workouts.”

—Dressage Today

160 pp • 6 ½ x 9 ½ • 71 color photos, 55 illustrations
978 1 57076 860 6 • \$19.95 pb • #CRDRPB

The Dressage Horse Manifesto
Training Secrets, Insight, and Revelations from 10 Dressage Horses
YVONNE BARTEAU



“Barreau has used her knowledge, decades of experience, and success in and out of the dressage ring to help put to paper what 10 different dressage horses would say to you about horse training if they could.”

—Horse Illustrated

“Insightful...solid and workable advice.”

—USDF Connection

“A must-read for anyone who wants to improve their horse’s way of going on the flat...lots of practical exercises for you to try and there’s a handy section on solving common problems, too.”

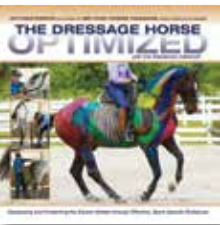
—Your Horse

“Written from the horse’s perspective, this book is an invaluable guide to training the horse from start to finish...[It] will help achieve the goal of harmony that is so important in dressage. A must-read for all dressage enthusiasts.”

—Hilda Gurney, FEI “I” Judge and Bronze-Medal-Winning Olympian

184 pp • 7 ½ x 9 ¾ • 70 color photos
978 1 57076 708 1 • \$26.95 pb, Kindle, Epub • #DRHOMA

The Dressage Horse Optimized
with the Masterson Method
Developing and Preserving the Equine Athlete through Effective and Sport-Specific Bodywork
JIM MASTERSON & CORALIE HUGHES



Learn hands-on ways we can help optimize the dressage horse’s suppleness, flexibility, balance, and movement while easing the effects of common stressors on the musculo-skeletal system—that is, make his body as perfect, effective, and pain-free as possible. Join the creator of the Masterson Method of equine bodywork Jim Masterson, along with Masterson Method practitioner Coralie Hughes, Grand Prix dressage rider Betsy Steiner, and creator of Anatomy in Motion™ The Visible Horse Susan Harris as they clearly demonstrate steps we can take to make our horses comfortable, happy athletes for years to come.

“Masterson’s gentle approach looks like a worthy addition to [my horse’s] bodywork regimen.”

—USDF Connection

176 pp • 9 x 9 ¼ • 260 color photos, 25 illustrations
978 1 57076 722 7 • \$31.95 hc wiro • #DRMORE

Dressage Q & A with Janet Foy
Hundreds of Your Questions Answered: How to Ride, Train, and Compete—and Love It!
JANET FOY



FEI/USEF dressage judge Janet Foy responds to hundreds of dressage questions in an easy-to-engage-with Q-and-A format. Readers find no-nonsense answers to everything from understanding how horses learn the movements to really “getting” the importance of the outside rein to gaining coordination and “throughness.” As always, Foy’s enthusiasm emanates from her words, and her drive to provide solid understanding is underscored by her insistence that dressage is, above all, fun.

“Very good teaching theories here that every trainer should know and some solid advice for both the teacher and the student.”

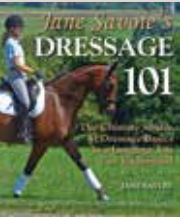
—TheHorseStudio.com

“Foy tackles some of the ‘third rail’ dressage questions... Her responses will both enlighten and entertain.”

—USDF Connection

152 pp • 7 x 10
978 1 57076 674 9 • \$24.95 pb, Kindle, Epub • #DRQAW1

Dressage 101
The Ultimate Source of Dressage Basics in a Language You Can Understand
JANE SAVOIE



A one-volume edition of the best-selling *Cross-Train Your Horse and More Cross-Training!* Finally, you have a simple, riddle-free system of training that places a high priority on the horse’s physical and mental well-being.

“Pick up Jane Savoie’s Dressage 101. She has tailored the book to all disciplines. You must really take the time to read it, study it, understand and practice it. I’ve found Jane’s methods to be enormously helpful to my own riding and teaching. It’s not just a read, but a must-read.”

—George Morris, Former Chef d’Equipe US Show Jumping Team

“A whole plan for how to develop your dressage skills and your horse’s performance from beginning to end.”

—Horsemen’s Yankee Pedlar

“Clear and concise...gives you the basic tools to communicate with your horse and develop his body and movements.”

—Practical Horseman

488 pp • 8 x 9 • 310 color photos, 275 diagrams
978 1 57076 480 6 • \$34.95 pb • #JASADR

Dressage for No Country
PAUL BELASIK



Classical dressage trainer and renowned author Paul Belasik shares a lifetime of searching and studying, both through stories of his own adventures and thoughtful essays on the subjects he has pondered during the years he has trained and ridden horses. Beginning in northern New York, and traveling to Portugal, and later, Vienna, Belasik serves as a tour guide of the various dressage “paths” he had the chance to explore, including the German system, the Portuguese art of equitation, and the revered institutions of the Spanish Riding School. Armed with the knowledge and experience he accrued over time, Belasik debates whether classical dressage and competition dressage are at all compatible.

April 2019
Check www.HorseandRiderBooks.com for final price and specifications

Dressage for the Not-so-Perfect Horse
Riding Through the Levels on the Peculiar, Opinionated, Complicated Mounts We All Love
JANET FOY with NANCY J. JONES



International dressage judge Janet Foy has compiled her best tips for training and showing the horse you have (or the horse you love, despite his “faults”) through the levels.

“These training tips and innovative ways to turn idiosyncrasies into successes will prove to be invaluable to any aspiring rider.”

—Equine Journal

“I have a pretty huge equestrian library but in the future, any problem that presents itself, this book will be the first place I will go for help.”

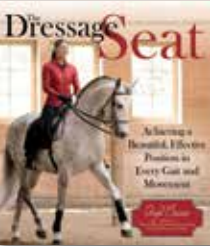
—Dressage Today

“What is perfect is the way this book is put together. With little effort, you can find your problem and get a workable solution.”

—Horse Journal

240 pp • 8 ¼ x 10 ¼ • 50 color photos
978 1 57076 509 4 • \$32.95 hc, Kindle, Epub • #DRNOPE

The Dressage Seat
Achieving a Beautiful, Effective Position in Every Gait and Movement
ANJA BERAN



Moving progressively through the gaits and dressage movements, renowned classical dressage trainer Anja Beran provides examples and exercises that instruct the reader in the placement of the body, from head to heels, in relation to the horse and how he is moving. In addition, she troubleshoots common problems and provides off-horse exercises to correct bad habits and resolve issues.

“A beautiful yet educational book about the rider’s seat. Any level of dressage rider will appreciate this book!”

—Equine VIP

“Exercises for improving your posture, mobility, and effectiveness.”

—USDF Connection

“With stunningly beautiful photographs and clear descriptions, classical dressage authority Anja Beran breaks down the physical requirements of the rider’s seat on the horse, as well as its responsibilities during various movements.”

—Northwest Horse Source

176 pp • 9 ¼ x10 ½ • 185 color photos, 37 color illustrations
978 1 57076 793 7 • \$39.95 hc • #DRSE

Dressage in Harmony
From Basic to Grand Prix
WALTER ZETTL



Maybe the best way to introduce this book is to quote Max Gahwyler when he read the book when it was in manuscript form: “You must publish this. It is superb!” We agree this is truly one of the clearest, most readable books on training dressage ever written. It’s just delightful!

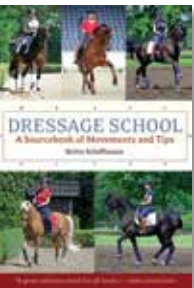
“If you are not fortunate enough to be taught by Walter Zettl personally, he gives you in this book a very valuable guide to the art of classical riding.”

—Egon von Neindorff

This book is on the USDF Instructor Certification Recommended Reading List.

266 pp • 6 x 9 • line drawings
978 1 57076 831 6 • \$28.95 pb, Kindle, Epub • #DRHA

Dressage School
A Sourcebook of Movements and Tips
BRITTA SCHÖFFMANN



In this fantastically detailed and uniquely organized reference, readers discover the what, the how, and—most importantly—the why of more than 100 dressage movements. Now with all new color photographs of riders of various levels and on different breeds of horse show how each movement should look when ridden correctly. Includes common mistakes and how to avoid them, as well as the benefits of each exercise and how it contributes to the “bigger picture” of the dressage training scale.

“A great reference book for all levels.”

—USDF Connection

“Schöffmann has done a crackerjack job of organizing her useful book.”

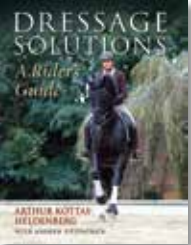
—Dressage Today

“Clear dressage advice, sans fluff.”

—Horsemen’s Yankee Pedlar

April 2019
Check www.HorseandRiderBooks.com for final price and specifications

Dressage Solutions
A Rider’s Guide
ARTHUR KOTTAS-HELDENBERG with ANDREW FITZPATRICK



Common problems and sensible solutions in the areas of longeing, introducing the horse to a rider, developing the rider’s seat, lateral work, advanced canter schools, piaffe, and passage. Throughout, readers will find an emphasis on developing trust and respect between horse and rider.

“Riders of all levels and disciplines can use the information in this book to improve their skills in the saddle.”

—Practical Horseman

“An invaluable dressage guide for both intermediate and advanced riders.”

—Dressage Today

“Illustrated throughout with photographs and diagrams to show correct examples and faults...an invaluable guide for both intermediate and advanced riders.”

—Mid-South Horse Review

208 pp • 7 ½ x 9 ½ • 80 color photos, 67 illustrations
978 1 57076 682 4 • \$39.95 hc • #DRSO

Dressage Training In-Hand
Lessons in Straightness, Suppleness, and Collection from the Ground
KATHRIN ROIDA



Renowned in-hand trainer Kathrin Roida relies on in-hand techniques to start young horses, to vary the training of the fully schooled riding horse, and to solve problems that may be more safely dealt with from the ground. In this book she details her methods, sharing the stories of a number of horses of different ages, breeds, and training backgrounds, and demonstrating the steps to teaching them: shoulder-in, travers, renvers, piroettes, half-pass, piaffe, passage, canter work, the Spanish walk, and much more.

144 pp • 6 ¾ x 9 ½ • 217 color photos, 10 illustrations
978 1 57076 902 3 • \$29.95 hc • #DRTRHA

Dressage with Kyra
The Kyra Kyrklund Training Method
New, Revised Edition
KYRA KYRKLUND & JYTTE LEMKOW



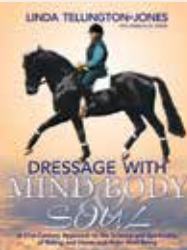
Olympian Kyra Kyrklund clearly explains the logical, systematic training methods that have brought her success.

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WILLIAM CAVENDISH, DUKE OF NEWCASTLE



A landmark in the development of equestrian technique. William Cavendish’s emphasis on systematic and humane training was revolutionary for its era, and his teaching has exerted a lasting and far-reaching influence on the art of riding. It was first published in a French edition in 1658, illustrated with 42 superb engravings, all of which are included in this edition.

This book is on the USDF Instructor Certification Recommended Reading List.

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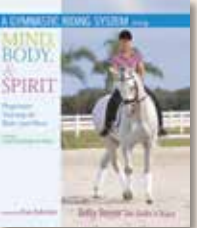
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Progressive Training for Rider and Horse
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International dressage rider and trainer Betsy Steiner's unique and well-rounded approach gives comparable attention to the body, mind, and spirit of both rider and horse as they ascend the classical training pyramid together. Includes a Pilates exercise program for riders!

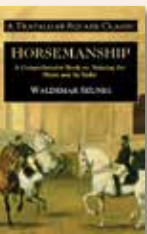
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One of the most comprehensive and enduring books ever written on the training of horse and rider, from the basics to haute école.

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Major Anders Lindgren's Teaching Exercises

A Manual for Instructors and Riders
ANDERS LINDGREN

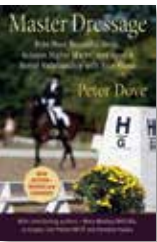


Since first coming to the US in 1981, Major Anders Lindgren established a well-deserved reputation as an excellent, clear, methodical, and delightful teacher. His innovative system using traffic cones in his progressively arranged exercise patterns, combined with his use of colorful imagery, has helped countless instructors and riders understand and improve.

160 pp • 6 ½ x 9 ½ • b/w photos and illustrations
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Master Dressage

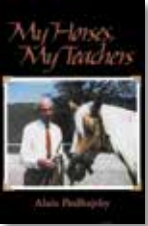
Ride More Beautiful Tests, Achieve Higher Marks, and Have a Better Relationship with Your Horse
PETER DOVE



Using the steps of Accuracy, Fluidity, Understanding, Practice, and Review, this book gives readers a clear framework on which they can depend. These steps reveal where readers could be losing valuable marks while clarifying what is needed to achieve much higher scores via a philosophy of communication, empathy, and skill development.

My Horses, My Teachers

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This classic memoir by the former director of the renowned Spanish Riding School explores the age-old relationship between horse and rider.

“Finally, it's available again!...From this candid, instructive account of [Podhajsky's] own methods, mistakes, and discoveries, every horseman may acquire new confidence and skill. Don't miss this one!”

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Nature, Nurture and Horses

A Journal of Four Dressage Horses—From Birth through the First Year of Training
PAUL BELASIK



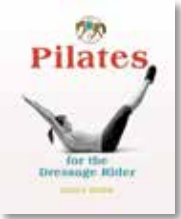
In the spring and summer of 2007, four horses were born. Follow along as these four horses experience their first steps, their first human touches, and their first year of training, covering a span of almost four years.

“The concepts being discussed here would be helpful for anyone who starts youngsters.” — **Horse Journal**

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Pilates for the Dressage Rider

JANICE DULAK



While they use different terms, both Pilates and dressage share an emphasis on the torso, or “Powerhouse” in Pilates-speak, and achieving core strength, good posture and muscle flexibility. The goals of a Pilates program are often identical to what riders try to achieve in the saddle in the sport of dressage. The exercises in this book have been culled from over 500 Pilates exercises and have been specifically chosen to best suit the needs of the dressage rider.

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Ridden

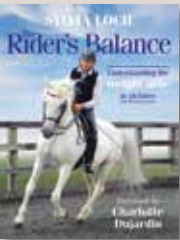
Dressage from the Horse's Point of View
ULRIKE THIEL



Experience the “process” of being ridden both physically and psychologically. Ulrike Thiel discusses classical schooling and modern competitive dressage from the horse's perspective, offering precise advice for bettering the horse-rider relationship based on recent scientific findings in psychomotor education, horse training theory, horse and human biomechanics, and equine behavior.

The Rider's Balance

Understanding the Weight Aids in Pictures
SYLVIA LOCH



Developing an understanding of “weight aids” ensures that riders cultivate better balance and “feel,” ultimately riding with more empathy and a finer connection. In this book, Loch provides an image-driven visual guide that shows how each tiny shift of the rider's weight affects the horse's balance. With the help of dozens of illustrations and color photographs, she demonstrates the minute changes in rider position that determine a horse's comprehension of instruction, as well as his physical ability to perform.

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Riding with Oliveira

My Time with the Mestre—Forty Years Later
DOMINIQUE BARBIER & KERON PSILLAS



Over several years Dominique Barbier had the unique opportunity to form an intimate relationship with Mestre Nuno Oliveira, and in this deeply personal book he chronicles their time together. Includes commentary from three other equestrians who studied with the Mestre: Dany LaHaye, Bettina Drummond, and Luis Valença, and gorgeously illustrated with images by Keron Psillas.

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The Seven Deadly Sins of Dressage

How to Overcome Human Nature and Become a More Just, Generous Riding Partner for Your Horse
DOUGLAS PUTERBAUGH with LANCE WILLS



Learn the signs of each of the sins, steps to overcome them, and ways to check yourself so you know when you can move on.

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Taking Up the Reins

A Year in Germany with a Dressage Master
PRISCILLA ENDICOTT



In this personal memoir, Priscilla Endicott chronicles the intense year she spent in Germany studying the principles of dressage with master trainer, Walter Christensen. At age 50, the writer left husband, family, and home to study riding and horsemanship in a foreign land. Here she shares insights based on a lifetime of riding knowledge, as well as a warm curiosity that embraces the many challenges of her new surroundings.

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Tug of War: Classical versus “Modern” Dressage

Why Classical Training Works and How Incorrect “Modern” Riding Negatively Affects Horses' Health
DR. GERD HEUSCHMANN



Dr. Gerd Heuschmann presents a thought-provoking exploration of both classical and “modern” training methods against a practical backdrop of the horse's basic anatomy and physiology. He describes how various schooling techniques (such as “hyperflexion”—formerly known as Rollkur) affect the horse.

“This is a very timely and important book... [it] makes readers seriously consider the impact that their riding/training methods are having on their horses. This is an excellent book not only for those involved with dressage, but for the hunter/jumper/combined training disciplines as well.” —**Today's Equestrian**

“The stiff-backed, open-mouthed, pulled-up horse is seen so often in competition. Someone had to sit down and write a book to say this has to stop and Heuschmann has done it so well and with good reasoning.” —**USDF Connection**

“This book is on the USDF Instructor Certification Recommended Reading List.”

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Uta Gräf's Effortless Dressage Program

A Top Rider's Keys to Success Using Play, Groundwork, Trail Riding, and Turnout
UTA GRÄF & FRIEDERIKE HEIDENHOF



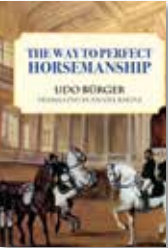
Uta Gräf has made a name for herself as a trailblazer in the international dressage scene, advocating for a method of combining the highest levels of performance with natural horse care and conscientious training. Here Gräf shares her schooling exercises, as well as the techniques she uses to incorporate groundwork, longlining, trail riding, creative play, bombproofing, and turnout in her training program.

“Uta Gräf had me at ‘play.’ Never before have I seen that word on the cover of a dressage book... If you introduce Gräf's methods into your regimen in baby steps, over time you and your horse will feel more relaxed, confident, and dare I say, playful in your dressage work.” — **USDF Connection**

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The Way to Perfect Horsemanship

UDO BÜRGER



First published in 1959, *The Way to Perfect Horsemanship* was immediately recognized as a classic work of equestrian literature. It offers insight into the psychology of the horse as well as its muscular system and the mechanics of movement. It explains in detail the basic principles of training, the fundamentals of riding, and the effect of training aids.

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When Two Spines Align: Dressage Dynamics

Attain Remarkable Riding Rapport with Your Horse
BETH BAUMERT



Dressage Today writer and editor Beth Baumert provides insight gleaned from years of working with the best riders, trainers, and judges in the dressage world. Discover the four physical “Powerlines” to become balanced and effective in the saddle, and ultimately align your spine with your horse's.

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“The best reason to read this book is that your horse will thank you for it.” —**Practical Horseman**

“Easily the most influential book I have read in a long, long time. Much as I love Sally Swift, this book had a bigger impact for me than Centered Riding.” —**Behind the Bit**

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HUNTERS & JUMPERS

40 5-Minute Jumping Fixes

Simple Solutions for Better Jumping Position in No Time
WENDY MURDOCH



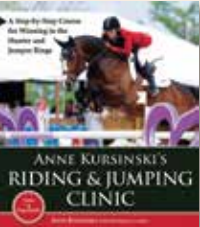
Better balance in the saddle, improved body control from head to toe, and increased influence with your seat are just a handful of the simple fixes offered in this straightforward training manual for jumping. Most of the suggestions provided require only a few minutes to learn and offer solutions for making jumping more enjoyable for both riders and their horses.

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Anne Kursinski's Riding & Jumping Clinic

A Step-by-Step Course for Winning in the Hunter and Jumper Rings
ANNE KURSINSKI with MIRANDA LORRAINE



While continuing to compete at the highest levels, Anne Kursinski has become one of the most sought-after hunter/jumper instructors and clinicians in America. Her book lays out the key elements of her riding techniques, including her secrets of analyzing jumper courses, and her strategies for riding them.

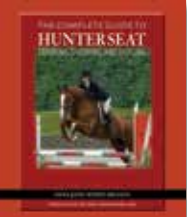
“Anne Kursinski really has had it all. Very few people in the hunter/jumper industry can boast such a comprehensive background. There is no question that her system and ideology work for the hunter, jumper, and equitation horse and rider.” —**George Morris**

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On the Flat and Over Fences
ANNA JANE WHITE-MULLIN



A comprehensive overview of the basic principles of horsemanship, essential schooling exercises in the development of the hunter or equitation mount, as well as advanced concepts applicable to upper-level competition and judging hunters and equitation.

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How to Plan and Set Practice Courses for Schooling Hunter, Jumper, and Equitation Riders
SUSAN D. TINDER



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“An incredibly useful book...perfect for taking down to the ring... perfect for anyone who does a lot of riding on her own or for the instructor who’s looking for some new ideas to spice up lessons.” —**The Chronicle of the Horse**

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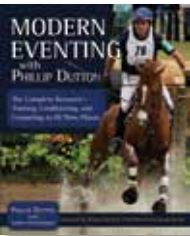
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PHILLIP DUTTON with AMBER HEINTZBERGER



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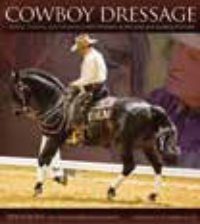
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WESTERN SPORTS

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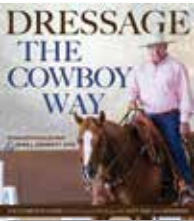
“Gets to the heart of the philosophy, equipment, and training involved in Cowboy Dressage. ... a comprehensive guide to becoming versatile horsemen.” —**Western Horseman**

“Along with beautiful photos to exemplify the sport, this book gives an inside look on cowboy dressage and how to find a connection with your horse.” —**Equine Journal**

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Dressage the Cowboy Way

The Complete Guide to Training and Riding with Soft Feel and Kindness
EITAN BETH-HALACHMY & JENNI L. GRIMMETT, DVM



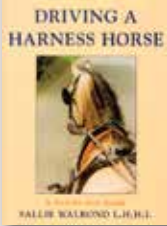
Explore the development of the Western dressage horse, beginning with the basics of body language, use of the aids, and a discussion of the Training Pyramid. Cowboy Dressage founder Eitan Beth-Halachmy then provides guidelines for foundational groundwork and progressive dressage schooling under saddle, such as developing cadence and consistency in the gaits, understanding and requesting correct bend, choosing and using lateral maneuvers, and advancing self-carriage and collection.

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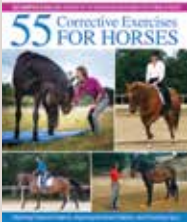
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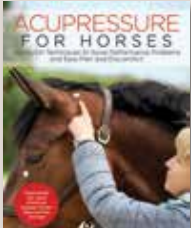
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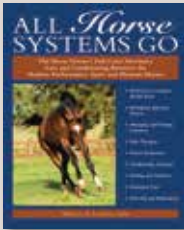
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\$29.99 Kindle, Epub

Beyond Horse Massage

A Breakthrough Interactive Method for Relieving Soreness, Strain, and Tension
JIM MASTERSON with STEFANIE REINHOLD



structural balance, and natural alignment (see p. 41 for the DVD).

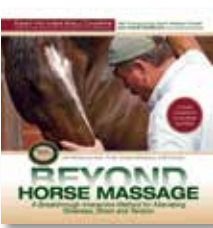
“This is a kind of bodywork that almost anyone can perform, and from which all horses can benefit. The book and DVD are a must-have set.” —**Natural Horse**

“Can help any horse, and you don’t need to have a background in massage or anatomy to incorporate the basic techniques.” —**Practical Horseman**

216 pp • 9 x 9 ¼ • 150 photos, drawings
978 1 57076 472 1 • \$32.95 hc spiral, Kindle, Epub • #HOMA

Beyond Horse Massage Wall Charts

Large-Format Photos and Step-by-Step Instructions for 13 Techniques
JIM MASTERSON with STEFANIE REINHOLD



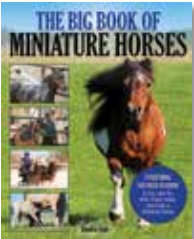
Due to popular demand, Jim Masterson provides this set of easy-to-view hanging wall charts depicting step-by-step images and explanations for each of his 13 Masterson Method Techniques. Grommeted and spiral-bound for hanging in the barn for quick-reference.

“A great companion to the Masterson Method book and DVD...perfect to hang next to the crossies as you and your horse begin your journey into the Masterson Method.” —**Equine Journal**

26 pp • 10 x 10 • 77 color photos
978 1 57076 733 3 • \$22.95 spiral • #BEHOWC

The Big Book of Miniature Horses

Everything You Need to Know to Buy, Care for, Train, Show, Breed, and Enjoy a Miniature Horse
KENDRA GALE



In these pages, experienced Miniature Horse breeder Kendra Gale of Circle J Miniature Horses provides the most complete Miniature Horse resource available. You not only learn the ins and outs of making a Miniature Horse a part of your life, you gain invaluable professional insight when it comes to buying and breeding, registering and showing, training and handling, and so much more.

“This book will educate you on grooming needs, feeding requirements, general care, and management essentials. It also details special health and wellness concerns and basic training.... The most complete Miniature Horse resource available.” —**Northwest Horse Source**

“Amply illustrated...a comprehensive resource.”

—**Lone Star Horse Report**

224 pp • 8 ¼ x 10 ¼ • 246 color photos
978 1 57076 820 0 • \$27.95 pb • #BIBKMI

Caring for the Horse’s Teeth and Mouth

Solving Dental Problems and Improving Health, Comfort, and Performance
DR. CHRIS HANNES



“This authoritative book offers an excellent, full-color guided tour of the equine oral cavity, leaving you with a better understanding of the anatomy and mechanics of the mouth.” —**Northwest Rider**

“Through its informative text, clear illustrations, and excellent quality color photos, the book presents essential facts we need to know to prevent and

solve problems that could affect the entire horse. A very helpful and interesting book.” —**Natural Horse**

“From beginning to end, the book gives a well-rounded overview of everything a horse owner would need to know about the equine mouth and teeth. You owe it to your horse to read up on this subject.” —**The Horsemen’s Yankee Pedlar**

160 pp • 7 ½ x 10 ½ • 264 color photos, 44 color drawings
978 1 57076 412 7 • \$24.99 hc • #CAFOHO

Eco-Horsekeeping

Over 100 Budget-Friendly Ways You and Your Horse Can Save the Planet
LUCINDA DYER



“From the simplest recycling techniques to sun and wind power, from basic water conservation to manure management, you’ll not only get the low-down on popular eco trends and techniques, you’ll find fantastic ideas you never thought of before.” —**Northwest Rider**

“Regardless of the size of your barn or the size of your wallet, you’re sure to find

plenty of helpful alternatives to make your barn—and your farm—the greenest place in the neighborhood: after all, green is the new black.” —**Equestrian**

“Assist your pocketbook as well as your planet by taking a look at this handy little book.” —**Horses All**

“A keeper. Read and learn how to keep yourself, your barn, your horse, and your pets healthy while fostering a sustainable environment.” —**Aiken Horse**

168 pp • 6 x 9
978 1 57076 416 5 • \$16.95 pb • #ECHO

Equine Lameness for the Layman

Tools for Prompt Recognition, Accurate Assessment, and Proactive Management
G. ROBERT GRISEL, DVM

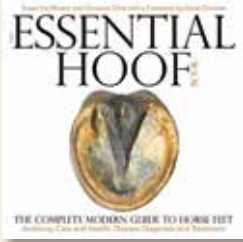


(no need for medical knowledge of equine anatomy and pathology).

264 pp • 9 ½ x 9 ½ • 181 color illustrations, 28 charts, 10 diagrams
978 1 57076 834 7 • \$34.95 hc spiral • #EQLAFO

The Essential Hoof Book

The Complete Modern Guide to Horse Feet: Anatomy, Care and Health, Disease Diagnosis and Treatment
SUSAN KAUFFMANN & CHRISTINA CLINE



Combines the most current and useful information available, gleaned from the research and wisdom of top hoof experts around the world, with a unique “hands-on” approach! You’ll find basic terms and anatomy, clearly illustrated differences between

healthy and unhealthy feet, biomechanics and management concerns, and the causes, treatments, and prevention of commonly encountered problems. Along the way, readers are given activities to help them better analyze and understand the most important aspects of equine hoof health, such as hoof balance, depth of sole, and point of breakover. Includes easy-to-follow language and over 400 full-color photographs.

“An excellent book for educating the public, well-written with exceptional photographs and illustrations.” —**American Farrier’s Journal**

312 pp • 9 ½ x 9 ½ • 408 color photos & illustrations
978 1 57076 732 6 • \$39.95 hc spiral • #ESHOB0

The Horse’s Pain-Free Back and Saddle-Fit Book

Ensure Soundness and Comfort with Back Analysis and Correct Use of Saddles and Pads
JOYCE HARMAN, DVM, MRCVS



“...an excellent primer on saddle fit and the complications that arise from poor fitting tack...you need this book in your library...”
—**Horse Connection**

“Thank goodness for The Horse’s Pain-Free Back and Saddle-Fit Book. Add [it] to your equestrian library. Your horse will thank you.”
—**USDF Connection**

“Harman’s writing style is easy, engaging, and constructive and color photos, sketches, and diagrams amply illustrate the text...a good place to begin the quest to help your horse achieve more, comfortably.”
—**The Chronicle of the Horse**

“...extremely beneficial...you will find The Horse’s Pain-Free Back and Saddle-Fit Book is a good tool for making your horse more comfortable, which ultimately improves your riding.”
—**Horse Illustrated**

232 pp • 8 ½ x 9 • 170 color photos, 125 line drawings
\$20.99 Kindle, Epub

Is Your Horse 100%?

Resolve Painful Limitations in the Equine Body with Conformation Balancing and Fascia Fitness
MARGRET HENKELS



Professional equine bodywork practitioner Margret Henkels introduces readers to the horse’s fascia, the connective tissue that organizes horse and human bodies, detailing how horses can literally be transformed with simple hand contact. Henkels outlines her basic technique, called “Conformation Balancing,” a tool for advancing your horse’s body health, as well as dissolving mental trauma and restoring his emotional balance.

“A fascinating, educational read and the design of the book makes it easy for horse lovers to follow along...a necessity for horse owners and trainers alike.”
—**Cowgirl Magazine**

176 pp • 9 x 9 • 133 color photos, 11 illustrations
978 1 57076 791 3 • \$29.95 hc spiral • #ISOYHO

Kinesiology Taping for Horses

The Complete Guide to Taping for Equine Health, Fitness, and Performance
KATJA BREDLAU-MORICH



This terrific guidebook provides the ultimate reference for understanding both the uses of kinesiology tape on horses and its numerous applications. With hundreds of color photographs and step-by-step instructions for the do-it-yourselfer, and dozens of case studies.

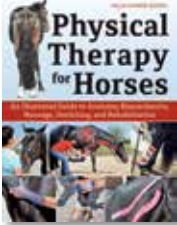
“A rich and comprehensive read. Not only is [Bredlau-Morich] an expert in the anatomy and biomechanics of horses, but she writes in way that anyone can easily understand how to adopt her taping techniques.”
—**Cowgirl Magazine**

“A comprehensive guide to this unique modality.... A book like this needs plenty of good photos to illustrate the techniques, and the author delivers.”
—**Horse Nation**

144 pp • 6 ½ x 9 ½ • 182 color photos
978 1 57076 861 3 • \$21.95 pb • #KITAFO

Physical Therapy for Horses

An Illustrated Guide to Anatomy, Biomechanics, Massage, Stretching, and Rehabilitation
HELLE KATRIN KLEVEN

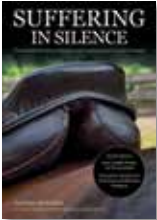


A comprehensible introduction to the musculoskeletal and nervous systems, as well as an instructive conversation covering biomechanics basics, followed by discussion of the major areas of therapy in detail. Readers will find practical how-to guidance in the most popular therapeutic modalities, as well as cutting-edge alternatives that are currently gaining ground: fascia work, stretching, massage, stability and strengthening exercises, laser therapy, kinesiotaping, and much more.

July 2019
Check www.HorseandRiderBooks.com for final price and specification

Suffering in Silence

The Painful Truth of Saddles and Saddle-Fitting
JOCHEN SCHLEESE



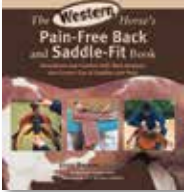
Certified Master Saddler and Saddle Ergonomist Jochen Schleese exposes the intricate details of both saddle form and fit that can enable a horse-and-rider team to perform its best.

“An informative and interesting read, one that’s sure to have you checking out your saddle the next time you prepare to put it on your horse.”
—**Practical Horseman**

208 pp • 6 ½ x 9 ½ • 224 photos, 41 illustrations
978 1 57076 846 0 • \$26.95 pb, Kindle, Epub • #SUSIPB

The Western Horse’s Pain-Free Back and Saddle-Fit Book

Ensure Soundness and Comfort with Back Analysis and Correct Use of Saddles and Pads
JOYCE HARMAN, DVM, MRCVS



The complete reference on saddle-fit and back health for Western disciplines. Dr. Joyce Harman explains how the horse’s conformation, the saddle’s construction, and the rider’s build must all be considered in order to keep the horse comfortable and performing.

“Absolutely fascinating... This is a book you can’t put down if you are interested in tack.”
—**The American Quarter Horse Journal**

248 pp • 170 color photos, 125 illustrations
\$20.99 Kindle, Epub

Where Does My Horse Hurt?

A Hands-On Guide to Evaluating Pain and Dysfunction Using Chiropractic Methods
RENEE TUCKER, DVM



These 27 do-it-yourself body checkups help you determine WHEN and WHERE your horse hurts so you can prevent minor issues from becoming major, and stay in tune with areas of temporary or chronic discomfort, offering relief as needed. Plus, solve “mystery”

or “phantom” lamenesses that come and go, and save thousands of dollars by avoiding expensive diagnostics that rarely get you answers.

“Excellent starting point for a horse owner to understand chiropractic methods and to help sort out a suspected physical problem.”
—**The Horse Journal**

184 pp • 9 x 9 • 107 color photos, 30 illustrations
978 1 57076 486 8 • \$26.95 hc spiral, Kindle, Epub • #WHDOMY

World-Class Grooming for Horses

The English Rider’s Complete Guide to Daily Care and Competition
CAT HILL & EMMA FORD with photos by JESSICA DAILEY



Two of the best professional grooms in the business share their trade secrets, from the barn to the show ring, with help from over 1200 step-by-step color photographs.

“A great resource for experienced horsemen and novices alike, and it should be considered required

reading for those looking into working student or groom positions.”
—**The Chronicle of the Horse**

“My favorite book of all time. If I said that I was exaggerating in this statement, I would be lying...there is little about the care and maintenance of a sport horse that you will not find within these pages.”
—**Eventing Nation**

“[The] ultimate modern-day guide for all riders who want their horses to look and feel their best.”
—**Equine Journal**

248 pp • 9 ½ x 10 ½ • 1276 color photos
978 1 57076 690 9 • \$39.95 hc spiral • #WOCLGR

HORSE PSYCHOLOGY

Getting in TTouch with Your Horse

How to Assess and Influence Personality, Potential, and Performance
LINDA TELLINGTON-JONES with SYBIL TAYLOR



Internationally recognized equine expert Linda Tellington-Jones shows you how to analyze your horse’s physical traits in order to determine his personality. Most importantly, she explains how you can develop a deeper bond with your horse.

“The book is rich with nuances that will encourage a more rewarding relationship with your horse and it will prove

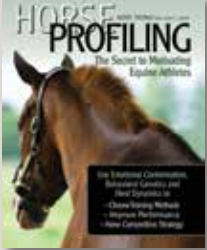
particularly valuable for owners and trainers of multiple horses.”
—**Horses All**

“If you missed it the first time around, now is your chance to grab this book!”
—**The Horsemen’s Yankee Pedlar**

204 pp • 7 x 10 • 103 color & 128 b/w photos, 112 drawings
\$18.99 Kindle, Epub

Horse Profiling

The Secret to Motivating Equine Athletes
KERRY THOMAS with CALVIN CARTER



Already used by some of the leading racehorse training and breeding programs in the world, Kerry Thomas has now provided a book that explains this unique way of analyzing the psyche of equine athletes in order to help them perform their very best while living happy, contented lives.

“[Thomas] explains how it is possible to determine if a horse has what it takes inside him to make what he has on the outside great.”
—**Lone Star Horse Report**

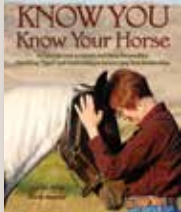
“Thomas’ approach is probably unlike anything you’ve heard before.... A unique perspective on training a competitive horse.”
—**Equine Journal**

“This book will help you unravel your equine athlete’s personality and needs.”
—**Horse Journal**

184 pp • 8 ¾ x 10 ¼ • 114 color photos
978 1 57076 508 7 • \$19.99 hc, Kindle, Epub • #HORPRO

Know You, Know Your Horse

An Intimate Look at Human and Horse Personalities—Identifying “Types” and Matchmaking to Ensure Long-Term Relationships
EUNICE RUSH & MARRY MORROW



Self-tests, quizzes, and charts to help you more accurately identify your own personality, as well as your current or prospective horse’s, so you can choose the right horse and train and ride him in a way that keeps both of you happy.

“A fascinating book on people and horse personalities!...I found it to be innovative and impressive in its analysis of why some horse and rider teams ‘click’ and make great partners, and others just don’t get along.”
—**Mid-South Horse Review**

“Identifying personality has long served to improve client-customer relationships and increase sales in business, and it is from this practical realm that author Eunice Rush draws experience. In this innovative and interesting book, she joins with horse trainer Marry Morrow to apply this analysis to the complex world of choosing, training, and riding your horse.”
—**Lone Star Horse Report**

264 pp • 7 x 8 ½ • 978 1 57076 520 9
\$22.95 pb, Kindle, Epub • #KNYOKN

What Horses Say

How to Hear, Help and Heal Them
ANNA CLEMENCE MEWS & JULIE DICKER



Client interviews, case notes, and an interesting collection of survey questions and answers that were actually posed to a representative group of animal communicator Julie Dicker’s equine clientele provide “anecdotal evidence” of horses’ emotions and their ability to reason.

“The authors’ compassion and fresh insight have made this entertaining and practical book a delight to read, for anyone who loves horses.”
—**Natural Horse**

“This book, which poses interesting ideas about the possibility of communicating with horses in hopes of keeping them healthier and happier, is something most animal lovers and owners wish for... refreshing, interesting and applicable.”
—**Appaloosa Journal**

240 pp • 15 b/w artworks
\$15.99 Kindle, Epub

GOOD READS & REFERENCE

450 Years of the Spanish Riding School

ARNIM BASCHE & RENÉ VAN BAKEL



The Spanish Riding School in Vienna celebrated its 450th anniversary in the year 2015, heralding a rich and celebrated past devoted to the cultivation of classical equitation in the Renaissance tradition of the Haute Ecole (“High School”) on its beautiful Lipizzaner stallions. Here is a book that honors both the Riding School and its marvelous horses—a retrospective that delights in the whole story, from foals cavorting with their mothers in the fields of Piber to the cadets in training and the teaching of the famous figures and jumps. Filled cover to cover with fabulous, emotionally charged color photographs, and including both English and German texts, this is a book for anyone who has ever delighted in the mystique of the White Stallions of Vienna—who wanted to know more, see more, and revel fully in their magic.

208 pp • 9 ½ x 12 ¼ • 112 color photos
978 3901753909 • \$75.00 hc with slipcase • #450SRS

Building a Life Together—You and Your Horse

Nurture a Relationship with Patience, Trust, and Intuition
MAGALI DELGADO & FRÉDÉRIC PIGNON



The original stars of the traveling equine spectacular *Cavalia* and renowned photographer Gabriele Boisselle share a series of practical and ethical guideposts to help us build an honest, open, happy life with horses.

“The essence of the book is to present a philosophy, a model for building a relationship with horses that goes far beyond the mechanical to a heart-to-heart encounter built on trust, empathy, and understanding. The fabulous photos by Gabriele Boisselle enhance the ‘mystical’ element of the book’s focus...If I were a horse domesticated by humans, Frédéric and Magali are the types of people in whose employ I would choose to be.”
—**Mid-South Horse Review**

160 pp • 9 x 10 ½ • 100 color photos
978 1 57076 661 9 • \$34.95 hc • #BULITO

The Compassionate Equestrian

25 Principles to Live By When Caring for and Working with Horses
ALLEN SCHOEN, DVM, MS & SUSAN GORDON



Dr. Allen Schoen—a world-renowned veterinarian and author—and trainer Susan Gordon introduce the 25 Principles of Compassionate Equitation, a set of developmental guidelines that identify and support methods of training, handling, and caring for horses that constitute a safe, healthy, non-stressful, and pain-free environment.

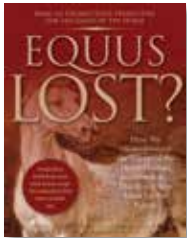
“Valuable lifelong lessons that place compassion and empathy at their core. This book will enable readers to develop and sustain meaningful, respectful, and successful partnerships with their horses.”
—**Philip E. Richter, Treasurer, United States Equestrian Team Foundation**

“A book for those who seek a mutually satisfying relationship with their horses. The Principles provide a road map...we should read them carefully and often.”
—**Hilary Clayton, BVMS, PhD, Dipl. ACVSMR, MRCVS**

422 pp • 7 x 10
978 1 57076 715 9 • \$24.95 pb, Kindle, Epub • #COEQ

Equus Lost?

How We Misunderstand the Nature of the Horse-Human Relationship—Plus Brave New Ideas for the Future
FRANCESCO DE GIORGIO & JOSÉ DE GIORGIO-SCHOORL



What if much of what we think we know about horses is, in fact, wrong? What if the premise of herd hierarchy is a myth? What if “conditioning” the horse’s behavior in the ways we’ve grown accustomed is undercutting his potential for development? What if there is another—better—level of partnership to which we can aspire? Their provocative book takes us into a

dimension where we shed our assumptions of leadership, dominance, and control.

“The authors challenge and dismiss many of the common attitudes and methods in horse training. Reading it was mind-expanding and made me question much of what we do with horses.”
—**Northwest Horse Source**

112 pp • 6 ½ x 8 ½ • b/w photos
978 1 57076 798 2 • \$19.95 pb, Kindle, Epub • #EQLO

The Essential Fergus the Horse

The Life and Times of the World’s Favorite Cartoon Equine
JEAN ABERNETHY



Fergus the Horse (*Equus hilarious*), the creation of artist Jean Abernethy, has an ever-expanding international fan club (and over 300,000 Facebook followers). This delightful treasury compiles his most-loved comic strips and cartoons, some rarely seen sketches, plus brand new additions created exclusively for this book.

“If Sgt. Reckless were alive today, she and Fergus would be the best of friends! Fergus brings a smile to my face every time I read his cartoon.”
—**Robin Hutton, Author of the New York Times Bestseller Sgt. Reckless: America’s War Horse**

“When I read a Fergus comic panel, I always chuckle, first loudly and then ruefully because the comic is funny—and I’ve been in that situation before.”
—**Larri Jo Starkey, Editor, The American Quarter Horse Journal**

136 pp • 8 ¾ x 10 ¼ • 186 color and 82 b&w illustrations
978 1 57076 743 2 • \$19.95 pb • #ESFETH

Fergus: A Horse to Be Reckoned With

JEAN ABERNETHY



Fergus the Horse is back! This time he explores natural horsemanship training techniques via a comical conversation between himself and “The Lad,” a young boy who is determined to ride him. Hilarious illustrations depict the dialogue between horse and human.

“I believe that Fergus the Horse transcends the gap between childlike humor and adult-based wit and depth of story, and his growing legion of fans of all age groups is testament to this.”
—**Guy McLean, Australian Horseman, Bush Poet, and International Entertainer**

“Entertaining and educational...sure to make you laugh.”
—**Blaze Magazine**

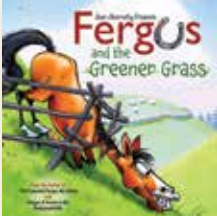
“Riders of all ages will love the newest addition to Fergus’ adventures.”
—**Equine Journal**

“A laugh a minute for adults who have dealt with equines like Fergus, but there’s also a wonderful, subtle lesson in horsemanship for young readers and aspiring riders. Kudos to author/cartoonist Jean Abernethy and Trafalgar Square Books for bringing Fergus to readers.”
—**DiscoverHorses.com**

40 pp • 9 x 9 • color illustrations
978 1 57076 790 6 • \$15.95 hc • #FEHORE

Fergus and the Greener Grass

JEAN ABERNETHY



“Everyone loves Fergus!” say reviewers, and now the opinionated cartoon horse and bona fide social media star is back in an all new comic adventure from artist Jean Abernethy. In his third book, Fergus catches a glimpse of what could be, and leaving his life of comfort behind, sets off on a hilarious journey. His exploits lead him over, under, and through all manner of obstacles as he strives to reach the bigger, better prize that beckons, always just a little farther away.

“Brightly colored illustrations portray the equine hero as he finds his way through all sorts of adventures.”
—**Practical Horseman**

40 pp • 9 x 9 • color illustrations
978 1 57076 845 3 • \$15.95 hc • #FEGRGR



Fergus and the Night Before Christmas

JEAN ABERNETHY



Jean Abernethy, creator of Fergus, the world's most popular cartoon horse, shares an epic holiday adventure inspired by the classic tale *'Twas the Night Before Christmas*. With colorful, light-hearted comedy on every page, Fergus and his motley group of equine teammates bravely take to the skies to give St. Nick the sleigh ride of his life. Can Santa manage his ungainly hitch and deliver the perfect gift on the most magical night of the year? Fasten your seatbelt! Recommended for ages 5 to 95.

40 pp • 9 x 9 • color illustrations
978 1 57076 845 3 • \$15.95 hc • #FEGRRR

The Girl on the Dancing Horse

CHARLOTTE DUJARDIN



Charlotte Dujardin and her charismatic horse Valegro burst onto the international sports scene with their record-breaking performance at the 2012 Olympic Games in London. Dujardin began riding horses at the age of two, and she left school at 16 to focus on equestrian competition. At 22, when she was invited to be a groom for British Olympian Carl Hester, she met the equine partner that would change her fortune. This is the story of an outsider, an unconventional horse, and the incredible bond that took them to the top.

356 pp • 6 x 9 • 50 color photos
978 1 57076 886 6 • \$24.95 pb • #GITHDA

NEW
IN 2019

The Horse Cure

True Stories: Remarkable Horses Bringing Miraculous Change to Humankind
MICHELLE HOLLING-BROOKS & AJ MOREY



Inspired by her own childhood trauma when she spent seven days in a coma, awakened to a severely compromised body and brain, and rebuilt her life with the help of a horse, Michelle Holling-Brooks founded Unbridled Change, a nonprofit equine-partnered therapy organization that helps match horses to individuals in need. Here she shares the amazing stories of the horses that play active roles in counseling sessions.

May 2019
Check www.HorseandRiderBooks.com for final price and specification

Horses Came First, Second, and Last

JACK LE GOFF with JO WHITEHOUSE



With an astounding 18 medals in eight international championships and team gold medals at the Olympic Games in 1976 and 1984, Jack Le Goff created the standard by which modern-day equestrian teams are measured. But Le

was tough, brutal, and abrasive, earning him critics as well as converts. Here, Le Goff tells the whole story, from impoverished beginnings to his successes.

"There are very, very few people in the horse business whom I would label 'genius.' Jack Le Goff was a genius on all fronts.... And the icing on the cake was Jack Le Goff was a winner." —George H. Morris, Former Chef d'Equipe US Show Jumping Team

288 pp • 6 x 9 • 55 color & b/w photos
978 1 57076 827 9 • \$29.95 pb, Kindle, Epub • #HOCACF

Horse Color Explored

Over 150 Breeds, Types, and Variations
VERA KURSKAYA



A modern reference that demystifies horse coat colors, patterns, and markings. Beginning with a simple explanation of basic genetics, readers then learn the main theories of horse color inheritance. Over 150 color photographs of horse breeds from around the world provide a handy, quick-reference visual guide.

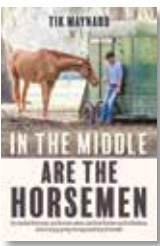
"A fascinating read...a valuable resource." —Cowgirl Magazine

"The ultimate guide to the science of horse color." —Lone Star Horse Report

172 pp • 6 ½ x 9 ½ • 168 color photos
978 1 57076 731 9 • \$34.95 pb, Kindle, Epub • #HOCO

In the Middle Are the Horsemen

TIK MAYNARD



In 2008, 26-year-old Tik Maynard decided to spend the next year as a "working student." Here he chronicles his experiences—good and bad—and we follow along as he evolves under the critical eyes of renowned figures in the horse world, including Anne Kursinski, Johann Hinnemann, Ingrid Klimke, David and Karen O'Connor, Bruce Logan, and Ian Millar. Through it all he studied the horse, and human nature, and how the two can find balance. And in that journey, he may have found himself.

"[Maynard] writes beautifully, the book is full of wry humour and beautiful descriptions of his world and the horses he shares it with. Read this book as a delightful memoir and perhaps as a social commentary on the equestrian world, but for those who want to learn more, to improve their relationship with their horses, this is a gold mine." —Haynet

"As I read this book, I kept bending back the pages in the corners if it contained a quote or passage like the ones above that made me think or just resonated with me. I lost track of how many pages I bent...you need to read this book." —Saddle Seeks Horse

"An emotional roller coaster of a journey.... It is apparent that [Maynard] is not only a skilled horseman, but a talented writer and story-teller as well." —Jumper Nation

"What an enjoyable ride...an entertaining, well-told story." —Vancouver Sun

392 pp • 6 ½ x 9 ½ • 978 1 57076 832 3
\$24.95 pb, Kindle, Epub • #INTHMI

Journey to Softness

In Search of Feel and Connection with the Horse
MARK RASHID



Internationally acclaimed horse trainer Mark Rashid shares and analyzes the remarkable events, quiet moments, and humbling stumbling blocks that he can identify as significant in his personal journey to finding "softness" with both horses and people. "Softness," via what many in the horse world today might refer to as "feel," begins, Rashid says, with one simple truth: "It's not about what we do that starts us on the path to softness, but rather, it's what we don't do."

"Forthright stories...you'll get a glimpse of a life that has produced a man known for his ability to solve difficult problems with communication rather than force." —Trail Rider Magazine

"Beautifully written." —The Equine Chronicle

184 pp • 6 x 9
978 1 57076 758 6 • \$16.95 pb, Kindle, Epub • #JOSO

Know Better to Do Better

Mistakes I Made with Horses (So You Don't Have To)
DENNY EMERSON



In this smart, honest book chock full of valuable takeaways, gold medalist and renowned rider and coach Denny Emerson uses stories of the standout horses from his own riding career, which spans almost 70 years, to detail some of the things he wishes he'd known "then" that he knows now. With a candid willingness to share mistakes he's made

over the years and clearly articulated ideas on how others can avoid them, he commits himself and those reading to finding more conscientious ways to ride, train, and work with horses. Riders of all skill levels can gain valuable, hard-won knowledge from his bite-size lessons in life and horsemanship.

240 pp • 7 ¼ x 9 ¼ • 89 color & b/w photos
978 1 57076 895 8 • \$29.95 hc • #KNBEBE

Many Brave Fools

A Story of Addiction, Dysfunction, Codependency...and Horses
SUSAN E. CONLEY



Codependency, a compulsive behavior sometimes known as "relationship addiction," is often characterized by a dysfunctional, one-sided relationship that is emotionally destructive—even abusive. For years Susan Conley found herself trapped, married to an addict whose health, welfare, and safety she valued far above her own. Here, with humor and honesty, Conley chronicles her experiences, sharing how her pledge to rediscover herself following her divorce was aided, abetted, and challenged by the horses in her life.

224 pp • 6 ½ x 9 ½ • 978 1 57076 887 3
\$24.95 pb • #MABRFO

Meditation for Two

Searching for and Finding Communion with Your Horse
DOMINIQUE BARBIER & KERON PSILLAS



This beautiful tribute offers suggestions for establishing a bond with horses that transcends that of "animal" and "master."

"If you're searching for answers and can't get them from the equitation and training lessons we've all had drilled into us, or if you have a particularly challenging horse and are open to new approaches, you might find an answer in this book." —Horse Journal

"A beautifully written account of philosophy on life and horses." —The Horseman's Yankee Pedlar

72 pp • 7 ¼ x 9 ¼ • 37 color, b&w photos
978 1 57076 485 1 • \$24.95 hc • #MEOTIW

The Message from the Horse

An Autobiographical Narrative
KLAUS FERDINAND HEMPFING



World-renowned horseman Klaus Ferdinand Hempfling tells of a quest for meaning that took him high up into the mountains where he met a mysterious old monk. When Hempfling failed to understand the angry heart of an abused and starving stallion, he was sent to find and follow an elusive band of wild horses, at great cost.

184 pp • 6 x 9
978 1 57076 748 7 • \$16.95 pb, Kindle, Epub • #MEFTRH

Our Horses, Ourselves:

Discovering the Common Body
Meditations and Strategies for Deeper Understanding and Enhanced Communication
PAULA JOSA-JONES



Through stories, strategies, and over 65 meditations and gentle exercises, Paula Josa-Jones shows us how we can develop greater somatic awareness away from the horse, resulting in a closer, more intuitive connection when with them.

"A breath of fresh air...where any one of us with a true desire to really be with horses, to partner with them in work, pleasure, or competition, should begin." —Linda Tellington-Jones, Founder of The Tellington Method®

"One part Zen, one part movement workbook...The opposite of a riding manual, Our Horses, Ourselves might help you rediscover the fun and wonder of being around horses, and unwind the nonverbal static that could be interfering with your communication." —USDF Connection

224 pp • 8 x 10 • 160 color & 15 b/w photos
978 1 57076 752 4 • \$29.95 pb • #COBO

Out of the Wild: A Novel

MARK RASHID



Now a major motion picture starring John Diehl, Jean Louisa Kelly, and Ben Ashbrook, and directed by Paul Krizan. Cattle rancher Henry McBride staggers from bar to bar, seeking some way to soothe the slow burn of the guilt he carries. Guest ranch owner Jessie King extends an open and forgiving hand to the road-worn cowboy, and her powerful ability to connect with horses, and her gentle attempts to connect with Henry, slow time enough to heal both the man and a wounded Mustang stallion. But she, too, has an imperfect past, and when her former ranch manager returns with murder in mind, the fragile world she, Henry, and the stallion are attempting to create together comes crashing down.

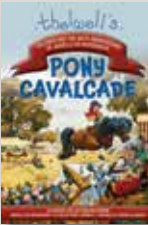
"A story of redemption that gives us a glimpse into ways of looking at horses, and perhaps even ourselves, with new eyes." —The Huffington Post

"A forceful novel that teaches the indispensable lesson about loyalty, perseverance, and hope." —Cowgirl Magazine

376 pp • 5 x 8
978 1 57076 768 5 • \$15.95 pb, Kindle, Epub • #OUTHWI

Pony Cavalcade

A Classic Collection Including Angels on Horseback, A Leg at Each Corner, Thelwell's Riding Academy
NORMAN THELWELL



Norman Thelwell published his first pony cartoon in 1953, and his name became synonymous with comical equestrian images. The "Thelwell pony" was soon the most often referenced source of horse-humor the world over. In 1957, Thelwell's first collection of pony cartoons, *Angels on Horseback*, was published, followed by *A Leg at Each Corner* in '61, and *Riding Academy* in '63. In this Anniversary Special Collection, readers get all three classics, featuring page after page of Thelwell's hilarious cartoons.

"This collection is as lovable as when the cartoons first took the world by storm." —Equine Journal

"Buy this book and treat yourself or a horse love in your life to some guaranteed belly laughs." —USDF Connection

352 pp • 5 x 8 • b/w illustrations throughout
978 1 57076 828 6 • \$15.95 pb • #THPOCA

Pony Panorama

A Classic Collection Featuring Gymkhana, Thelwell Goes West, and Penelope
NORMAN THELWELL



In 2017 *Thelwell's Pony Cavalcade*, featuring many of the earliest Thelwell cartoons, was re-released in North America, reviving the artist's fervent fandom and initiating calls for more. Now, in this second hilarious collection, readers are treated to three additional Thelwell classics: *Gymkhana*, *Thelwell Goes West*, and *Penelope*. Those new to Thelwell will fall in love with his uniquely irreverent-yet-informative view of the equestrian world, while long-time enthusiasts can indulge in a delightful dose of equine-friendly nostalgia. Sure to please anyone with a pony-littered past or a horse-crazy present.

April 2019
Check www.HorseandRiderBooks.com for final price and specification

Riding Barranca

Finding Freedom and Forgiveness on the Midlife Trail
LAURA CHESTER



"A memoir related to love of horses and the open trail...[the author] chronicles the wisdom gleaned from the back of a steed across states and foreign countries as she searches for understanding, reconciliation, and eventual acceptance of her familial relationships."

—Publishers Weekly

"A memoir that spans years and continents, all revealed with a calm rhythm, just as if you were on a trail ride, lost in thought." —Rural Intelligence

"Leaves the reader rooting for the author while reflecting on his/her own life." —Horse & Style Magazine

256 pp • 6 x 9 • 104 black & white photos
978 1 57076 578 0 • \$16.95 pb, Kindle, Epub • #RIBABK

Riding on the Autism Spectrum

How Horses Open New Doors for Children with ASD
CLAUDINE PELLETIER-MILET



"A look into the possibilities of riding to improve the lives of autistic kids." —Equine Journal

"Recounts breakthroughs and moments of elation sure to give hope to families and caregivers. Through [Pelletier-Milet's] anecdotes, she demonstrates the power EAAT can have on individuals with ASD." —PATH Magazine

192 pp • 6 ½ x 9 ½ • 978 1 57076 499 8
\$19.95 pb, Kindle, Epub • #RITHAU

The Smart Woman's Guide to Midlife Horses

Find Meaning, Magic, and Mastery in the Second Half of Life
MELINDA FOLSE



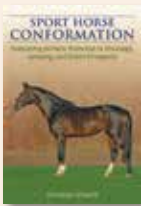
The guide women need to get in the saddle—whether for the first time ever, or just the first time in a long time. They'll find valuable advice to help them determine the best way to make horses a significant part of the rest of their life.

336 pp • \$17.99 Kindle, Epub

NEW
IN 2019

Sport Horse Conformation

Evaluating Athletic Potential in Dressage, Jumping and Event Prospects
CHRISTIAN SCHACHT



Veterinarian, judge, and sport horse breeding authority Christian Schacht provides methods for evaluating dressage, jumping, and eventing prospects based on recognizing proportions and lines.

"There are innumerable books on horse conformation, but this one stands out." —Practical Horseman

144 pp • 6 ½ x 9 ½ • 171 color photos & color artwork
978 1 57076 530 8 • \$27.95 hc • #SPHOCO

The Ultimate English/Spanish Dictionary for Horsemen

MARIA BELKNAP



Written specifically for horse people, this book covers topics and words that regular English-Spanish dictionaries might not, including horse health care, feeding, grooming, tack and equipment, and breeding terms. Includes more than 10,000 topically grouped word and phrase entries commonly used in the horse industry, regional variations, and a pronunciation guide.

300 pp • 6 x 8 ½
978 1 57076 521 6 • \$22.95 pb, Kindle, Epub • #ULHOEN

Unrelenting

The Real Story: Horses, Bright Lights, and My Pursuit of Excellence
GEORGE H. MORRIS with KAREN ROBERTSON



George Morris has been ever-present on the rarified stage of the international riding elite for most of the 70 years he's been in the saddle. But as much as people know and respect (or, perhaps, fear) the public face of George Morris, he has lived, in other ways, a remarkably private life, keeping his own personal struggles with insecurity, with ambition, and with love behind closed

doors. It is only now that he has chosen to share the totality of his life—the very public and the incredibly private—with the world.

"Lets you in on the beauty behind the beast." —Equine Journal

"Enlightening and inspiring...An unprecedented look into the life of a legend." —The Chronicle of the Horse

560 pp • 6 ½ x 9 ½ • 255 color and b&w photos
978 1 57076 710 4 • \$35.00 hc, Kindle, Epub • #UNRE

YOUNG READERS

Crown Prince

LINDA SNOW MCLOON



Sarah has always dreamed of having a horse of her own. Suddenly, she finds her dream finally coming true with the gift of the racetrack rogue, Crown Prince, but keeping the beautiful and talented troublemaker proves to be a challenge.

"These are special books...engaging in their action, authentic in their detail, and first-rate in their direct appeal to the reader's emotions." —Maine Sunday Telegraph

272 pp • 5 ½ x 8 • 978 1 57076 546 9
Ages 12 and up • \$9.95 pb, Kindle, Epub • #CROPRI

Crown Prince Challenged

LINDA SNOW MCLOON



The second book in the exciting Brookmeade Young Riders series continues the adventures of Sarah Wagner and her former racetrack rogue, Crown Prince. Despite unexpected road blocks, Sarah and Crown Prince are considered rising stars, but hostility toward the pair doesn't end with competition. Can Sarah and the horse she loves escape a deadly plot of revenge?

"Spiced with danger, thrills, injuries, poor judgment, treachery, disappointments...just like real life." — **DiscoverHorses.com**

"With a myriad of horse facts written into the story, adolescent readers will find this book not only entertaining but educational as well." — **Equine Journal**

"I enjoyed the first book so much that I went right on to the second, and now I'm hoping the author is working on the next one! I highly recommend these books!" — **Susan Harris, author of the US Pony Club Manuals of Horsemanship**

288 pp • 5 ½ x 8 • 978 1 57076 545 2
Ages 12 and up • \$9.95 pb, Kindle, Epub • #CRPRCH

Games for Kids on Horseback

13 Ideas for Fun & Safe Horseplay
GABRIELE KÄRCHER



From riding lessons to club events, the 13 games collected in this entertaining and safety-conscious book provide hours of enjoyment for young riders and their horses.

"An excellent way for young riders to have fun at the barn while becoming more comfortable and confident in the saddle." — **Practical Horseman**

32 pp • 8 ½ x 10 • 54 color photos • 978 1 57076 652 7
Ages 6-10 • \$15.95 hc • #GAFOKI

NEW
IN 2019

Horse Fun

Facts and Activities for Horse-Crazy Kids
GUDRUN BRAUN, ANNE SCHELLER & ANIKA HAGE



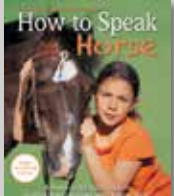
Real horse knowledge plus super-fun games, quizzes, crafts, and activities. Go to "riding school" and learn the basics of horse care and equitation. Test yourself with equine trivia; make tote bags, picture frames, dream catchers, jewelry, and your very own hobby horse to compete in hobby horse shows with friends! Plus,

follow along with Maxi, a horse-crazy kid just like you, who shares her thoughts in a journal you get to read.

February 2019
Check www.HorseandRiderBooks.com for final price and specification

How to Speak "Horse"

A Horse-Crazy Kid's Guide to Reading Body Language and "Talking Back"
MARKUS & ANDREA ESCHBACH



Easy lessons in "horse speak" with a focus on simple groundwork that is safe and fun for children, this lovely book offers a one-of-a-kind introduction to the keys to natural horsemanship and how good communication can keep you safe in everything you do with your horse.

32 pp • 8 ½ x 10 • 104 color photos • 978 1 57076 532 2
Ages 6-10 • \$15.95 hc • #HOSPHO

Kids Riding with Confidence

Fun Beginner Lessons to Build Trusting, Safe Partnerships with Horses
MARKUS & ANDREA ESCHBACH



Andrea and Markus Eschbach are back with more natural horsemanship for kids. The Eschbachs teach children how to build their horses' trust in them, as they gain confidence through exercises on horseback. Throughout, safety is key while habits of care, respect, and thankfulness for the horse and his friendship are nurtured.

32 pp • 8 ½ x 10 ½ • 108 color photos
978 1 57076 706 7 • Ages 6-10 • \$15.95 hc • #KIRIWI

My Horse, My Friend

Hands-On TTouch® Training for Kids
BIBI DEGN



"This colorful and eye-catching little book gives great insight to kids of all ages and the know-how to build a meaningful and respectful relationship with their horse." — **Horse & Rider**

32 pp • 8 ½ x 11 •
64 color photos • 978 1 57076 480 6
Ages 6-10 • \$14.95 hc • #MYHOFR

Tex

DORIE MCCULLOUGH LAWSON



"This introduction to working ranch life will captivate and inform young readers. It also paves the way for valuing jobs well done...meant to inspire young Western dreamers everywhere." — **Horses All**

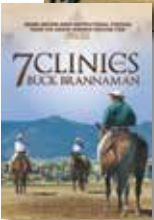
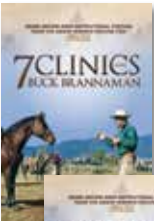
44 pp • 11 x 10 • 17 color photos
978 1 57076 501 8 • Ages 3-5 • \$15.95 hc • #TEX

DVDs

7 Clinics with Buck Brannaman

CEDAR CREEK PRODUCTIONS

Filmmaker Cindy Meehl brings over 10 hours of instructional video comprised of unused footage from the several years she spent traveling around the country filming Buck Brannaman's clinics during the making of the award-winning feature film BUCK. Viewers travel to seven clinics to learn important groundwork and ridden techniques as taught by Brannaman. The series includes problem-solving, as well as tips and ideas about working with, riding, and training horses.



"With over 10 hours of clinics from an acclaimed trainer, this is a DVD set you will watch over and over again!" — **Equine Journal**

Discs 1 & 2 : Groundwork
141 minutes • 978 1 57076 587 2
\$49.95 • #SECL12

Discs 3 & 4: Lessons on Horseback
184 minutes • 978 1 57076 588 9
\$49.95 • #SECL34

Discs 5, 6 & 7: Lessons on Horseback, Problem-Solving, Words of Wisdom
237 minutes • 978 1 57076 589 6
\$59.95 • #SECL57

Discs 1–7: Complete Series
Over 10 hours • \$145.00

5-Minute Fixes

WENDY MURDOCH



In these two DVDs, Wendy Murdoch examines her favorite English riding and jumping "Fixes" in detail, explaining how to do them correctly and why they work. Her explanations give the viewer a better understanding of how to apply 5-Minute Fixes in a way that makes significant changes in his or her riding position in no time.

"There's a reason Wendy Murdoch and her five-minute fixes have become so popular. Put simply, they work." — **Equine Journal**

5-Minute Fixes to Improve Your Riding

60 minutes • DVD, Streaming • 978 1 57076 734 0 • \$24.95 • #FIMIDV

5-Minute Jumping Fixes

95 minutes • DVD, Streaming • 978 1 57076 735 7 • \$24.95 • #FIMIJJ

Acupressure for Horses

Basics, Types of Horses, Practical Issues
DR. INA GÖSMEIER



Anyone can learn to incorporate basic acupressure in daily horse health management. With this DVD, learn to determine choices of acupressure treatment and gain the ability to choose the correct points to: treat specific issues; relieve mild sources of pain and discomfort in your horse's body; and positively influence his mental health and stability. An excellent companion DVD to Acupressure for Horses the book (see p. 35).

"Every horse owner can learn and practice this technique, no certification required." — **The Trail Rider**

120 minutes • DVD • 978 3 95499 069 6 • \$45.00 • #ACHODV

Anatomy in Motion

SUSAN HARRIS & PEGGY BROWN

"Professionally done with good camera work and sound. A unique approach to explaining the ways in which horse and human anatomy interact and influence athletic ability." — **Western Horseman**

Program 1: The Visible Horse



This fascinating DVD uses an actual painted horse to show in living color how horses' bones and muscles work on the move.

"Whether you are a seasoned horseman, an instructor, a rank beginner, or belong to 4-H or Pony Club, your time and money will not be wasted by this video."

— **California Thoroughbred**

"Very informative; cleverly produced." — **Natural Horse**

52 minutes • DVD • 978 1 57076 313 7 • \$39.95 • #ANM1DV

Program 2: The Visible Rider™



A "Visible Rider" wearing a skeleton suit, demonstrates how a rider's anatomy works in both English and Western riding.

"This is truly a case where a picture is worth a thousand words. This video is a delight to watch." — **The American Quarter Horse Journal**

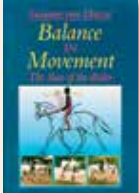
"Very helpful for understanding the rider's influence on the horse." — **Natural Horse**

48 minutes • DVD • 978 1 57076 314 4 • \$39.95 • #ANM2DV

Balance in Movement

The Seat of the Rider

SUSANNE VON DIETZE



Discover how horse and rider can perform in total unity, as well as why and where problems and faults occur in the rider's position.

"Appealing and educational...definitely recommended." — **The American Quarter Horse Journal**

"...provides the beginner or advanced rider with many helpful suggestions on how to improve their riding seat... not only excellent for riders but also a good refresher course for instructors..." — **Dressage Today**

40 minutes • DVD • 978 1 57076 258 1 • \$29.95 • #BAMODV

Balance in Movement 2

Riding with Light Aids

SUSANNE VON DIETZE &

ISABELLE VON NEUMANN-COSEL

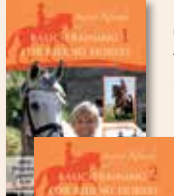


Based on the understanding that the rider's seat is a dynamic balance in the horse's movement, this DVD gives in-depth advice for learning and applying effective and correct aids, from basic to more advanced work, and including a wide range of detailed suggestions for daily training at every level of riding.

43 minutes • DVD • 978 1 57076 538 4 • \$29.95 • #BAMOD2

Basic Training for Riding Horses

INGRID KLIMKE



In Klimke's three training DVDs, the Olympic champion shares her key ideas for the successful training of horses. The main components of her training method include dressage exercises to improve suppleness and collection; pole work (cavalletti); lower level jumping obstacles; and basic training for cross-country.

**Volume 1:
The Four-Year-Old Horse**

90 minutes • DVD
4260000132521 • \$49.95 • #BATRD1

**Volume 2:
The Five-Year-Old Horse**

91 minutes • DVD • 4260000132538 • \$49.95 • #BATRD2

**Volume 3:
The Six-Year-Old Horse**

92 minutes • DVD • 4260000132545 • \$49.95 • #BATRD3

Beyond Horse Massage

Introducing the Masterson Method™
JIM MASTERSON



Jim Masterson helps you achieve a release of accumulated stress in deep-seated key junctions of the horse's body that affects mobility, comfort, attitude, training, and performance, as well as restores muscular and structural balance, and natural alignment.

"This beautifully produced DVD takes the viewer through an enlightening Masterson Method session performed by Jim on a live, responsive horse.... This is a kind of bodywork that almost anyone can perform, and from which all horses can benefit." — **Natural Horse**

70 minutes • DVD • 978 1 57076 536 0 • \$34.95 • #BEHODV

Buck: The Documentary

CEDAR CREEK PRODUCTIONS



One of the biggest documentary hits of 2011, this richly textured and visually stunning film follows horseman Buck Brannaman from his abusive childhood to his life on the road as a real-life "horse-whisperer." See how Brannaman eschews the violence of his upbringing and teaches people to communicate with their horses

through leadership and sensitivity, not punishment.

"Mesmerizing viewing...holds your attention and heart."

— **The New York Times**

"Impossible to resist. A haunting, beautifully told tale about a genuine American original." — **Salon**

89 minutes • DVD • \$22.95 • #BUCKDV

Centered Riding

SALLY SWIFT



"Whether you are a dressage rider, equitation specialist or recreational trail rider, Swift's techniques will not only improve your riding, but most likely your relationship with your horse. These DVDs are a must see."

— **Horse Connection**

"Swift is an excellent teacher who holds your attention...If you enjoyed the book, you'll love the video!" — **The Lariat**

Program 1

Sally Swift covers the basic Centered Riding concepts, showing the relationship between the rider and the motion of the horse.

60 minutes • DVD, Streaming • 978 1 57076 315 1 • \$29.95 • #CERID1

Program 2

Sally Swift applies her techniques to the sitting trot, circles, canter, lateral work, and jumping.

60 minutes • DVD, Streaming • 978 1 57076 316 8 • \$29.95 • #CERID2

Circus School

BEA BORELLE



Part 1

Basic exercises and tricks with different obstacles. Her focus is tricks with a humorous turn, as well as some of the classics.

49 minutes • DVD
4260000132194 • \$39.95 • #CISCD1

Part 2

In Part 2, Borelle demonstrates more challenging tricks, including work with different obstacles.

44 minutes • DVD • 4260000132200 • \$39.95 • #CISCD2

Classical Long Reining

SASKIA GUNZER

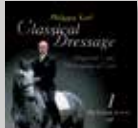


Step-by-step instructions of how to work a horse in the long reins, from starting out for the first time to training the movements in the high school of classical horsemanship.

DVD • 80 minutes
4260000133450 • \$49.95 • #CLLRDV

Classical Dressage

PHILIPPE KARL



French trainer Philippe Karl's four-part DVD series begins with training basics and takes you to the "peak of collection," including pirouettes, piaffe and passage, and the Spanish Walk.

Part 1: School of the Aids

46 minutes • DVD
4260000131067 • \$49.95 • #CLDRD1

Part 2: School of Gymnastics

46 minutes • DVD
4260000131074 • \$49.95 • #CLDRD2

Part 3: School of Dance

46 minutes • DVD
4260000131081 • \$49.95 • #CLDRD3

Part 4: Training Progress One Year Later

57 minutes • DVD • 4260000131449 • \$49.95
#CLDRD4

Classical versus Classique

CHRISTOPH HESS & PHILIPPE KARL

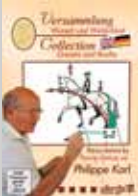


This DVD includes the heated debate between French instructor Philippe Karl and Christoph Hess when they met in person to discuss their individual points of view regarding the proper training of the dressage horse. With the help of this DVD, everybody can form their own opinion as to what "classical" riding really is.

130 minutes • DVD • 4260000132217 • \$45.00 • #CLVSDV

Collection: Dreams and Reality

PHILIPPE KARL



Philippe Karl, former Ecuyer of the famous Cadre Noir in Saumur, France, is renowned for his razor-sharp analysis and outspoken criticism of modern dressage. In this film, the French riding master examines one of the key elements of horse training: collection. Beginning with the formal definition of collection, he analyzes the locomotion of the horse according to the

latest scientific findings and points out widespread mistakes and fallacies. He explains the different forms of collection and describes the effect of collection during the entire training of the horse.

68 minutes • DVD • 978 3954990573 • \$39.95 • #CODRDV

Coming Together

Use Body Language to Establish Leadership, Friendship, and Trust

KLAUS FERDINAND HEMPFLING



The author of the best-selling *Dancing with Horses* returns to further explain the intricate body language of the horse in this DVD. Hempfling demonstrates how his intense level of body awareness helps him establish a connection and method of communication with horses.

"...Hempfling's methods can work magic." — **Western Horseman**

"...excellent production. Highly recommended—a must-see." — **Natural Horse**

50 minutes • DVD • 978 1 57076 291 8 • \$39.95 • #COTODV

Competition Driving

FRANK LÜTZ



In this DVD series, well-known driving experts explain exactly how a training session should be structured. Marathon training and focused work on a cones course is covered, as are the licensing requirements and entry details for this competitive equestrian sport.

Part 1: Preparation and Training of the Horse

50 minutes • DVD • 4260000131210
\$39.95 • #CODRD1

Part 2: Basic Schooling for Dressage, Marathon, and Obstacle Driving

52 minutes • DVD • 4260000131234
\$39.95 • #CODRD2

Part 3: Advanced Training for Horse and Driver

50 minutes • DVD • 4260000131258 • \$39.95 • #CRDRD3

Connected Riding & Groundwork

PEGGY CUMMINGS



The aim of rider, trainer, and internationally renowned clinician Peggy Cummings' Connected Riding system is to attain a well-balanced riding position via the use of visualization techniques and by analyzing your own mistakes in posture and movement. The rider learns to support the horse's movement rather than inhibit it, and prepare the horse for communication and collection before he is ridden.

50 minutes • DVD • 4260000132026 • \$45.00 • #CORIDV

Dancing with Horses

The Art of Body Language
KLAUS FERDINAND HEMPFLING



Charismatic European trainer Klaus Ferdinand Hempfling shares his unique method of training horses from the ground using psychology and body language—work he thinks of as “dancing with the horse.”

“...a DVD that takes your breath away on many levels. It's a beautifully filmed and very well done DVD... Watching Klaus with

horses is art in motion.” —The Pony Press

50 minutes • DVD, Streaming • 978 1 57076 339 7 • \$39.95 • #DAWIHO

Design, Building & Riding the Show Jumping Course

OLAF PETERSEN



International course designer and technical delegate Olaf Petersen, with the assistance of Ludger Beerbaum, introduces viewers to various types of course design, offering insight into combinations, distances, water jumps, lines for speed events and jump-offs, fence decoration, and improved safety.

“This DVD will be particularly useful for a horseperson wanting to try his or her hand at course designing or a rider looking for an advantage in competition.” — Practical Horseman

46 minutes • DVD • 978 3 939547 94 5 • \$45.00 • #DEBUDV

Dressage

The Holistic Approach to Success
JESSICA VON BREDOW-WERNDL & BENJAMIN WERNDL



Content and motivated horses make good partners—both during training, and in the competitive arena. Discover the elements of a successful, holistic dressage training program, including work in hand, building strength and stamina through workouts, and much more.

77 minutes • 978 3 95499 066 5 • \$49.95 • #DRHODV

Dressage Explained

REINHART KOBLITZ & BRITTA SCHÖFFMANN



Successful halts, stretching, flexion and bend, and lateral movements: these are the keys to good riding and the basis of dressage. But while all are often used and practiced, they are subjects still surrounded by misunderstanding. Your questions are answered in this terrific series.

Part 1: The Secret of a Successful Halt

44 minutes • DVD • 978 3 939547 92 1
\$45.00 • #DREXD1

Part 2: Achieving a Stretching Outline

52 minutes • DVD • 978 3 935499 074 0
\$45.00 • #DREXD2

Part 3: Suppleness Through Flexion and Bend

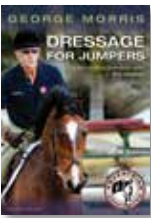
82 minutes • DVD • 978 3 95499 75 7
\$45.00 • #DREXD3

Part 4: Lateral Movements

82 minutes • DVD • 978 3 95499 076 4 • \$45.00 • #DREXD4

Dressage for Jumpers

A Training Session with the Master
GEORGE MORRIS

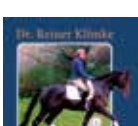


Join George Morris, former Chef d'Equipe of the US Show Jumping Team, as he demonstrates his favorite dressage exercises as they apply to jumping sports. In this schooling session, Morris uses his system of training on the flat and over fences to produce a relaxed, supple, and attentive equine partner.

38 minutes • DVD • 978 1 57076 673 2
\$39.95 • #DRFOJU

Dressage in Detail

DR. REINER KLIMKE



Dr. Reiner Klimke, winner of six Olympic gold medals, shows how to problem-solve common issues when training horses at the lower levels (the four- to six-year-old horse). Begin with the snaffle bit and simple relaxation exercises and move up to the double bridle.

Part 1

36 minutes • DVD • 4260000132408
\$45.00 • #DRDED1

Part 2

52 minutes • DVD • 4260000132415
\$45.00 • #DRDED2

Part 3

50 minutes • DVD • 4260000132422
\$45.00 • #DRDED3

Dressage Movements Revealed

Biomechanical Concepts and Bodywork—
Using the Masterson Method

JIM MASTERSON with SUSAN HARRIS, BETSY STEINER & CORALIE HUGHES



Explore the unique expectations and demands put on the horse's physiology as he moves up through the different levels and movements of dressage. Discover what goes on with the horse's body during dressage training and apply specific Masterson Method bodywork techniques to help the dressage horse stay happy and healthy.

160 minutes • 2 DVDs • 978 1 57076 677 0 • \$39.95 • #DRMOEX

Dressage Training

Volumes 1–10

DR. REINER KLIMKE



Dr. Reiner Klimke's 10-part video series from the 1980s is legendary. The World and Olympic Champion explains and demonstrates the correct training of horses according to classical principles—sound, simple, and trick-free.

Volumes 1–3: From Novice to Elementary Level

82 minutes • DVD • 97893939547785
\$49.95 • #DRTR13

Volumes 4–6: From Medium to Advanced Level

104 minutes • DVD • 97893939547792
\$49.95 • #DRTR46

Volumes 7 & 8: From Prix St. Georges to Intermédiaire II

70 minutes • DVD • 9783939547808
\$49.95 • #DRTR78

Volumes 9 & 10: The Work of the Grand Prix Horse

77 minutes • DVD • 9783939547905
\$49.95 • #DRTR91

Dressage & Working Equitation

PEDRO TORRES



In this DVD, World Working Equitation Champion Pedro Torres clearly explains how much variety we can bring into training our horses. Learn how to adapt your schooling individually to each horse while exploring the new, competitive discipline developed from the style of working herdsmen from France, Italy, Spain, and Portugal, combining elements

of dressage, ease of handling, speed, and cattle penning.

87 minutes • DVD • 978 3 95499 068 9 • \$49.95 • #PETODV

The Driving Certificate

FRANK LÜTZ



This two-part DVD is an absolute necessity for driving newcomers. It offers information about basic driving training and driving knowledge. You will learn about conformation and appropriate equipment as well as how to hold the reins and how to drive with multiple horses.

100 minutes • DVD • 4260000131050
\$49.95 • #DRCEDV

Elegant Dressage

ANJA BERAN



Gracefulness, aesthetics, harmony, and ease are the fascinating result of Anja Beran's training methods. She starts with a physical evaluation of the horse's weaknesses and asymmetries, and continues with specific exercises to improve his body shape and muscle tone.

Part 1: The Art of Classical Dressage Training

89 minutes • DVD • 4260000132040
\$49.95 • #ELDRD1

Part 2: Basic Training Provides a Solid Foundation

82 minutes • DVD • 4260000132507
\$49.95 • #ELDRD2

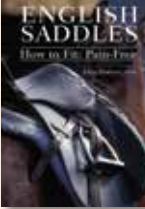
Part 3: Schooling of Advanced Level Exercises

87 minutes • DVD • 4260000132514 • \$49.95 • #ELDRD3

English Saddles

How to Fit: Pain-Free

JOYCE HARMAN, DVM



Dr. Joyce Harman, veterinarian and renowned saddle-fitting expert, explains why saddle fit matters to both horse and rider; how to evaluate an English saddle, off and on the horse; proper use of saddle pads; how to work with challenging conformation types; and more.

“Like her book, Dr. Joyce Harman's DVD is filled with excellent information that every English rider needs for evaluating saddle fit...Before you go shopping for your next English saddle—or before you tack up for your next ride—watch English Saddles: How to Fit Pain-Free.” —Horse Illustrated

45 minutes • DVD • 978 1 57076 340 3 • \$29.95 • #ENSAPA

Fine Riding

Based on Solid Foundations
UTA GRÄF & CHRISTOPH HESS



Viewers attend an FN seminar with top German rider and trainer Uta Gräf and FEI dressage judge Christoph Hess. Their aim in the DVD is to demonstrate quality horses happy in their work, reflective of their rider's ability, empathy, and attention to the horse's individual needs as he is trained up through the levels.

43 minutes • DVD • 4260000133467 • \$49.95 • #FIRIDV

Form Follows Function with Cynthia Hankins

CYNTHIA HANKINS



First on the flat and then over fences, USEF “R”-rated judge Cynthia Hankins discloses the common position faults she encounters and presents the correct, classical form of the American Hunter/Jumper Forward Riding System, endorsed and taught by George Morris and advocated by the USHJA Trainer Certification Program.

40 minutes • DVD • 978 1 57076 667 1 • \$29.95 • #FOFOFU

The Half Halt—Demystified!

JANE SAVOIE



“Savoie provides the password that opens the secret door to the half-halt.” —Dressage & CT

“A user-friendly approach to an often confusing concept.”

—Horse Illustrated

Part 1: Learning the Half Halt

The half-halt in bite-size chunks: why and how to use it.

45 minutes • Streaming • 978 1 57076 358 8 • \$39.95 • #HAHAD1

Part 2: Putting Your Horse on the Bit

Now that the rider has learned why and how to ride a half halt, Savoie goes further and discusses exactly when to use the half-halt aid.

45 minutes • Streaming • 978 1 57076 359 5 • \$39.95 • #HAHAD2

Hangbahn Training

KURD ALBRECHT VON ZIEGNER



Hangbahn is a German term that means “sloped arena.” Hangbahn Training is an ideal training system outside of the arena, on landscape that challenges both horse and rider and helps them to excel in any riding discipline.

DVD • 45 minutes • 978 3 939547 93 8
\$45.00 • #HATRDV

Hit It Off with Your Horse!

Understanding and Influencing
Character and Personality
LINDA TELLINGTON-JONES



Tellington-Jones discusses 17 horses' facial features and body type, commenting on behavior that typically accompanies specific traits and how the owner can then be aware of—and work with—such tendencies.

“A DVD that may have you looking at your horse in a whole new light.” —Horse & Rider

“Armed with this knowledge, horse owners can check out their own horses' types and tendencies or those of a prospect and thwart, or at least be aware of, certain inclinations before they become potentially dangerous behavioral problems.” —Western Horseman

54 minutes • DVD • 978 1 57076 289 5 • \$24.95 • #HIOFDV

Horse Agility

A Step-by-Step Introduction to the Sport
VANESSA BEE



Vanessa Bee, founder of the International Horse Agility Club, brings the concepts she introduced in her international bestseller *The Horse Agility Handbook* to DVD. Based on the same concepts as the ever-popular Dog Agility competitions, Horse Agility offers horse lovers everywhere the opportunity to put all the groundwork they're doing to good use in a fun, active, competitive environment.

Beginning on a lead rope and progressing to working through, under, and over obstacles “free,” or at liberty, Horse Agility engages the horse in an activity that helps him think and problem-solve while enjoying his training time. Horse Agility is appropriate for people of any age or size, and allows those who may not want to ride to spend time with other like-minded individuals in a fun, horse-oriented setting.

95 minutes • DVD, Streaming • 978 1 57076 634 3 • \$29.95 • #HOAGDV

Horse Massage: Light to the Core

Gentle Techniques That Ease, Enhance, and
Reset Physical Interconnections Deep Within
the Equine Body
JIM MASTERSON



The Masterson Method® Light Touch gives you an invaluable tool—at last, a technique that is easy for you to do on the outside of your horse's body while managing to release accumulated tension, strain, and stress far within. This DVD provides all you need to get started, including fantastic 3-D graphics depicting essential interconnections inside the

horse's body and ideas for problem-solving common issues.

145 minutes • DVD • 978 1 57076 833 0 • \$34.95 • #LICODV

Horse Speak: The DVD

First Conversations

SHARON WILSIE



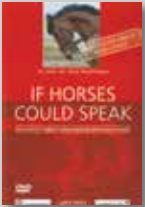
In this exciting new DVD, you can learn Horse Speak, following along with different horses as horse trainer and equine-assisted learning instructor Sharon Wilsie works with each one in real time. She explains her understanding of equine communication via breath and body language before progressing to the “Four Gs” of her method:

Greeting, Going Somewhere, Grooming, and Gone. In addition, get ready to sample ready-made “Conversations” you can have with your horse, as Wilsie walks you through the eye-opening process of communicating on a whole new level.

November 2018
Check www.HorseandRiderBooks.com for final price and specifications

If Horses Could Speak

How Incorrect “Modern” Riding Negatively
Affects Horses’ Health
DR. GERD HEUSCHMANN



This provocative film is based on the best-selling book *Tug of War: “Modern” versus Classical Dressage*—a book that shook the equestrian industry upon its initial release around the world. Now, you can take a step further into the examination of the horse's “riding experience” and with the help of amazing three-dimensional animation, see just how specific kinds of movement and

posture impact the horse's skeleton and musculature.

75 minutes • DVD • 978 1 57076 443 1 • \$49.95 • #IFHOCO

In-Hand Work

For Young Dressage Horses
FRITZ STAHLACKER



With his exceptional Hand-Saddle-Hand (HSH) Method, Fritz Stahlecker shows how by working in-hand, the young horse learns basic exercises without the rider's weight on his back and without a bit in his mouth. Using Stahlecker's method, when the horse is backed at the age of four, he will already know the under saddle exercises and will have developed the necessary muscles to carry a rider.

Part 1: Basics

58 minutes • DVD • 4260000132132 • \$49.95 • #INHAD1

Part 2: Advanced Work

58 minutes • DVD • 4260000132149 • \$49.95 • #INHAD2

Is Your Horse 100%?

Resolve Painful Limitations in the Equine Body with Conformation Balancing and Fascia Fitness
MARGRET HENKELS

In this program, follow along in real time with Margret Henkels as she works through progressive myofascial changes with Balance, a Warmblood, and CT, a Quarter Horse. Learn key aspects of her Conformation Balancing techniques and how they can help release areas of tension, strain, and hidden trauma in your horse's body.

60 minutes • DVD, Streaming • 978 1 57076 889 7 • \$24.95 • #ISYODV

The Joy of Dressage

UTA GRÄF & FRIEDRIKE HEIDENHOF

International dressage trainer and competitor Uta Gräf has sage advice to share: “Allow your horse to be a horse.” This new series of DVDs imparts her knowledge on motivating horses, training riders, and achieving competitive success with her guiding principle as the foundation.

Part 1: Motivating the Horse

80 minutes • DVD • 978 3 95499 003 0
\$49.95 • #JOOFD1

Part 2: Training the Rider

80 minutes • DVD • 978 3 95499 004 7 • \$49.95
#JOOFD2

Part 3: Competitive Success

60 minutes • DVD • 978 3 95499 005 4 • \$49.95
#JOOFD3

Just Paul

The Making of a Dressage Horse
INGRID KLIMKE



“Just Paul,” one of Ingrid Klimke’s promising youngsters is a three-year-old Oldenburg gelding making his first strides under saddle; his first hack, his first jumps, and his first competition. The fact that things do not always go smoothly and that time and again even a world champion faces training challenges makes this documentary most appealing.

90 minutes • DVD • 978 3 954990 26 9 • \$49.95 • #JUPADV

Long-Reining

WILFRIED GEHRMANN

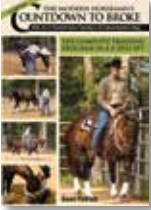


Work from the ground allows the handler to observe and correct the horse's way of going without the encumbrance of a rider. This enables the horse to find his own balance and rhythm, and become more supple. This comprehensive DVD includes valuable advice on: handler position on the circle, changing direction, and whip handling; equipment, types of reins and whips; starting a horse in long reins for the first time; long reining the driving horse; work over cavalletti and progressing to jumping a single fence; reschooling difficult or problem horses; collection; and much more.

51 minutes • DVD • 4260000131012 • \$45.00 • #LOREDV

The Modern Horseman's Countdown to Broke

Real Do-It-Yourself Horse Training in 33 Comprehensive Steps—4-DVD Set
SEAN PATRICK



In 4 DVDs Sean Patrick takes a horse through all 33 steps of his easy-to-use Countdown, made popular in his bestselling book. Whether you're starting a green horse, or starting over with a longtime partner, his clearly explained lessons on the ground and in the saddle.

“All almost looks too easy...An excellent basic Western horse training program.” —**Library Journal**

Each DVD 120 minutes • 4 DVDs • 978 1 57076 477 6 • \$79.95 • #MOHODV

Motivation of Dressage Horses

RICHARD HINRICHS



Hinrichs’ methods include the use of positive reinforcement, relaxation and stretching, and special collecting exercises. Included are various suggestions for improving demanding training sessions so they are no longer just “work,” but also an opportunity for horse and rider to enjoy each other.

50 minutes • DVD • 4260000132224 • \$49.95 • #MODRDV

Movement Awareness for Riders

ECKART MEYNERS



Athletic trainer Eckart Meyners has developed an exercise program with the knowledge that most riders are tense and transfer this negative tension to their horses. You will find Meyners' exercises have an amazing impact in removing rider (and therefore, horse) tension, rigidity, and muscular imbalance.

70 minutes • DVD • 4260000132378 • \$45.00 • #MOAWDV

Nine Pilates Essentials for the Balanced Rider

A Magic Circle Workout
JANICE DULAK



Nine essential “parts” that are the key to “speaking” to your horse and a workout using the “Magic Circle” exercise ring that targets and trains these specific muscle groups.

“If you're looking to improve your seat, this DVD can help!” — **Equine Journal**

57 minutes • 978 1 57076 582 7 • \$29.95 • #NIPIDV

Pas de Deux / Pas de Trois / Magic of Classical Dressage



Unique dressage events captured forever on DVD: *Pas de Deux* features Anne-Grethe Jensen on Marzog and Dr. Reiner Klimke on Ahlerich. *Pas de Trois* is Christine Stückelberger with Gaugin de Lully, Dr. Reiner Klimke with Ahlerich and Margit Otto-Crepin with Corlandus. *Magic of Classical Dressage* shows brilliant slow-motion replays and Dr. Reiner Klimke and Ahlerich in New York's Madison Square Garden.

85 minutes • 9783939CLADRE • \$49.95 • #PADEDE

Philippe Karl & High Noon

PHILIPPE KARL & PFERDIA TV



Get close up to the action in this highly instructive documentary film series about the renowned French riding master Philippe Karl and his young Hanoverian.

Part 1

In Part 1 “High Noon” experiences his first two years of basic training on the longe, in hand, and under saddle.

80 minutes • DVD • 978 3 95499 009 2 • \$49.95
• #HINODV

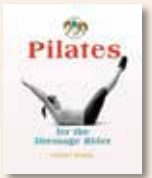
Part 2

One year after the recording of the first episode, we see High Noon's progress—from the longe to under saddle to piaffe, passage, and tempi changes.

65 minutes • DVD • 978 3 95499 035 1 • \$49.95 • #PHKAD2

Pilates for the Dressage Rider

JANICE DULAK

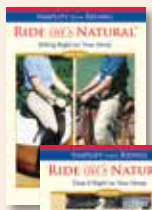


A program of Pilates exercises specifically designed to help the dressage rider enhance her ability in the saddle. A great companion to the popular book by the same name (see p. 32).

90 minutes • DVD • 88450104595 • \$39.95 • #PIFODV

Ride like a Natural

WENDY MURDOCH



Part 1: Sitting Right on Your Horse

How to feel when you're in good alignment and methods to improve your balance.

46 minutes • DVD • 978 1 57076 351 9
\$29.95 • #SIYOS1

Part 2: Time It Right on Your Horse

What the “aids” are and when to use them in all three gaits.

46 minutes • DVD • 978 1 57076 352 6
\$29.95 • #SIYOS2

Part 3: Get on the Equibal

Exercises for building strength and stability on the ground that can help you in the saddle.

40 minutes • DVD • 978 1 57076 355 7 • \$29.95
#SIYOS3

Rider Body Language

Seat Training with Video Analysis

MARLIES FISCHER-ZILLINGER & CLAUDIA WEISSAUER



Developing a soft, supple seat allows you to enjoy communication with your riding partner—the feeling that all you have to do is “think” of a gait or turn or figure and be able to ride it. Learn subtleties of movement and correct and incorrect aids, using invaluable slow-motion studies, detailed diagrams, theoretical explanations and practical exercises.

80 minutes • DVD • 978 3 939547 67 2 • \$45.00 • #RIBODV

Rider & Horse Back to Back

SUSANNE VON DIETZE & ISABELLE VON NEUMANN-COSEL



The back is at the heart of every movement of the rider on horseback—and yet it is often a weak point. Here are more than 50 practical exercises for back-friendly training, plus practical tips to improve feel and to learn how to move your own back better.

“Easy-to-follow techniques that provide great knowledge.” —**The Horsemen's Yankee Pedlar**

45 minutes • DVD • 978 1 57076 537 7 • \$29.95 • #RIHOBA

Riding in Your Mind's Eye

JANE SAVOIE



“With Savoie as a guide, viewers can gain a firm image of the proper way to ride the various movements and can capture these images in their minds to take with them during schooling and even competitions.”

—**USDF Connection**

Part 1: Getting Started

Explore Training Level.

55 minutes • DVD • 978 1 57076 360 1
\$39.95 • #RIEYD1

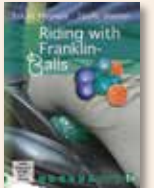
Part 2: First Level

Guidelines for First Level.

53 minutes • DVD • 978 1 57076 361 8 • \$39.95 • #RIEYD2

Riding with Franklin® Balls

ECKART MEYNERS & SYBILLE WIEMER



The air or water-filled plastic balls and rolls developed for self-massage and fascia training are also ideal for helping riders to discover new flexibility and suppleness, easing tension and blockages and helping them correct their position. Watch six riders try Franklin® balls with the help of sports educator Eckart Meyners and riding instructor Sibylle Wiemer who explain the function and use of a variety of balls and rolls.

57 minutes • DVD • 978 3 95499 071 9 • \$39.95 • #RWFVB

The School of Légèreté

Hands-On Training of the School of Légèreté with Pupils
PHILIPPE KARL



Watch Philippe Karl teach average riders on a variety of horses while adapting his teaching to the individual training standard of each horse-and-rider combination.

Part 1

80 minutes • DVD • 4260000132798
\$49.95 • #SCLD1

Part 2

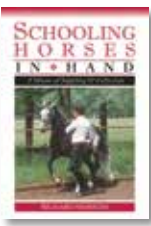
80 minutes • DVD • 4260000132804
\$49.95 • #SCLD2

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Schooling Horses in Hand

A Means of Suppling and Collection
RICHARD HINRICHS



Richard Hinrichs clearly demonstrates that in-hand work is an excellent way of supporting and complementing work under saddle.

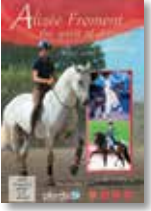
“Exquisitely done, the photography is to die for, the riders and ground-help are talented, and the horses are gorgeous...extremely educational and worth every sport horse rider's time!” —**The Aiken Horse**

Midwest Sport Horse Journal

45 minutes • DVD • 978 1 57076 337 3 • \$39.95 • #SCHOHA

The Spirit of Dressage

Enjoy Riding without a Bit
ALIZÉE FROMENT



Learn how international dressage rider Alizée Froment builds a strong relationship with her horses so they can learn even the most difficult dressage movements with serenity, pleasure, and happiness. This DVD shows her daily training routine, giving insight into the special way she combines the art of classical dressage with the magic of liberty work.

65 minutes • DVD • 978 3 95499 035 1 • \$49.95 • #SPDRDV

Success through Cavalletti-Training

INGRID KLIMKE



Everything you need to know to add cavalletti work to your schooling routine. Olympian Ingrid Klimke demonstrates her techniques with a young Damon Hill, the stallion that won team gold and individual silver at the 2014 World Equestrian Games.

52 minutes • 978 3954990276 • \$49.95 • #SUTHCA

Teaching and Training the American Way

GEORGE MORRIS



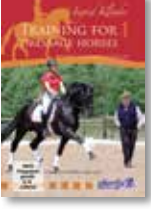
Spend an hour with George Morris and demonstration riders Cynthia Hankins and Darraagh Kenny as they illustrate the most fundamental aspects of the American Hunter/Jumper Forward Riding System. Includes a bonus video, “The Roots of Forward Riding in America,” where George introduces the American style of riding and its evolution.

70 minutes • DVD • 978 1 57076 668 8 • \$49.95 • #GEMOTE

Training for Dressage Horses

Part 1: Preparing for Advanced Class

INGRID KLIMKE

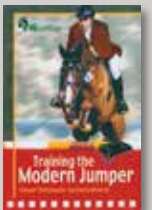


Olympian Ingrid Klimke, along with her mentor Paul Stecken, show young horses as they advance to perfecting lateral movements, improving changes in the canter, and working on a series of flying changes.

85 minutes • DVD • 978 3 95499 060 3
\$49.95 • #TRDR1D

Training the Modern Jumper

ELMAR POLLMANN-SCHWECKHORST



“Those who appreciate well-trained jumpers in action will appreciate the many talented horses featured on the DVD.... Still others can see the piece as a basic overview on training a horse to jump, as well as a primer on the classical principles involved in training jumpers. A very worthy purchase if jumping is your interest.” —**The Aiken Horse**

55 minutes • DVD • 978 1 57076 343 4 • \$29.95 • #TRMODV

Velstra Driving School

TJEERD VELSTRA



Part 1

In Part 1, Velstra discusses the qualities of a good driving horse while training him in single and pair driving.

51 minutes • DVD • 4260000132743
\$39.95 • #VEDRD1

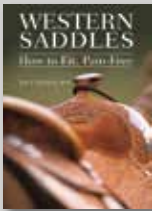
Part 2

Part 2 deals with aspects of training four-in-hand and explains the “Velstra” Achenbach and two-hand system. Includes important tips concerning tandem driving.

53 minutes • DVD • 4260000132750 • \$39.95 • #VEDRD2

Western Saddles

How to Fit: Pain-Free
JOYCE HARMAN, DVM



“From saddle evaluation to horse examination to fitting the saddle and rider, this 45-minute DVD details important checkpoints of western saddle fit. Issues include saddle symmetry, gullet, seat size and location of the bars, rockers and D-rings, as well as the type of seat and skirting.” —**Western Horseman**

45 minutes • DVD • 978 1 57076 341 0 • \$29.95 • #WESAPA

Yoga & Riding

Techniques for Equestrians

LINDA BENEDIK



Through a series of lessons, on the ground and in the saddle, equestrians are introduced to Linda Benedik's method of integrating hatha yoga with riding in order to improve their balance, breathing, and ultimately, their performance.

“This unique perspective and understanding sets them apart from other yoga videos you may already have—or it's a great introduction to yoga if you're just beginning to practice.” —**Horse & Rider**

Volume 1: Balance and Symmetry

Lessons in centering, conscious breathing, cultivating body awareness, and both energizing and relaxing are provided.

70 minutes • DVD • 978 1 57076 271 0 • \$29.95 • #YOV1DV

Volume 2: Breathing and Relaxation

Focus on learning to relax in mind and body.

“Classical yoga in beautiful surroundings... anyone with a tension problem or 'show nerves' might benefit from this DVD and its companion volume.” —**The American Quarter Horse Journal**

60 minutes • DVD • 978 1 57076 272 7 • \$29.95 • #YOV2DV



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Cover Image: Jamal do Drosa by Keron Psillas from *Riding with Oliveira* (see p. 11)

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